

November 2025

Name: _____

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.

Mon	Tue	Wed	Thu	Fri
3 <i>BBQ Meatballs</i> <i>Rice</i> <i>Roasted Brussels Sprouts</i> <i>Broccoli</i> <i>Pears</i> <i>Roll w/Butter</i>	4 <i>Corn Chowder</i> <i>Deluxe Chicken Sandwich</i> <i>Peaches</i>	5 <i>Honey Garlic Chicken</i> <i>Udon Noodles</i> <i>Broccoli</i> <i>Carrots</i> <i>Mandarin Oranges</i> <i>Breadstick</i>	6 <i>Pulled Pork Mac N Cheese</i> <i>Corn</i> <i>Baked Beans</i> <i>Fruit Cocktail</i> <i>Bread w/ Butter</i>	7 <i>Meatloaf</i> <i>Mashed Potatoes</i> <i>Green Beans</i> <i>Peaches</i> <i>Bread w/ Butter</i>
10 <i>Fried Bologna Sandwich</i> <i>Potato Salad</i> <i>Carrots w/ Ranch</i> <i>Apple</i>	11 <i>Beef Taco Bar</i> <i>Lettuce & Tomato</i> <i>Rice & Beans</i> <i>Mandarin Oranges</i>	12 <i>Fried Chicken Livers</i> <i>Stuffing</i> <i>Cauliflower Au Gratin</i> <i>Corn</i> <i>Fruited Jell-O</i>	13 <i>Italian Chicken</i> <i>Mashed Potatoes</i> <i>Green Beans</i> <i>Pears</i> <i>Roll w/ Butter</i>	14 <i>Tuna Salad Sandwich</i> <i>Side Salad</i> <i>Apple</i> <i>Brussels Sprouts</i>
17 <i>Ham & Cheese "Lunchable"</i> <i>Carrots</i> <i>Celery w/ Ranch</i> <i>Peaches</i>	18 <i>Chili</i> <i>Green Beans</i> <i>Baked Cauliflower</i> <i>Fruit Cocktail</i> <i>Corn Bread</i>	19 <i>Marry Me Chicken Pasta</i> <i>Side Salad</i> <i>Mixed Veggies</i> <i>Mandarin Oranges</i> <i>Bread Stick</i>	20 <i>Garlic Butter Tilapia</i> <i>Wild Rice</i> <i>Greens</i> <i>Cauliflower</i> <i>Roll w/ Butter</i>	21 <i>Chicken Salad Sandwich</i> <i>Coleslaw</i> <i>Baked Beans</i> <i>Pears</i>
24 <i>Turkey & Cheese Sandwich</i> <i>Chips</i> <i>Mac Salad</i> <i>Pineapple</i>	25 <i>Beef Stroganoff</i> <i>Carrots</i> <i>Side Salad</i> <i>Fruited Jell-O</i> <i>Biscuit</i>	26 <i>Chicken Pot Pie Casserole</i> <i>Carrots & Peas</i> <i>Peaches</i> <i>Biscuit</i>	27 <i>Closed for Thanksgiving</i>	28 <i>Closed for Thanksgiving</i>

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.