

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in December:

**Summer dates not scheduled.
2:30 p.m.– 3:00 p.m.**

Come check out what they have.

This is open to the community.

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday.

MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

Kacey will be leading a new class on Mosaics beginning Sept. 30th-Nov. 18th. Due to prior commitment, there will be no class on Nov. 11th

Class is for those 60+ and limited to 15 students.

ILLNESS

There MANY illnesses going around right now. For the safety of other seniors and staff, **if you don't feel well or even have a cold, PLEASE STAY HOME!** We all need to protect each other right now. Even if you don't have it bad, others could get it worse than you. **Also, wash your hands regularly.**

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month will be deleted.

POT ROAST DINNER

The East Toledo Senior Center will be having a Pot Roast Dinner on Wednesday, September 17, 2025 from 4 p.m.-6 p.m. The cost is \$15 and consists of slow cooked pot roast with potatoes, carrots and onions, roll/butter and Dessert, beverage. Tickets available now! Use the QR code to buy online!



DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**"The Outer Banks"
Thursday,
Sept. 11, 2025
10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

This is the last one for the year!

Please mark Y for yes, or N for no, for lunch when you sign up.

BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

Sept 12—Pancakes, scrambled eggs, sausage, potato, juice & coffee.

Sept. 26— Breakfast bake, juice & coffee.

Menu subject to change!

LUNCH ORDER OR CANCEL EXT. 9

REMINDER!!

Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.

HALLOWEEN PARTY

The ETSC will be having its annual Halloween Party on Friday, October 31, 2025. The cost will be \$5 and includes: lunch, games, prizes, and snacks. Costumes are optional but for those wearing costumes we will vote for best costume!! Please watch for sign up sheet "witch" will include a sign up and pay by date.



HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center.

The regular meetings are on the 4th Thursday of every month at 6 p.m. through October and begin again in March.

The public is encouraged and welcome to attend.

VETERAN'S BREAKFAST

We will once again have our Veteran's Breakfast on Tuesday, November 11, 2025 from 8 a.m.– 10 a.m. This is free and includes: Omelets to order, pancakes, sausage, hash browns, juice and coffee. We look forward to this event every year to be able to recognize our veteran's.



CLOSED FOR CLEANING

The East Toledo Senior Center will be closed to programming on Thursday, October 9th and Friday, October 10th.

The staff will be purging old files, and other items in the building as well as doing some major cleaning around the building.

We apologize for the inconvenience, but it really needs to be done due to lack of storage.



WELL CHECKS

Landings of Oregon will be here Thursday, Sept. 11th from 11:15 am.– 12:15 p.m.

Mercy Health will be here with flu vaccines Monday, Sept. 22nd from 10:00-1:00.

CHORE

Our 2025 list is full. Spaces are limited as people began calling in on January 2, 2025!

When calling about any issues/questions please only call once, someone will call you back.

Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

Do not call contractors with problems or questions. This can result from you being removed from the list. You must call the center.



RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

On Tuesday, Sept 16th, 12:15 p.m. we will be attending a Tea at the OJHS. The tea will be honoring Ruth Bader Ginsburg. **RSVP as soon as possible!!**

We will be going to Kathy Brice's campground on Sept 25th, 12:30 pm (weather permitting.).

Please contact Gail with any questions or to check on any other plans.



SENIOR SOFTBALL

The 2025 Season is almost complete! Play-offs and tournament begin on Monday, August 19th

The banquet will be at the Senior Center on Wednesday, Sept. 3rd.

We will not be having an end of year rules meeting. Please give your suggestions to any commissioner, Brenda or Derek.

SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

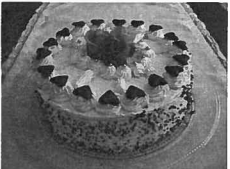
We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



Birthday Treats

September birthday treats will be sponsored by Ayden Healthcare on September 24th.



BOOK DONATIONS

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

Russ Doerr
John Kerekas
Rich McGee
Ron Ohm
Jane Fitch
Bob Vermilyea
Eddie Stripling

Let us know if you or someone you know are in need of prayer.



WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

DAY TRIPS & MULTI-DAY TRIPS

2026 DAY TRIPS

Keep you eyes open! We are working on planning our day trips for 2026! Feel free to write down any suggestions although there are no guarantees that we will plan all the trips that are suggested.

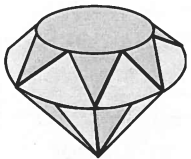


DIAMOND CLUB

"Diamond Club" is for all participants aged 75 and over.

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

We are going to begin having Diamond Club every other month.



East Toledo Senior Center
DIAMOND CLUB
Registration Form

Name: _____
Address: _____
City/State/Zip: _____
Phone Number: _____

Charleston, SC

Charleston, SC Trip has been cancelled due to not enough people signing up.

2026 MULTI DAY TRIP

New Orleans

7 days 6 nights
October 11-17, 2026
\$954 per person (Double Occupancy)
Includes: Motor coach transportation
6 nights lodging including 4 consecutive nights in the New Orleans area.
10 meals:6 breakfasts

and 4 dinners,

Guided tour of New Orleans
Admission to the National World War II Museum
Gaming at fabulous New Orleans' Casino
Admission to Mardi Gras World
Relaxing Riverboat Cruise on the Mississippi River
Enjoy Historic New Orleans French Quarter

\$75 per person deposit due by June 1, 2026 to save you spot on the trip.



