

SENIOR PAGES

March 2026

Volume 31 Issue 3

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A.B.L.E

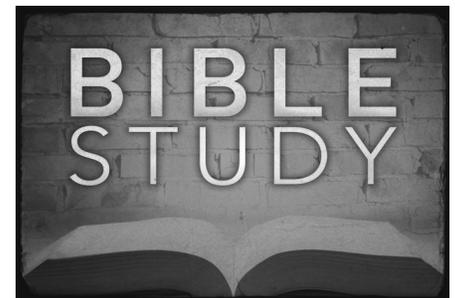
A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house) We are now taking appointments for March 12th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



BIBLE STUDY

Ken Leese, a local minister, will be having a bi-weekly Bible Study. He will be here starting at 12:30 P.M. The studies in March will be the 13th and 27th Ken loves to discuss the Bible and talk about the Lord. If you are interested in attending or would like more information, please call Patty at 419-691-2254 ext.207 or email her at pattyd@etfc.org. There is a sign up sheet on the table if you would like to sign up early to let Ken know you are interested. For more information or to be added to list, call Patty at 419-691-2254 ext. 207 or email her at pattyd@etfc.org.



MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

March 3,10,17,24,31
Euchre 12:15 p.m.

March 3,10,17,24,31
Art Class 10 a.m.

March 2,9,16,23,30
Trivia
12:30 p.m.

March 2,9,16,23,30
Line Dancing
1:00p.m.

March 5
Food for Thought
12-2

March 12,26
Bunco
12:30 p.m.

March 6,13,20,27
Golf, Card game
9:30 a.m.

March 17
Nurse Kelly
9:15 a.m.-12:15p.m.

March 27
Breakfast
8:30 am– 9:30 am

March 12,23
Well Check
Various (see inside)

March 4,18
Bingo
12:30

March 13
Jiggs Dinner
4 pm– 6 pm

March 25
Birthday Bingo
Birthday Treats

March 27
Book Club
1:00 p.m.



BINGO

Bingo will be on 1st & 3rd Wednesday at **12:30 p.m.** While this is a drop-in activity we recommend signing up in advance.

**JIGGS DINNER**

The East Toledo Senior Center will be having a Jiggs Dinner on Friday, March 13, 2026 from 4 p.m.-6 p.m. Tickets are \$15 and include the Jiggs Dinner (Corned Beef, Potatoes, Carrots & Cabbage), Roll with butter, Dessert and Beverage (for dine in only). We will offer Dine-in and Carry-Out. See any staff for tickets.

**WII BOWLING**

Wii Bowling will be held on the 2nd and 5th Wednesday in March at 12:30 p.m. This is a drop in program and you can join and play at any time. It is FREE! This can be done standing or sitting.

**WISH LIST**

55 in.-65 in. Smart TV
4 ft. x 3 ft. White Board (for softball)
Decent shape used pick up truck

BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Bunco is a fun, luck-based dice game** **No experience needed. We can teach you in a matter of minutes!** Cost to play is \$1.00.

FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come

NURSE KELLY

Nurse Kelly will be here on Tuesday, March 17th from 9:15 a.m.-12:15 p.m.

**TOPS**

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.- 6:15 p.m. Meetings begin at 6:30 p.m. at

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun

SENIOR SAFETY TIPS**Mobility & Transportation****Safe Walking Practices**

- **Use walking aids like canes or walkers if needed.** They provide stability and reduce the risk of falls.
- **Wear appropriate footwear with good traction.** Shoes with non-slip soles can prevent falls, especially in wet or icy conditions.
- **Cross streets at designated crosswalks.** Always look both ways and make sure drivers see you before crossing.

COFFEE

The East Toledo is accepting donations of Regular coffee for our coffee bar. It has gotten so expensive and we do not want to have to charge for coffee. Thank you in advance.

PRESENTATION

On Wednesday, March 11, 2026 at 11:30 a.m., Nadine Thompson will be at the East Toledo Senior Center to give a presentation on Ohio Fair Housing for tenants and /or home owners and Landlords/ Landladies.



MOVIE OF THE MONTH

The East Toledo Senior Center will be **Friday, March 20.** Pending title is *"The Friend"*. Watch for flyers or call Patty for more information and next date.. We will provide free popcorn and lemonade.



