

# SENIOR PAGES

August 2025

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Brenda Holdren  
Director

Gail Broeker  
Advisory  
Board President

1001 White St.  
Toledo OH 43605

Phone  
419-691-2254  
Brenda Holdren ext. 2  
Derek Conley/PASSPORT/Chore  
ext. 5  
Patty Downing/Activities ext. 7  
Steve Smith/Home Repair ext. 6  
Senior Athletics ext. 8  
Lunch RSVP/Cancellations ext. 9

Fax  
419-691-2282

e-mail  
brendah\_etsac@yahoo.com

Website:  
easttoledoseniorcenter.org

## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for September 11th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



## TRANSPORTATION COST

Due to the large influx of transportations and unforeseen budget cuts, there are several changes to self-pay transportation (medical, shopping) that will begin May 1, 2025.

- All self-pay transportation will have a \$20 cost per transportation.
- Everyone is limited to (4) non-medical transportations per month.
- Each transportation is limited to (1) stop and then home.
- Payment is due to the drivers the day of service if paying with cash or check. If using a card, please have the driver call in to Derek or Kelly and payment will be taken over the phone.
- If you are having a procedure that requires driver to stay, you must schedule a minimum of 30 days prior. We must know approximate length of appt. There is an additional \$30 charge for these trips as the driver will be on the clock the entire time.

Thank you for your understanding and cooperation on this matter.

## MISSION STATEMENT

In the community, for  
the community,  
strengthening one life  
at a time.

## MARK YOUR CALENDAR

Aug. 5,12,19,26  
Euchre 12:15 p.m.  
Art Class 10 a.m.

Aug. 4,11,18,25  
Trivia  
12:30 p.m.

Aug. 4,11,18,25  
Line Dancing  
1:00p.m.

Aug. 8,15  
Axe Throwing  
1-2:30 p.m.

Aug. 14,28  
Bunco  
12:30 p.m.

Aug. 13  
Ice Cream Social  
11:30 a.m.

Aug. 14  
Dream Travelers  
10:30 a.m.

Aug. 1,8,15,22,29  
Golf, Card game  
9:30 a.m.

Aug. 19  
Nurse Kelly  
9:00 a.m.-12:00p.m.

Aug. 8,22  
Breakfast  
8:30 am– 9:30 am

Aug. 14,25  
Well Check  
Various (see inside)

Aug. 6, 20  
Bingo  
10:30

Aug. 20  
Spaghetti Dinner  
4-6 p.m.

Aug. 22  
Book Club  
1:00 p.m.

## SPAGHETTI DINNER

We will be having a Spaghetti Dinner Fundraiser on Wednesday, August 20, 2025 from 4 p.m.-6 p.m. The cost is \$8 and includes Spaghetti with meat sauce, Side Salad w/dressing, Garlic Toast, Dessert and Beverage. We will offer dine-in or carry-out. Tickets are available from staff.



## MOVIE OF THE MONTH

The East Toledo Senior Center will be having Movie of the Month on Friday, Aug. 15th at 12:15 p.m. Watch for flyers or call Patty for more information. We will provide free popcorn and lemonade.



## COLLABORATIVE PARTNERS

Area Office on Aging of NWO  
Compass Care  
Eggleston-Meinert-Pavley  
Enpuzzlement  
Funeral Home  
Food for Thought  
Walker Funeral Home  
Majestic Care  
Orchard Villa  
Seagate Food Bank  
St. Charles Mercy Hospital  
Toledo Refining  
Toledo Health Dept.  
Ayden Healthcare  
Landings of Oregon  
Aetna

## TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

## BIRTHDAY BINGO

Amanda, with Ayden Healthcare, will be sponsoring a free birthday bingo along with birthday treats on Wednesday, August 27th, the 4th Wednesday of the month, at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



## EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? **WE DO NOT EXCLUDE ANYONE DUE TO AGE, ABILITY, ETC.**

## LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

## REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up.

So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

## BOOK CLUB

"The Bucket List" By Rachel Hanna

Friday, Aug. 22,  
2025 @1:00p.m.