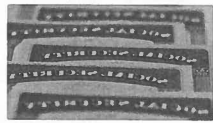
FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center.



SOCIAL SECURITY SPEAKER

We will have a speaker from the Social Security Administration on Friday, September 5, 2025 at 10:30 a.m. Come to learn about Social Security from an expert. Erin Thompson, Public Affairs Specialist, has been with Social Security for 24 years and will cover "Basic benefit programs, 2025 updates, recent changes, and answer your Social Security questions.



MOVIE OF THE MONTH

The East Toledo Senior Center will be having Movie of the Month on Friday, Sept. 19th at 12:15 p.m. Watch for flyers or call Patty for more information. We will provide free popcorn and lemonade.



COLLABORATIVE PARTNERS

Area Office on Aging of NWO
Compass Care
Eggleston-Meinert-Pavley
Funeral Home
Enpuzzlement
Food for Thought
Walker Funeral Home
Majestic Care
Orchard Villa
Seagate Food Bank
St. Charles Mercy Hospital
Toledo Refining
Toledo Health Dept.
Ayden Healthcare
Landings of Oregon
Aetna

TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

BIRTHDAY BINGO

Austin from CoreWealth, will be sponsoring a free birthday bingo on Wednesday, September 24th, the 4th Wednesday of the month, at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? **WE DO NOT EXCLUDE ANYONE DUE TO AGE, ABILITY, ETC.**

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up.

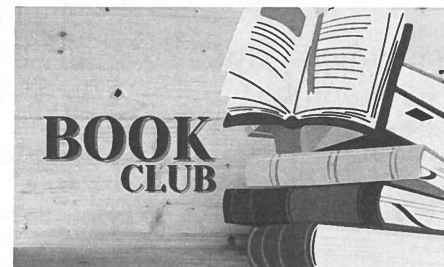
So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

BOOK CLUB

There will be no Book Club for the month of September.

We should have the October books by October 1st. Watch for sign up sheet for October and also title of book!

**See Patty for a book



BINGO

NEW DAY, NEW TIME

Bingo will be on 1st & 3rd Wednesday at 10:30 a.m. While this is a drop-in activity we recommend signing up in advance.



CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **If you are signed up and miss 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

WII BOWLING

Wii Bowling is now offered every week unless an event is planned. This is a FREE activity with lots of fun and camaraderie that begins at 12:30 p.m. **We will begin bowling once again on Wednesday, September 3rd.** There will be free popcorn and beverage for those participating or just watching!

WISH LIST

Kitchen Aid 7 qt. Professional mixer
4 ft. x 3 ft. White Board (for softball)
Decent shape used pick up truck

BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Bunco is a fun, luck-based dice game. No experience needed. We can teach you in a matter of minutes!**

Cost to play is \$1.00,

FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

NURSE KELLY

Nurse Kelly will be here on Tuesday, September 16th from 9-12. She will check weight and blood pressures.



TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m. – 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

FALL PREVENTION

Karrie, from BayPark Hospital, will be here on Wednesday, September and Stop the Bleed for Fall Prevention month. Please plan to stop by her table to learn new ways to help yourself stay safe at home and/or out and about.

September is
Fall Prevention Month



NUTRITION/SNAP-ED

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on Friday, Sept. 5th & 12th from 12:30 p.m. - 1:30 p.m. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

CENTER CLOSED

Center will be closed on Monday, September 1st in observance of Labor Day.





Pot Roast Dinner Fundraiser East Toledo Senior Center

Wednesday, September 17, 2025

4pm to 6pm

\$15.00

Dine-in or Carry-out available

Slow cooked pot roast, potatoes, carrots & onions

Roll w/ Butter, Dessert & Drink

1001 White St. Toledo, OH 43605

419-691-2254



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



SENIOR PAGES

September 2025

Volume 30 Issue 9

A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on September 18, 2025. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for September 18th (Note change of date) from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



TRANSPORTATION COST

Due to the large influx of transportations and unforeseen budget cuts, there are several changes to self-pay transportation (medical, shopping) that will begin May 1, 2025.

- All self-pay transportation will have a \$20 cost per transportation.
- Everyone is limited to (4) non-medical transportations per month.
- Each transportation is limited to (1) stop and then home.
- Payment is due to the drivers the day of service if paying with cash or check. If using a card, please have the driver call in to Derek or Kelly and payment will be taken over the phone.
- If you are having a procedure that requires driver to stay, you must schedule a minimum of 30 days prior. We must know approximate length of appt. There is an additional \$30 charge for these trips as the driver will be on the clock the entire time.

Thank you for your understanding and cooperation on this matter.

MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

Sept. 2,9,16,23,30
Euchre 12:15 p.m.
Art Class 10 a.m.
NO art class 16, 23

Sept. 8,15,22,29
Trivia
12:30 p.m.

Sept. 8,15,22,29
Line Dancing
1:00p.m.

Sept. 11,25
Bunco
12:30 p.m.

Sept. 17
Pot Roast Dinner
4p.m.-6 p.m.

Sept. 11
Dream Travelers
10:30 a.m.

Sept. 5,12,19,26
Golf, Card game
9:30 a.m.

Sept 16
Nurse Kelly
9:00 a.m.-12:00p.m.

Sept. 12,26
Breakfast
8:30 am- 9:30 am

Sept. 11,22
Well Check
Various (see inside)

Sept. 3,17
Bingo
10:30

September
No Book Club

Sept 1
Center Closed

EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES

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Toledo OH