COLLABORATIVE PARTNERS

- Area Office on Aging of NWO
- Compass Care
- Eggleston-Meinert-Pavley
- Funeral Home
- Enpuzzlement
- Food for Thought
- Walker Funeral Home
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining
- Toledo Health Dept.
- Ayden Healthcare
- Landings of Oregon
- Aetna

TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment . If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

BIRTHDAY BINGO

Austin from CoreWealth, will be sponsoring a free birthday bingo March 25th, the 4th Wednesday of the month, at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Just call and sign up for lunch at least 24 hrs. in advance.

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

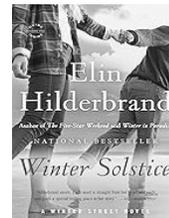
If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up. So please make sure you sign up for transportation after ordering your meals so

BOOK CLUB

Friday, March 27th at 1:00 p.m.

"Winter Storms" & "Winter Solstice" by Elin

Hilderbrand brand



(3rd & 4th of a series)

The final two books in the series continues on with the

Quinn family.

BASKETBALL

There will be open gym for seniors 48+ on Tuesday's beginning October 2nd from 7 p.m.-8:30 p.m. It is at the East Toledo Family Center, 1020 Varland, Toledo OH 43605 in the gym. This is a drop-in program and is FREE. No registration required. Great way for our softball players to stay in shape in the off-season!



Seniors in Need?

Coming Soon! If you are a senior citizen 60 or better, in need of food or hygiene items, please let either Brenda or Derek know. We are working on resources for those in need. All requests will remain anonymous, and will be handled discretely.

BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

March 27– Eggs Benedict (English Muffin, Egg, Ham) with Hollandaise Sauce, Pastry, Juice, Coffee.



Menu subject to change!

LUNCH ORDER OR

REMINDER!!

Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.

MEMBERSHIP

I realize we have not sent out membership renewals in a couple of years. We have decided to do a mass mailing for membership after the first of the year. Doing this helps us to remember to do it every year after the first of the year rather than several a year.

Reminder, this is a Supporting Membership and you do not need to be a member to participate at the East Toledo Senior Center.

HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center on the 4th Thursday of every month March– October at 6 pm.



WEATHER CLOSINGS

Please note that our weather closing policy is as follows: Watch your local news stations to make sure we are open on days of inclement weather. We will close if LUCAS COUNTY is under a level 2 or 3 Snow Emergency. If you are a PASSPORT client, the driver will notify you as to whether or not they will be able to transport you to your appointment due to road conditions.

Also, even if the weather is bad, please watch the local tv stations in case we close without a snow emergency.

BALANCE BUILDER

On Thursday, March 19, 2026, Tony with Silver Sneakers, will be here with some balance strengthening tips to help us be safer in all our daily activities. This is sponsored by Aetna Insurance.



WELL CHECKS

Landings of Oregon will be here Thursday, March 12th- from 11:15 am.– 12:15 p.m.

Mercy Health will be here Monday, March 23rd from 10:00-1:00.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a

CONGRATULATIONS!

Congratulations to the following people that received awards at the East Toledo Family Center's Annual Meeting on Wednesday, January 29, 2026!

Jo Kandik– ETSC Director's Award

Jan Eppard & Sharon Brink– Volunteer Awards

**Food for Thought– Community Service Award
And**

Derek Conley– Staff Award

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday.

MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate

ART EXPLORATION Toledo Museum of Art

The next session with the Toledo Museum of Art will begin March 3rd-April 22st. Lauren will be leading a special large scale painting/mixed media class. She will be visiting to share the new class within the next couple of weeks. Only 15 per people per session. Make sure to sign up on sheet.

ILLNESS

There MANY illnesses going around right now. For the safety of other seniors and staff, **if you don't feel well or even have a cold, PLEASE STAY HOME!** We all need to protect each other right now. Even if you don't have it bad, others could get it worse than you. **Also, wash your hands**

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

taxes. If you or someone you know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month

DAY TRIPS & MULTI-DAY TRIPS

2026 DAY TRIPS

Keep your eyes open! See insert for 2026 Day Trips! You can only be put on the list when you pay.

See Derek or Patty.



