

SENIOR PAGES

December 2025

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A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month. Appointments are 30 minutes each. This is a free service.

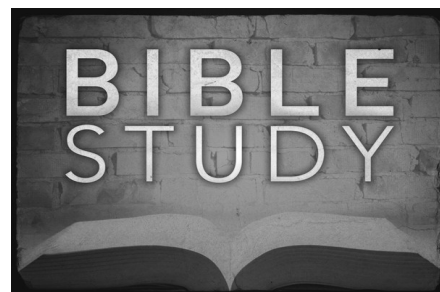
Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for December 11th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



BIBLE STUDY

Ken Leese, a local minister, will begin a bi-weekly Bible Study beginning Friday, January 16, 2026. He will be here starting at 12:30 P.M. Ken loves to discuss the Bible and talk about the Lord. If you are interested in attending or would like more information, please call Patty at 419-691-2254 ext.207 or email her at pattyd@etfc.org. There will be a sign up sheet on the table if you would like to sign up early to let Ken know you are interested.



MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

Dec. 2,9,16,23,30
Euchre 12:15 p.m.

Dec. 2 & 9
Art Class 10 a.m.

Dec. 5
Christmas Lunch
Noon

Dec. 1,8,15,22,29
Trivia
12:30 p.m.

Dec. 1,8,15,22,29
Line Dancing
1:00p.m.

Dec. 11
Bunco
12:30 p.m.

Dec. 12,19,26
Golf, Card game
9:30 a.m.

Dec. 16
Nurse Kelly
9:15 a.m.-12:15p.m.

Dec. 12
Breakfast
8:30 am- 9:30 am

Dec. 11,15
Well Check
Various (see inside)

Dec. 3
Bingo
12:30

Dec. 12
Movie of the Month
Noon

Dec. 17
Birthday Bingo
Birthday Treats

Dec. 26
Book Club
1:00 p.m.

Dec. 24,25, Jan 1
Center Closed
For Christmas &
New Year's Day

BINGO

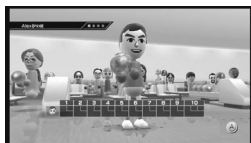
Bingo will be on 1st & 3rd Wednesday at **12:30 p.m.** While this is a drop-in activity we recommend signing up in ad-

**CANCELLATIONS!**

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **If you are signed up and miss 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

WII BOWLING

Wii Bowling will now be held on the 2nd and 4th Wednesday of the month at 12:30 p.m. This is a drop in program and you can join and play at any time. It is FREE! This can be done standing or sitting.

**WISH LIST**

Kitchen Aid 7 qt. Professional mixer
4 ft. x 3 ft. White Board (for softball)
Decent shape used pick up truck

BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Bunco is a fun, luck-based dice game** **No experience needed. We can teach you in a matter of minutes!** NO BUNCO ON DEC. 25TH.

Cost to play is \$1.00,

FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come

NURSE KELLY

Nurse Kelly will be here on Tuesday, December 16th from 9:15 a.m.-12:15 p.m.

**TOPS**

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

SENIOR SAFETY TIPS**Carbon Monoxide**

- Never try to heat your home with your stove, oven, or grill since these can give off carbon monoxide--a deadly gas that you cannot see or smell.

Make sure there is a carbon monoxide detector near all bedrooms, and be sure to test and replace the battery two times a year.

HOME SAFETY

**ALZHIEMER'S ASSOC.**

Margie with the Alzheimer's Association will be here on December 11th and 15th to promote what their organization has available to help the needs in our community. We do not like thinking of anything happening to us but when it does, we need to help our family members/caregivers know how to help us in our time of need.

CENTER CLOSED

Center will be closed on December 24th & 25th, 2025 and January 1, 2026 in observance of Christmas and New Year's.

CHRISTMAS LUNCHEON

The East Toledo Senior Center will be having it's annual Christmas Luncheon on Friday, Dec. 5th at Noon.

The cost is \$5 and includes: Ham, Cheesy Potatoes and more. Also, entertainment from the Navarre students once again. Payment must be made at time of signing up. Menu subject to change.