I've never been the thrill-seeker type. At forty-nine, I refuse to ride a roller coaster, let alone leap out of a plane. I've always thought people who do those things—especially my best friend, Monica—were a little nuts. And now, I am sitting here, staring at a list of daredevil stunts she's somehow left for me...during her will reading. I swear, if it's possible to get back at someone in the afterlife, I'm going to find a way. Turns out, my best friend left me her estate. But there is a catch—surprise, surprise. I have to complete her bucket list. And I've got to finish it before I hit the big 5-0. I can't just walk away. Let's be honest, the next few months are going to completely change my life or land me in heaven with her.

\*\*See Patty for a book

**BINGO****NEW DAY, NEW TIME**

Bingo will be on 1st & 3rd Wednesday at 10:30 a.m. While this is a drop-in activity we recommend signing up in advance.

**The month of August will be free as it is being sponsored by Krystin, with Aetna.**

**CANCELLATIONS!**

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **If you are signed up and miss 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

**WII BOWLING**

Wii Bowling is now offered every week unless an event is planned. This is a FREE activity with lots of fun and camaraderie that begins at 12:30 p.m. **We will no longer have bowling on the 4th Wednesday of the month due to other programming.** There will be free popcorn and beverage for those participating or just watching!

**WISH LIST**

Kitchen Aid 7 qt. Professional mixer

**BUNCO**

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.

**FOOD COMMODITIES**

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

**NURSE KELLY**

Nurse Kelly will be here on Tuesday, August 19th from 9-12. She will check weight and blood pressures.

**TOPS**

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

**TRIVIA**

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

**BEACH PARTY FRIDAY**

August 29, 2025 at 11:45 a.m. This is to celebrate National Beach Day! Cost is \$5 and includes lunch. We will be making a beachy souvenir, playing a game and enjoying ice cream, before heading home!

**NUTRITION/SNAP-ED**

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on Friday, Aug. 8th from 12:30 p.m.-1:30 p.m. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

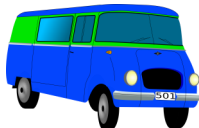
**CENTER CLOSED**

Center will be closed on Monday, September 1st in observance of Labor Day.



## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



## BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in December:

**Summer dates not scheduled.**  
**2:30 p.m.– 3:00 p.m.**

Come check out what they have.

This is open to the community.

## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

## COFFEE & SWEETS

As of July, we will no longer be having Coffee and Sweets. **We will still do Breakfast on two Friday's.** Thank you for your support in the past on this event.



## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION Toledo Museum of Art

The next session begins on May 13th-July 1st, on Tuesdays 10 am-11:30 am.

Lauren and Luopu will be teaching starting with a jewelry class.

Class is for those 60+ and limited to 15 students.

## ILLNESS

There MANY illnesses going around right now. For the safety of other seniors and staff, **if you don't feel well or even have a cold, PLEASE STAY HOME!** We all need to protect each other right now. Even if you don't have it bad, others could get it worse than you. **Also, wash your hands regularly.**

## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.



## POT ROAST DINNER

The East Toledo Senior Center will be having a Pot Roast Dinner on Wednesday, September 17, 2025 from 4 p.m.-6 p.m. The cost is \$15 and consists of slow cooked pot roast with potatoes, carrots and onions, roll/butter and Dessert, beverage. Tickets will be available soon.



## DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**"Europe"**

**Thursday,  
Aug. 14, 2025  
10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

**Please mark Y for yes, or N for no, for lunch when you sign up.**

## BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

**Aug. 8-**Sausage Gravy/biscuit, scrambled eggs, hash brown, juice, coffee.

**Aug. 22-** Pancakes, sausage, hash brown, juice, coffee

**Menu subject to change!**

## LUNCH ORDER OR CANCEL EXT. 9

## REMINDER!!

**Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.**

## ICE CREAM SOCIAL

The ETSC will be having its annual Ice Cream Social on Wednesday, August 13, 2025 beginning at 11:30 a.m. with lunch at 11:45 a.m. We will once again have a Hot dog food truck, music, outdoor games, and Ice cream with all the fixings of course! The cost is \$5 which includes your meal and ice cream. Please bring your lawn chair if you would like. Please pay and sign up by Friday, Aug. 8th.

## HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center.

**The regular meetings are on the 4th Thursday of every month at 6 p.m. through October and begin again in March.**

The public is encouraged and welcome to attend.

## FARMERS MARKET COUPONS

You can sign up for the Farmer's Market Coupons (which is now a card) on now until September. This can be done online through the Area Office on Aging's website.