2026 MULTI DAY TRIP

New Orleans

7 days 6 nights

October 11-17, 2026

\$954 per person (Double Occupancy)

Includes: Motor coach transportation

6 nights lodging including 4 consecutive nights in the New Orleans area.

10 meals: 6 breakfasts and 4 dinners,

Guided tour of New Orleans
Admission to the National World War II Museum
Gaming at fabulous

New Orleans' Casino
Admission to Mardi Gras World

Relaxing Riverboat Cruise on the Mississippi River
Enjoy Historic New Orleans French Quarter

\$75 per person deposit due by June 1, 2026 to save you spot on the trip.



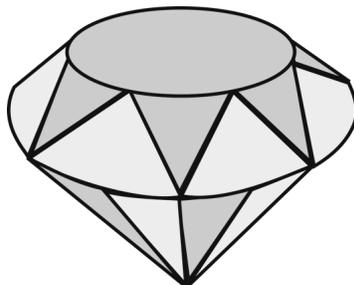
DIAMOND CLUB

“Diamond Club” is for all participants aged 75 and over. year.

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

We will not be planning any events for the upcoming future due to lack of interest.

Maybe we will bring it back sometime after the first of the



FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center. Next pantry will be on March 5, 2026.

East Toledo Senior Center

DIAMOND CLUB Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____

CHORE

Reminder! To get on list for 2026, make sure to call 419-691-2254 EXT 205, beginning January 2, 2026! If you leave a message, make sure you leave your name, number and address. We will record them in the order they are received.

East Toledo is full!

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

We DO NOT stop service for non-payment.

SNOW REMOVAL

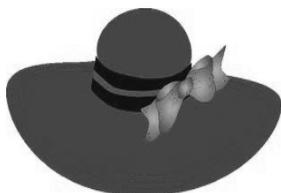
We will do snow removal when it snows 2 inches or more. You must call each time. You call 419-691-2254 ext 205. **Call only once please.** You can leave a message if we are closed.

RED HAT SOCIETY

The Red Hats will be meeting at Luckies on Navarre Ave for lunch on Tuesday, March 17th at Noon.

Please sign up on sign up sheet.

Please contact Gail with any questions or to check on any other plans.



SENIOR SOFTBALL

2026 Registrations will go out the end of December. Watch for them in the mail. If you don't receive it, please call!

As of January 1st, you can also register online! If you have interested friends, call Brenda with their names and address and she will make sure a registration goes out to them. To be eligible for the Wednesday league, they must turn 48 by December 31, 2026.
www.etseniorsoftball.com

SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



Birthday Treats

Birthday Treats will be on Wednesday, March, 25th.



BOOK DONATIONS

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

- Joyce Berry
- Russ Doerr
- Jean Donofrio
- Ken Leese
- Ron Ohm
- Bonnie Rist
- Eddie Stripling
- Dave Toth

Let us know if you or someone you know are in need of prayer.

WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org



JIGGS DINNER FUNDRAISER

FRIDAY, MARCH 13, 2026

4-6 PM

\$15 EACH

CORNER BEEF, CABBAGE,
CARROTS, POTATOES, ROLL W/
BUTTER, DESSERT & BEVERAGE

DINE-IN OR CARRY-OUT

EAST TOLEDO SENIOR CENTER 1001 WHITE ST . TOLEDO, OH 43605 419-691-2254

Bourbon & Bags Fundraiser

Dinner & Pastries Provided
by
Mike Armstrong

\$45 PER PERSON \$40 SENIORS 60 & BETTER

Must be 21+ to participate in our event!
10 Rounds + 1 Cover-All Round

THURSDAY APRIL 9TH 2026 5:30 P.M. - 8:30 P.M.

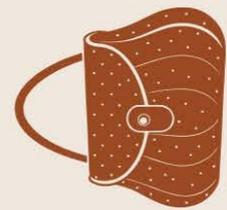
Refreshments will be available. Including soft drinks, snacks, beer & a bourbon cocktail. Limit of 2 drink tickets per person. Tickets are available at the East Toledo Senior Center, 1001 White St, Toledo, OH 43605.

Guests will have the chance to win either a designer handbag or a top shelf bottle of bourbon. Brand names such as Coach, Michael Kors & More for purses & Blanton's, Knob Creek & more for Bourbon!