MOVIE OF THE MONTH

The East Toledo Senior Center will be having Movie of the Month on Friday, Dec. 12th at Noon. Watch for flyers or call Patty for more information. We will provide free popcorn and lemonade.



COLLABORATIVE PARTNERS

Area Office on Aging of NWO
Compass Care
Eggleston-Meinert-Pavley
Funeral Home
Enpuzzlement
Food for Thought
Walker Funeral Home
Majestic Care
Orchard Villa
Seagate Food Bank
St. Charles Mercy Hospital
Toledo Refining
Toledo Health Dept.
Ayden Healthcare
Landings of Oregon
Aetna

TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

BIRTHDAY BINGO

Austin from CoreWealth, will be sponsoring a free birthday bingo on Wednesday, December, 17th, the 4th Wednesday of the month, at 12:30 p.m.

This is for everyone; we are celebrating with the people that had birthdays that month!



EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Just call and sign up for lunch at least 24 hrs. in advance.

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

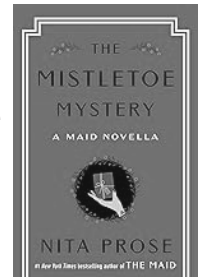
Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up. So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

BOOK CLUB

Friday, Dec.
26th 1:00 p.m.

"The Mistletoe Mystery" by Nita Prose



Molly Gray has always loved the holidays. When Molly was a child, her gran went to great lengths to make the season merry and bright, full of cherished traditions. The first few Christmases without Gran were hard on Molly, but this year, her beloved boyfriend and fellow festive spirit, Juan Manuel, is intent on making the season Molly's most joyful yet.

But when a Secret Santa gift exchange at the Regency Grand Hotel raises questions about who Molly can and cannot trust, she dives into solving her most consequential-and personal- mystery yet. Molly has a bad feeling about things, and she starts to wonder: has she yet again mistaken a frog for a prince?

****See Patty for a book**

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.

May you Always Anonymous

May you always have...
 Enough happiness to keep you sweet,
 Enough trials to keep you strong,
 Enough sorrow to keep you human,
 Enough hope to keep you happy,
 Enough failure to keep you humble,
 Enough success to keep you eager,
 Enough friends to give you comfort,
 Enough wealth to meet your needs,
 Enough enthusiasm to look forward,
 Enough determination to make
 Each day better than yesterday

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday. **THERE WILL BE NO GOLF GAME ON DECEMBER 5TH.**

MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

The Art Class is changing their schedule for the rest of the year. No classes week of Thanksgiving. Tuesday, Dec 2nd & 9th will be two special holiday workshops. Then no classes until Jan 6, 2026 with a Printmaking Class with Adrienne. Only 15 per people per session.

ILLNESS

There MANY illnesses going around right now. For the safety of other seniors and staff, **if you don't feel well or even have a cold, PLEASE STAY HOME!** We all need to protect each other right now. Even if you don't have it bad, others could get it worse than you. **Also, wash your hands regularly.**

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
 Columbus OH 43215
 (614) 466-5500
www.goldenbuckeye.com

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month will be deleted.

BASKETBALL

There will be open gym for seniors 48+ on Tuesday's and Thursday's beginning October 2nd from 7 p.m.-8:30 p.m. It is at the East Toledo Family Center, 1020 Varland, Toledo OH 43605 in the gym. This is a drop-in program and is FREE. No registration required. Great way for our softball players to stay in shape in the off-season!

**Seniors in Need?**

Coming Soon! If you are a senior citizen 60 or better, in need of food or hygiene items, please let either Brenda or Derek know. We are working on resources for those in need. All requests will remain anonymous, and will be handled discretely.

BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

Dec. 12– Egg & Cheese English Muffin with sausage patty or bacon on it, Hashed Brown, Juice & Coffee.

Menu subject to change!

**LUNCH ORDER OR
CANCEL EXT. 9****REMINDER!!**

Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.

MEMBERSHIP

I realize we have not sent out membership renewals in a couple of years. We have decided to do a mass mailing for membership after the first of the year. Doing this helps us to remember to do it every year after the first of the year rather than several a year.

