

SENIOR PAGES

August 2026

Volume 31 Issue 8

Brenda Holdren
Director

Gail Broeker
Advisory
Board President

1001 White St.
Toledo OH 43605

Phone
419-691-2254
Brenda Holdren ext. 2
Derek Conley/PASSPORT/Chore
ext. 5
Patty Downing/Activities ext. 7
Steve Smith/Home Repair ext. 6
Senior Athletics ext. 8
Lunch RSVP/Cancellations ext. 9

Fax
419-691-2282

e-mail
brendah_etsac@yahoo.com

Website:
easttoledoseniorcenter.org

A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month. Appointments are 30 minutes each. This is a free service.

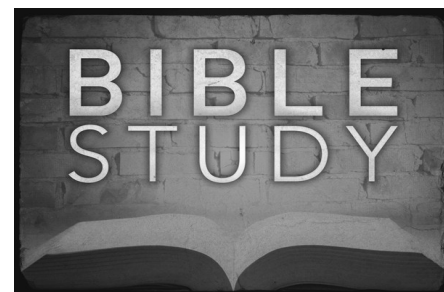
Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for September 17th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



BIBLE STUDY

Ken Leese, a local minister, will be having a bi-weekly Bible Study. He will be here starting at 12:30 P.M. The studies in August will be the 7th & 21st. Ken loves to discuss the Bible and talk about the Lord. If you are interested in attending or would like more information, please call Patty at 419-691-2254 ext.207 or email her at pattyd@etfc.org. There is a sign up sheet on the table if you would like to sign up early to let Ken know you are interested. For more information or to be added to list, call Patty at 419-691-2254 ext. 207 or email her at pattyd@etfc.org.



MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

Aug. 4,11,18,25
Euchre 12:00 p.m.

Aug. 3,10,17,24,31
Trivia
12:30 p.m.

Aug. 3,10,17,24,31
Line Dancing
1:00p.m.

Aug. 4
Glass Blowing
1-3

Aug. 6
Food for Thought
12-2

Aug. 7,14,21,28
Golf, Card game
9:30 a.m.

Aug 5,19
Bingo
12:30

Aug 12
Ice Cream Social
11:45 a.m.

Aug 26
Birthday Bingo
Birthday Treats

Aug 28
Book Club
1:30 p.m.

Aug 18-20
TMA Camp
10-11:30, 1-2:00

Aug. 28
Mercy Health
Well Check
11-1



GLASS BLOWING DEMONSTRATION

The Toledo Museum of Art will be offering a Glass Blowing Demonstration on Tuesday, August 4th from 1-3 p.m. for seniors 60 and better. It is open to the first 15 that sign up!



MOVIE OF THE MONTH

Movie of the Month will be on Friday, Aug. 14th at Noon. Movie TBD.



COLLABORATIVE PARTNERS

Area Office on Aging of NWO
Compass Care
Eggleston-Meinert-Pavley
Funeral Home
Enpuzzlement
Food for Thought
Walker Funeral Home
Majestic Care
Orchard Villa
Seagate Food Bank
St. Charles Mercy Hospital
Toledo Refining
Toledo Health Dept.
Ayden Healthcare
Landings of Oregon
Aetna

TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

BIRTHDAY BINGO

Austin from CoreWealth, will be sponsoring a free birthday bingo August 26th, the 4th Wednesday of the month, at 12:30 p.m.

This is for everyone; we are celebrating with the people that had birthdays that month!



REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up. So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

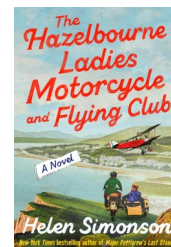
BOOK CLUB

Friday, August 28th at 1:30 p.m.

"The Hazelbourne Ladies Motorcycle and Flying Club" by

Helen Simonson

A 2024 historical fiction novel, set in 1919 England, about a young woman names Constance Haverhill who, after losing her wartime job, finds herself at a seaside resort where she joins an unconventional group of women with a motorcycle club, challenging post-WWI societal expectations for women and navigating romance and personal reinvention. The book is a coming-of-age story that blends humor, romance, and social commentary on the changing roles of women after the war.



**See Patty for a book

EUCHRE

Euchre is every Tuesday beginning at 12:00 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? We will serve players lunch at 11:30 if you are signed up. Just call and sign up for lunch at least 24 hrs. in advance.

