

East Toledo SENIOR CENTER

Menu for August 2026

**For information on individual ingredients
please see a staff member.**

**Food allergy notice: Please be advised that food
prepared here may contain these ingredients:
MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS,
FISH & SHELLFISH.**



East Toledo Senior Center Dining Site 1001 White
Street Toledo, Ohio 43605. **To make lunch
reservations, please call 419-691-2254 ext. 9**
Suggested donation is \$2.50 for those aged 60
and over.

A choice of white or chocolate milk is offered
daily with each meal.

August Week 1

MON~ 8-3 CHICKEN BROCCOLI CASSEROLE

Bread w/ Butter, Apple

TUES~ 8-4 GOULASH

Corn, Green Beans & Pears

WED~ 8-5 WAFFLES

Eggs, Potatoes, OJ & Cottage Cheese

THUR~ 8-6 TATER TOT CHICKEN POT PIE

Peaches & Bread Stick

FRI~ 8-7 MEATLOAF

Mashed Potatoes, Corn, Applesauce,
Bread w/ Butter



August Week 2

MON~ 8-10 ITALIAN SUB

Chips, Pears

TUES~ 8-11 TURKEY CLUB

Pretzles, Fruit Cocktail

WED~ 8-12 ICE CREAM SOCIAL NO LUNCH TODAY

THURS~ 8-13 TURKEY CORN BREAD BAKE

Fruit Cocktail & Green beans

FRI~ 8-14 LIVER & ONIONS

Mashed Potatoes, Peas & Carrots &
Applesauce



August Week 3

MON~ 8-17 CREAMY CHICKEN NOODLES

Side Salad, Corn, Apple & Bread stick

TUES~ 8-18 BBQ BEEF SANDWICH

Cottage Cheese, Peaches, Chips & Coleslaw

WED~ 8-19 STUFFED PEPPER CASSEROLE

Pears & Roll w/ Butter

THUR~ 8-20 BOLOGNA SALAD SANDWICH

Broccoli & Fruited Jell-O

FRI~ 8-21 CHICKEN STIR-FRY

Noodles, Spring Roll & Manadrin Oranges



August Week 4

MON~ 8-24 GRILLED PORK CHOP

Sweet Potato, Cottage Cheese, Fruit
Cocktail & Roll w/ Butter

TUES~ 8-25 CHICKEN SALAD SANDWICH

Chips, Mandarin Oranges

WED~ 8-26 CORN DOG

Mashed Potatoes w/ Gravy, Corn,
Peaches

THURS~ 8-27 LASAGNA

Green Beans, Corn, Pineapple & Garlic
Bread

FRI~ 8-28 SHRIMP SCAMPI

Cheddar Biscuit, Broccoli & Apple Sauce



August Week 5

MON~ 8-31 SAUSAGE GRAVY AND BISCUIT

Hash Brown, Scrambled Eggs, Peppers & onions, Orange Juice