Reminder, this is a Supporting Membership and you do not need to be a member to participate at the East Toledo Senior Center.

HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center on the 4th Thursday of every month March– October at 6 pm.

Meetings have ended for the season! Keep and eye out for when they will begin again!

WEATHER CLOSINGS

Please note that our weather closing policy is as follows: Watch your local news stations to make sure we are open on days of inclement weather. We will close if LUCAS COUNTY is under a level 2 or 3 Snow Emergency. If you are a PASSPORT client, the driver will notify you as to whether or not they will be able to transport you to your appointment due to road conditions.

Also, even if the weather is bad, please watch the local tv stations in case we close without a snow emergency.

**ACTIVITIES FOR
2026**

The East Toledo Senior Center would like to start up Shuffleboard and Axe Throwing again. If you would be interested in playing one or both of these activities, please let Patty know so she can plan a day and time. Is there any other activity that you would like to see started and participating in? Please let Patty know.

WELL CHECKS

Landings of Oregon will be here Thursday, Dec. 11th from 11:15 am.– 12:15 p.m.

Mercy Health will be here with flu vaccines Monday, Dec. 15th from 10:00-1:00.

CHORE

Our 2025 list is full. Spaces are limited as people began calling in on January 2, 2025!

When calling about any issues/questions please only call once, someone will call you back.

Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

Do not call contractors with problems or questions. This can result from you being removed from the list. You must call the center.



RED HAT SOCIETY

The Red Hats will be having a Christmas Lunch on Thursday, December 11th at 1 p.m. It will be at the Senior Center. ETSC will be providing Roasted Chicken and everyone needs to bring a side dish. Watch for sign up sheet and sign up by December 8th. Thursday, Jan. 8th, lunch at Moe's in Rossford at 12:30 p.m.

Please contact Gail with any questions or to check on any other plans.



SENIOR SOFTBALL

2026 Registrations will go out the end of December. Watch for them in the mail. If you don't receive it, please call!

As of January 1st, you can also register online! If you have interested friends, call Brenda with their names and address and she will make sure a registration goes out to them. To be eligible for the Wednesday league, they must turn 48 by December 31, 2026.
www.etseniorsoftball.com

SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



Birthday Treats

December Birthday Treats will be on Wednesday, Dec. 17th.



BOOK DONATIONS

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

Russ Doerr
Jean Donofrio
Ron Ohm
Eddie Stripling
Dave Toth

Let us know if you or someone you know are in need of prayer.



WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

DAY TRIPS & MULTI-DAY TRIPS

2026 DAY TRIPS

Keep your eyes open! We are working on planning our day trips for 2026! Feel free to write down any suggestions although there are no guarantees that we will plan all the trips that are suggested.



2026 MULTI DAY TRIP

New Orleans

7 days 6 nights

October 11-17, 2026

\$954 per person (Double Occupancy)

Includes: Motor coach transportation

6 nights lodging including 4 consecutive nights in the New Orleans area.

10 meals: 6 breakfasts and 4 dinners,

Guided tour of New Orleans
Admission to the National World War II Museum
Gaming at fabulous

New Orleans' Casino
Admission to Mardi Gras World
Relaxing Riverboat Cruise on the Mississippi River
Enjoy Historic New Orleans French Quarter

\$75 per person deposit due by June 1, 2026 to save you spot on the trip.



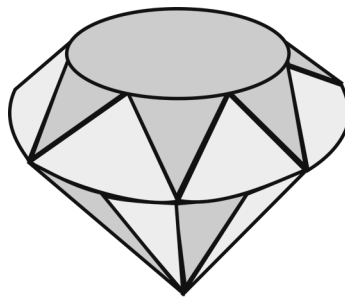
DIAMOND CLUB

"Diamond Club" is for all participants aged 75 and over. sometime after the first of the year.

Membership to the Diamond Club is FREE. If you are not a member and are aged 75 and over, simply fill out the form below and give to a staff member.

We will not be planning any events for the upcoming future due to lack of interest.

Maybe we will bring it back



FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center.

THERE WILL NO PANTRY IN JANUARY, 2026!