Our staff will be happy to assist you if needed. Please bring your ID and know your annual income.



## GOLF BALL DROP

We are currently selling chances to win a **CASH PRIZE OF \$1,000!!!** This is a golf ball drop, and whoever's ball, that is dropped out of a fire trucks cherry picker, falls closest to the bullseye! Tickets are \$10 each to have a numbered ball included in the drop. The golf drop is going to be held on Wednesday, August 27th at approximately 6 p.m. Location is to be determined. There is no need to be present. See any staff to purchase ticket/s. All proceeds benefit our Senior Softball Program and General programs and services at the ETSC.



## WELL CHECKS

Landings of Oregon will be here Thursday, Aug. 14th from 11:15 am.- 12:15 p.m.

Mercy Health will be here with flu vaccines Monday, Aug. 25th from 10:00-1:00.

## CHORE

**Our 2025 list is full.** Spaces are limited as people began calling in on January 2, 2025!

**When calling about any issues/questions please only call once, someone will call you back.**

Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

Do not call contractors with problems or questions. This can result from you being removed from the list. You must call the center.



## RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

On Friday, August 1st, at 12:30 p.m. we will be attending a Tea at the Manor House. The theme is America, so wear red, white and blue.

We will attend the Ice Cream Social at the ETSC on Wednesday, August 13th at 11:45 a.m. (for lunch).

Please contact Gail with any questions or to check on any other plans.



## SENIOR SOFTBALL

Games will be played in Walbridge, OH at Railway Park .

Registrations went out the end of December. It appears many did not receive them for some reason. Please call 419-691-2254 so we can get it in the mail asap, or register online at <http://HTOsports.com/etsacsoftball>

## SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



## Birthday Treats

July's Birthday treats will be provided by Ayden Healthcare on Wednesday, Aug. 27th.



## AXE THROWING

We have started a new program ! AXE THROWING!!!! Don't worry they are not real axes! It Will be on the first two Friday's of the month beginning at 12:30 p.m. This is so much fun! This a FREE activity!!!

Look for sign up sheets!

## PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

Russ Doerr  
John Kerekes  
Rich McGee  
Ron Ohm

Let us know if you or someone you know are in need of prayer.



## WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)

# DAY TRIPS & MULTI-DAY TRIPS

## 2025 DAY TRIPS

### Armstrong Air & Space Museum

Thursday, August 14, 2025  
\$25 includes transportation and admission. 9:00-3:00



**To reserve a seat on Day Trips, you must pay in full to have your name put on the list.**

## Charleston, SC

**Charleston, SC Trip has been cancelled due to not enough people signing up.**

## 2026 MULTI DAY TRIP

### New Orleans

7 days 6 nights  
October 11-17, 2026  
\$954 per person (Double Occupancy)  
Includes: Motor coach transportation  
6 nights lodging including 4 consecutive nights in the New Orleans area.  
10 meals: 6 breakfasts

and 4 dinners,

Guided tour of New Orleans  
Admission to the National World War II Museum  
Gaming at fabulous New Orleans' Casino  
Admission to Mardi Gras World  
Relaxing Riverboat Cruise on the Mississippi River  
Enjoy Historic New Orleans French Quarter

**\$75 per person deposit due by June 1, 2026 to save you spot on the trip.**



## DIAMOND CLUB

**"Diamond Club" is for all participants aged 75 and over.**

On Friday, September 5th we will enjoy Root Beer Floats at the center..

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

We are going to begin having Diamond Club every other month.



## FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center.

East Toledo Senior Center

### DIAMOND CLUB Registration Form

Name: \_\_\_\_\_

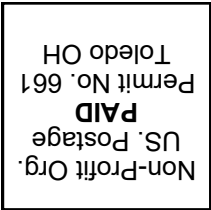
Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_



The East Toledo Senior Center is sponsored in part by  
Area Office on Aging of NW Ohio





# EAST TOLEDO SENIOR CENTER PRESENTS

## New Orleans



### INCREDIBLE PRICE INCLUDES:

- ♦ Motorcoach transportation
- ♦ 6 nights lodging including 4 consecutive nights in the New Orleans area
- ♦ 10 meals: 6 breakfasts and 4 dinners
- ♦ GUIDED TOUR OF NEW ORLEANS
- ♦ Admission to the NATIONAL WORLD WAR II MUSEUM
- ♦ Gaming at fabulous NEW ORLEANS' CASINO
- ♦ Admission to MARDI GRAS WORLD
- ♦ Relaxing RIVERBOAT CRUISE on the Mississippi River
- ♦ Enjoy Historic New Orleans French Quarter