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

BINGO

Bingo will be on 1st & 3rd Wednesday sponsored by Aetna Ins and 3rd Wednesday by BrightPath Homecare at **12:30 p.m.**

While this is a drop-in activity we recommend signing up in advance



RECEPTIONIST

We are looking for volunteer receptionist/s during the hours of 11 a.m.-3 p.m. Tuesday's & Thursday's

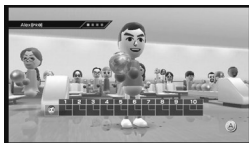
Duties are welcoming visitors, answering phones, helping with mailings, etc.

Some experience is appreciated but we can train. See Derek or Brenda for more information or if you are interested.

WII BOWLING

Wii Bowling will now be held on the 2nd and 4th Thursday of the month at 12:30 p.m.

This is a drop in program and you can join and play at any time. It is FREE! This can be done standing or sitting.



WISH LIST

55 in.-65 in. Smart TV
New 18-26 qt. electric roasters
New Commercial Microwave

Volunteers Needed

We are looking for volunteers to help around the center during the week of October 12-19. Brenda & Derek will be out of the building on the New Orleans bus trip. If you are willing to help let Brenda or Derek know.

FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come

NURSE KELLY

Nurse Kelly will not be here in any longer due to new job. Someone will replace her at some time.



TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

SENIOR SAFETY TIPS

Driving Safety

- **Have regular vision and hearing tests.** Good eyesight and hearing are essential for safe driving.
- **Avoid driving in poor weather conditions or at night if vision is impaired.** It's better to be safe than sorry.
- **Consider alternatives to driving, like public transportation or ride-sharing services.** These options can reduce stress and increase safety.



COFFEE

The East Toledo is accepting donations of Regular coffee for our coffee bar. It has gotten so expensive and we do not want to have to charge for coffee. Thank you in advance.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.

ICE CREAM SOCIAL

The East Toledo Senior Center will be having an Ice Cream Social on Wednesday, August 12th beginning at 11:45 a.m. The cost is \$5 and **MUST** be paid in advance by Friday, August 7th. Included is lunch catered by Swisher Dogs, ice cream with toppings and the option to pan for gold. The panning for gold will be done outside so please dress accordingly as you will get wet.



GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday.

MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and

be current on their real estate taxes. If you or someone you know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most

ART EXPLORATION Toledo Museum of Art

The Toledo Museum of Art will begin its summer camp Aug. 18-20. 10 a.m.-Noon and 1 p.m.-2:30p.m. Only 15 per people per session. Make sure to sign up on sheet.

Vitality Art Show Opening Reception Thurs., Sept. 3, 5-7.

Next class **Pop Art Sweets** with Adrienne begins Tuesday, 9/8-10/27 at 10:00 a.m.-11:30 a.m.

GLASS BLOWING

The Toledo Museum of Art will be doing a glass blowing demonstration on Tuesday, August 4th. 12-2 p.m. Limited to the first 15 seniors that sign up.

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month will be deleted.

CHICKEN & DUMPLIN' FUNDRAISER

The East Toledo Senior Center will be holding a Chicken & Dumplin' Dinner fundraiser on Friday, August 21, 2026 from 4-6 p.m. Cost is \$10 and includes Homemade Chicken & Dumplings, mashed potatoes, roll with butter, dessert and beverage (with dine-in). Dine in and Carry-out available. All proceeds will benefit ETSC programming.



Seniors in Need?

If you are a senior citizen 60 or better, in need of food or hygiene items, please let either Brenda or Derek know. We are working on resources for those in need. All requests will remain anonymous, and will be handled discretely. **WE HAVE THESE ITEMS AVAILABLE.**

BREAKFAST

Due to low attendance and many no-shows, we will not be serving breakfast for a while.

CHAIRS

It is very important that everyone push their chairs in when getting up from tables. Even if it is only for a couple of minutes, please push them in. This is a major falling hazard! Thank you for your cooperation on this matter.

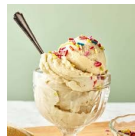
LUNCH ORDER OR CANCEL EXT. 9

REMINDER!!

Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.