East Toledo Senior Center

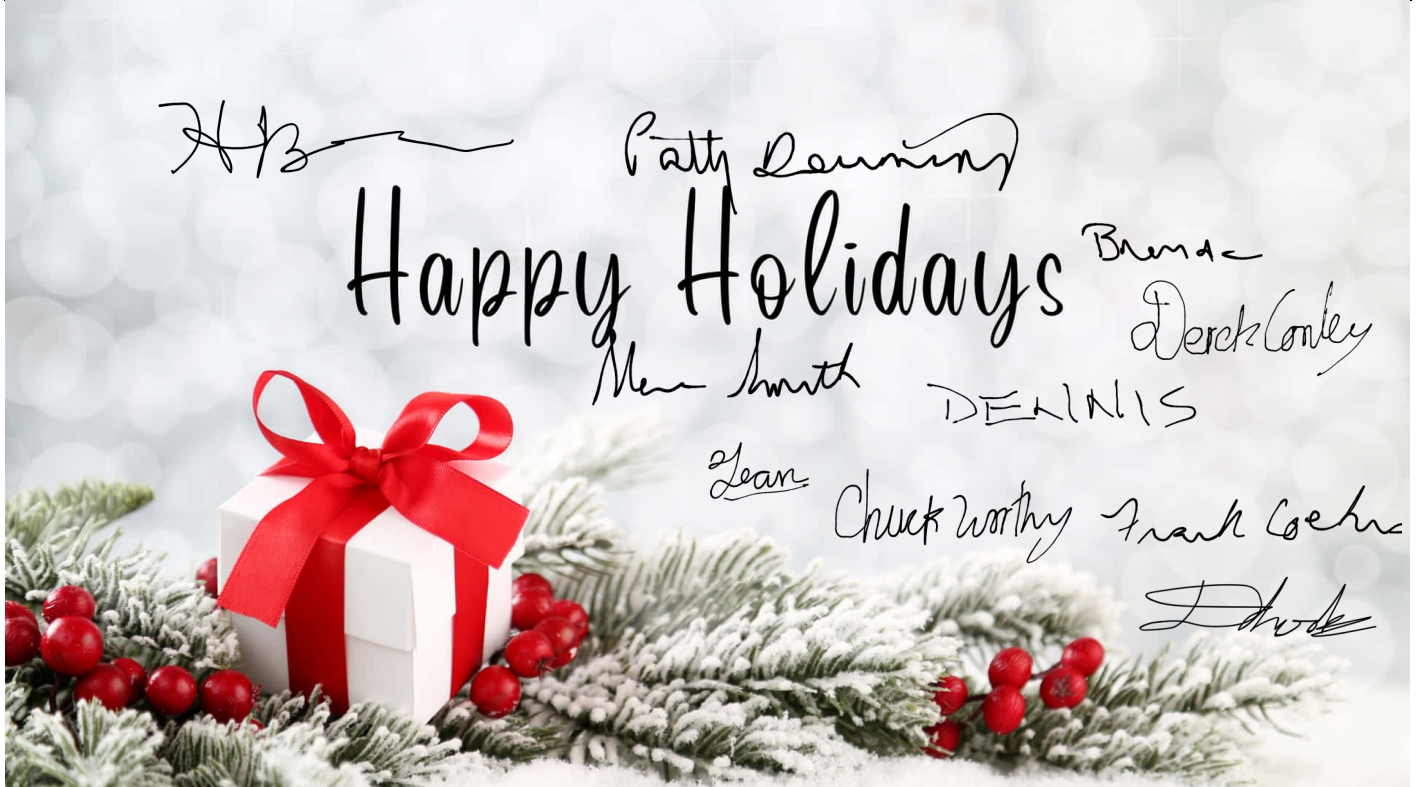
DIAMOND CLUB Registration Form

Name: _____

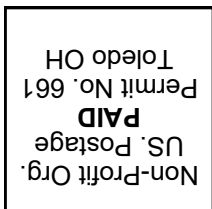
Address: _____

City/State/Zip: _____

Phone Number: _____



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