For more pictures, video, and information visit:  
[www.GroupTrips.com/EastToledoSeniorCenter](http://www.GroupTrips.com/EastToledoSeniorCenter)

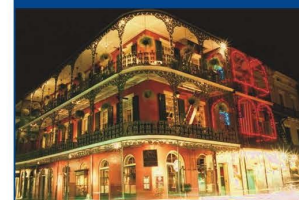
# \$954\*

## 7 Days 6 Nights

\*PER PERSON, DOUBLE OCCUPANCY

### (Sun - Sat)

### Oct 11 - 17 2026



View the French Quarter



Jackson Square



Gaming in New Orleans



Enjoy a Riverboat Cruise

**Departure: East Toledo Senior Center, 1001 White St, Toledo, OH @ 8 am**

**Day 1:** Depart your group's location in a spacious, video and restroom equipped Motorcoach as you head for your destination: Historic New Orleans! This evening, you will settle into a comfortable en route hotel for a good night's rest.

**Day 2:** Today after enjoying a Continental Breakfast, you will continue towards your destination. Tonight, you'll enjoy Dinner before checking into your New Orleans area hotel for a four night stay.

**Day 3:** After a Continental Breakfast, enjoy a GUIDED TOUR OF NEW ORLEANS and learn about the past and present of what makes this unique city a treasure. Then depart for the French Market District. Since 1791, the French Market has served and entertained millions of visitors in the French Quarter. Next, you will visit the NATIONAL WORLD WAR II MUSEUM. You will take in a cinematic experience on their 120 feet wide screen. It is a jaw-dropping experience in 4-D, a technique that engages all the audience's senses with digital effects, life sized animation, as well as film and sound. This evening, you will Dine at a local New Orleans restaurant.

**Day 4:** Start out with a Continental Breakfast before you leave for some gaming at a NEW ORLEANS' CASINO. Then depart for the French Quarter. Catch up on some souvenir shopping, or maybe trying out the local cuisine. This evening, you will enjoy Dinner with entertainment.

**Day 5:** Enjoy a Continental Breakfast, then depart for MARDI GRAS WORLD. Learn about the history of Mardi Gras, watch artists at work and enjoy a slice of the famous King Cake! Next, you will head to Riverwalk, which features over 75 retailers and restaurants on the majestic Mississippi River. Later, you will go on a relaxing RIVERBOAT CRUISE on the Mississippi River. Wind down as you set sail and explore the Mississippi River. This evening, you will Dine at a local restaurant.

**Day 6:** Enjoy a Continental Breakfast before leaving for the MAX (Mississippi Arts & Entertainment Experience) in Meridian, MS. This evening, relax at your en route hotel.

**Day 7:** Today after enjoying Continental Breakfast, you depart for home... a time to chat with your friends about all the fun things you've done, the great sights you have seen, and where your next group trip will take you!

### ADD SOME PEACE OF MIND TO YOUR TRIP...

With Diamond Tours Exclusive *Travel Confident*® Protection Plan.  
See separate advertisement...

\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$275 for single occupancy.  
Final Payment Due: 8/4/2026

### FOR INFORMATION & RESERVATIONS CONTACT:

**Brenda Holdren @ (419) 691-2254**

**Diamond Tours**<sup>inc.</sup>  
Bringing Group Travel to a Higher Standard®

Fla. Seller of Travel Ref No. ST32973.

# **EAST TOLEDO SENIOR CENTER**

**1001 White St. Toledo OH 43605**

**419-691-2254**

## **Spaghetti Dinner**

**TICKETS \$8.00**



**Wednesday, August 20, 2025**

**SERVED BETWEEN 4 pm—6pm**

**Spaghetti w/meat sauce, Garlic Toast,**

**Salad w/ Dressing & Dessert.**

**(Beverages Dine– In only)**

**See Staff member for tickets**

**ALL PROCEEDS TO SUPPORT THE**  
**SENIOR CENTER PROGRAMS**