1001 White St. Toledo, OH 43605
419-691-2254



Doors open @ 5:30 P.M.
Food is Served @ 6:00 P.M.
Games begin @ 6:30 P.M.





March 2026

EAST TOLEDO SENIOR CENTER

1001 WHITE ST. TOLEDO, OH 43605

419-691-2254



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Trivia 12:30 Line Dancing 1:00	3 Art Exploration 10:00 Euchre 12:15 50+ Basketball 7:00p	4 Bingo 12:30	5 FOOD FOR THOUGHT PANTRY 12:00-2:00	6 Golf Card game 9:30	7
8	9 Trivia 12:30 Line Dancing 1:00	10 Art Exploration 10:00 Euchre 12:15 50+ Basketball 7:00p	11 Wii Bowling 12:30 Housing Presentation 11:30	12 A.B.L.E. Bunco 12:30 Shuffleboard 12:30	13 Bible Study 12:30 Golf Card game 9:30 JIGGS DINNER 4:00P-6:00P	14
15	16 Trivia 12:30 Line Dancing 1:00	17 Euchre 12:15 Art Exploration 10:00 Nurse Kelly 9:15 50+ Basketball 7:00p	18 Bingo 12:30	19 BALANCE BUILDERS CLASS 12:30	20 SPRING BEGINS Golf Card game 9:30 Movie of Month 12:00	21
22	23 Trivia 12:30 Line Dancing 1:00 Well-check 11:00	24 Art Exploration 10:00 Euchre 12:15 50+ Basketball 7:00p	25 Birthday treats B'day bingo 12:30	26 Bunco 12:30 Shuffleboard 12:30	27 Golf Card game 9:30 Breakfast 8:30-9:30 Bible Study 12:30	28
29	30 Trivia 12:30 Line Dancing 1:00	31 Art Exploration 10:00 Euchre 12:15 50+ Basketball 7:00p		Activities dates/times are subject to change		50+ Basket- ball is at the Family Cen- ter 7:00p- 8:30p

2026 Day Trips

Detroit Zoo

May 15th, 2026

\$40/ Person Includes: Ticket, Parking & Transportation Costs

Lunch on your own at the zoo

Depart Center at 9:30 AM

Return Home at 3:00 PM



Sign Up starts February 3, 2026. Must pay to sign up! Last day to sign up is April 3, 2026

All seats filled wait-list available for those interested

Shipshewana Flea Market

June 23th, 2026

\$30/Person Includes: Parking & Transportation Costs

Lunch on your own at the market

Depart Center at 8:00 AM

Return Home at 3:00 PM

Limited Seats available!



Sign up starts February 3, 2026. Must pay to sign up! Last day to sign up is May 22, 2026

Providence Metro Park Canal Boat Experience

September 17th, 2026

\$20/ Person Includes: Ticket, Parking & Transportation

Lunch will be on your own at Miss Lily's in Grand Rapids, OH after the experience.

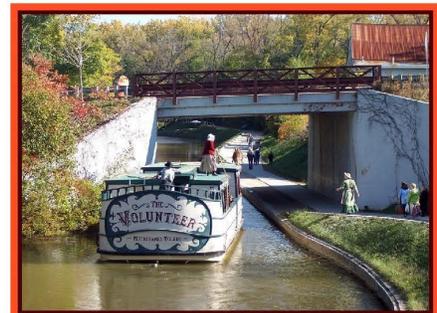
Depart Center: 9:00 AM

Return Home Approximately 2.5 Hours after we arrive.

Sign up starts February 3, 2026. Must pay to sign up! Last day to sign up is July 16, 2026

Due to the purchase process we cannot add anyone after July 16th, 2026.

All seats filled wait-list available for those interested



**JIGGS
DINNER
FUNDRAISER**

FRIDAY, MARCH 13, 2026
4 P.M. TO 6 P.M.
\$15 EACH
CORNED BEEF, CABBAGE, CARROTS &
POTATOES, ROLL W/ BUTTER, DESSERT
& BEVERAGE
DINE-IN & CARRY-OUT AVAILABLE

EAST TOLEDO SENIOR CENTER 1001 WHITE ST. TOLEDO, OH 43605 419-691-2254



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



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Toledo OH

EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES