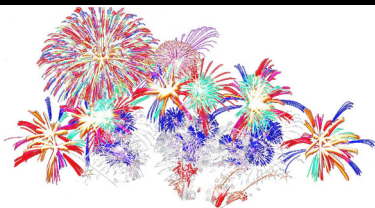



July 2025

Name: _____

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.

Mon	Tue	Wed	Thu	Fri
	1 Turkey & Ham Chef Salad Cottage Cheese Pears Garlic Bread	2 Spaghetti w/ Meatballs Corn Side Salad Fruited Jell-O Bread Stick	3 Fried Bologna Sandwich Coleslaw Baked Beans Chips Fresh Orange	4 Closed for Independence Day
7 Chicken Patty Sandwich Sweet Potato Fries Ranch Cucumber Salad Pineapple	8 Grilled Chicken Cesar Salad Cottage Cheese Baby Carrots Apples w/ Caramel Dinner Roll w/ Butter	9 Sloppy Joes French Fries Crispy Brussels Sprouts Pears	10 Baked Ham Scalloped Cauliflower Cream Corn Peaches Bread w/ Butter	11 Liver & Onion Mashed Potatoes w/ Gravy Corn Apple Sauce Roll w/ Butter
14 Chicken Tenders French Fries Corn Mac N' Cheese Pears	15 Ham & Cheese Sliders Coleslaw Baked Beans Fresh Peach	16 Chicken Paprikash w/ Spaetzle Green Beans Corn Apple Sauce Bread w/ Butter	17 Cabbage Roll Casserole Carrots Peaches Bread w/ Butter	18 Meatloaf Mashed Potatoes w/ Gravy Green Beans Corn Casserole Fruit Cocktail
21 Cheese Burger Onion Rings Broccoli Pineapple	22 BBQ Meatballs Rice Green Beans Corn Apple Sauce	23 Tuna Noodle Casserole Peas Glazed Carrots Fruit Cocktail Roll w/ Butter	24 Beef Tacos Refried Beans Guacamole Spanish Rice Mandarin Oranges	25 Smothered pork chops Noodles Green Beans Cauliflower Peaches Bread w/ Butter
28 Hot Dog Potato Salad Side Salad Watermelon	29 Stuffed Peppers Mashed Potatoes Brussels Sprouts Fruit Cocktail Bread w/ Butter	30 Turkey Bacon Club Chips Broccoli Salad Baked Beans Peaches	31 Cubed Steak w/ Mushroom Gravy Mashed Potatoes Glazed Carrots Pears Roll w/ Butter	

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.