ICE CREAM SOCIAL

The ETSC will be having its Annual Ice Cream Social on Wednesday, August 12, 2026 beginning at 11:45 a.m. The cost is \$5 and includes lunch, ice cream with toppings, and the option to Pan for Gold. The panning for gold will be done outside, so please dress accordingly as you will get wet. You **MUST** pay in advance by Friday, August 7, 2026.



HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center on the 4th Thursday of every month March– October at 6 pm.



APPOINTMENTS REQUIRED!!!!

Beginning May 1st, appointments will be **REQUIRED** to meet with Derek regarding needing transportation, tech help with phones, tablets, etc. There will be two marked file holders on his door. One will have a form to complete and put in the other filed holder. If he is busy he will have a Do Not Disturb sign on the door; so do not enter. There will be no appointments available on Monday's. Thank you for your cooperation on this matter.



SAVE THE DATE

The East Toledo Family Center will be celebrating it 125th . They will be having a celebration on Saturday, August 8, 2026 Glass City Metro Park. Watch for cost and time in the near future.



WELL CHECKS

Mercy Health will be here well checks on Monday, August 28th from 11:00-1:00.



CHORE

Reminder! To get on list for 2026, make sure to call 419-691-2254 EXT 205, beginning January 2, 2026! If you leave a message, make sure you leave your name, number and address. We will record them in the order they are received.

East Toledo is full!

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

We DO NOT stop service for non-payment.

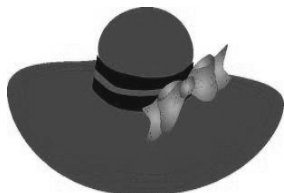


RED HAT SOCIETY

The Red Hats will be meeting ETSC's Ice Cream Social on Wednesday, August 12th beginning at 11:45 a.m. Cost is \$5. Must sign up and pay by Friday, August 7th.

Thursday, Aug. 13 at 4:30 p.m. we will be going to The Mockingbird Wine Bar at 4:30 p.m. 4408 N. Elliston-Trowbridge Rd. Graytown, OH 43432.

Please sign up on sign up sheet.



SENIOR SOFTBALL

We are selling tickets for the Softball Drop on August 12th during the games. They are \$10/golf ball ticket. Winner will receive \$1,000!! See Brenda at the games for tickets!

Many of you knew/played with Russ Doerr for many years. You probably remember him as the person that call the players on their birthdays. There will a memorial between games on Monday, August 3rd. You are welcome to say a few words.

SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



Birthday Treats

Birthday Treats will be on Wednesday, August 26th.



BOOK DONATIONS

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

Joyce Berry
Lester & Joyce Baumer
Blanche Bailey
Jay from SwisherDogs

Let us know if you or someone you know are in need of prayer.



WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

DAY TRIPS & MULTI-DAY TRIPS

2026 DAY TRIPS

Keep your eyes open! See insert for 2026 Day Trips! You can only be put on the list when you pay. See Derek or Patty.



Volunteers Needed!!

We are looking for volunteers to help around the center during the week of October 12-19. Brenda & Derek will be out of the building on the New Orleans bus trip.

If you are willing to help let Brenda or Derek know.



2026 MULTI DAY TRIP

New Orleans

7 days 6 nights

October 11-17, 2026

\$954 per person (Double Occupancy)

Includes: Motor coach transportation

6 nights lodging including 4 consecutive nights in the New Orleans area.

10 meals: 6 breakfasts and 4 dinners,

Guided tour of New Orleans
Admission to the National World War II Museum
Gaming at fabulous

New Orleans' Casino
Admission to Mardi Gras World

Relaxing Riverboat Cruise on the Mississippi River
Enjoy Historic New Orleans French Quarter

\$75 per person deposit due by June 1, 2026 to save you spot on the trip.

Waiting List ONLY!!!



FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center. Next pantry will be on August 6, 2026.

**Chicken
& Dumplin'
Fundraiser**

**Friday
August 21st
4-6 pm**

\$10

**DINE-IN
OR
TAKE-OUT**

Homemade Chicken & Dumplings
Mashed Potatoes
Roll w/ Butter
Dessert
Beverage



All proceeds go to
ETSC to help
support programming

East Toledo Senior Center
1001 White St. Toledo, OH 43605
419-691-2254



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



Non-Profit Org.
US. Postage
PAID
Permit No. 661
Toledo OH

EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES