

# SENIOR PAGES

February 2024

Volume 29 Issue 2

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## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in March, June, September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house?).

The first day they will be here is Thursday, March 14, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.



## VALENTINE'S DAY CELEBRATION!!!

We will celebrate Valentine's Day on Feb. 14th beginning at 11:30 a.m. It will be different than in the past. It's a semi-formal (optional but not required) celebration where you come for a nice meal, music, snacks and talk about years past. Please bring a picture of yourself as a couple or individual from years past. We are going to play a game called Now & Then. There will be a take away and door prizes. The cost is \$5/ person. To sign up, you must see a staff and pay to be on the list.



## MISSION STATEMENT

In the community, for the community, strengthening one life at a time.

## MARK YOUR CALENDAR

### Feb 6,13,20,27

Euchre  
12:15 p.m.

### Feb 5,12,26

Trivia  
12:30 p.m.

### Feb 5,12,26

Line Dancing  
1:00p.m.

### Feb 8,22

Bunco  
12:30

### Feb 8

Dream Travelers  
10:30 a.m.

### Feb 29

Diamond Club  
12:30 p.m.

### Feb 9, 23

Coffee & Donuts  
9:00 a.m.

### Feb. 2,9,16,23

Golf, Card game  
10:00 a.m.

### Feb. 13

Nurse Kelly  
9:30 a.m.-12:30 p.m.

### Feb 14

Valentine Celebration  
12:30

### Feb. 19

Center Closed  
President's Day

### Feb. 23

Dog Biscuit Making  
12:30

### Feb 22

Book Club  
1:00 p.m.

### Feb 26

Well Check  
10-12:30

## HELP FOR SENIORS

On Tuesday, February 13th, a representative from the Area Office on Aging, Vickie Smiley, will be here to tell us some benefits that are available to seniors. One is cheaper rates for our cable bills. She is also willing to check to see if you qualify for benefits. Vickie is full of information and wants to help you take advantage of all the resources that are available. **She will be speaking with us during lunch, so please consider ordering lunch.** You do not have to be having lunch here to listen to the presentation. Be here at approximately 11:30 to make sure you are here for the beginning of the program. Please mark your calendar with this very informative and important presentation.



## COLLABORATIVE PARTNERS

Area Office on Aging of NW Ohio  
Cleveland Cliffs  
Eggleston-Meinert-Pavley Funeral Home  
Walker Funeral Home  
Hope Community Church  
Majestic Care  
Orchard Villa  
Seagate Food Bank  
St. Charles Mercy Hospital  
Toledo Refining  
Toledo Police Department

## PARTICIPANT'S COUNCIL

The East Toledo Senior Center is required to have a Participant's Council. This group meets once a month on the first Wednesday at 3:00 p.m. They discuss ideas or issues that may be going on with programming. We have a few people but would like to add a few more. The people just need to be a senior participant and be a current member. Please let Derek know if you are interested. The next meeting will be on January 3, 2024.

## Wii BOWLING

We will be offering 2 leagues. One will begin on Monday, Jan. 8th at 10 a.m. and also Wednesday, Jan. 10th at 12:30 p.m. Each league can have 8 players! The cost for bowling is FREE and we will have an "End of the season potluck" on Wednesday, February 28th at 12:30 p.m. Sign up sheets will be out in December. **As of now, there will only be bowling on Wednesday's.**

## EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month's menu the next time you are here.

## LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

## REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone off and came back here, they will not go back out to pick others up.

So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

## BOOK CLUB

Mother-Daughter Murder Night-  
Nina Simon

Thursday, February 1, 2024 @ 1

High-powered businesswoman Lana is proud of her keen intelligence, impeccable taste, and the L.A. real estate empire she's built. But when she finds herself trapped 300 miles north of the city, convalescing in a sleepy coastal town with her adult daughter Beth and teenage granddaughter Jack, Lana is stuck counting otters instead of square footage—and hoping that boredom won't kill her before the cancer does.

Then Jack—tiny in stature but fiercely independent—finds a dead body while kayaking. She quickly becomes a suspect in the homicide investigation, Beth thinks Lana should focus on recovery, but Lana has a better idea. She'll pull on her wig, find the true murderer, protect her family, and prove she still has power. The three uncover a web of lies, family vendettas, and land disputes in a community populated by folksy conservationists and wealthy ranchers. But their amateur snooping advances into ever-more dangerous territory.

**\*\*See Patty for a book**

## CHORE SERVICES

If you missed the lawn care list for last summer, beginning January 2, 2024 is the time to call to be put on a list! **Spaces are filling up quickly.** It is a first call first serve basis!

**Snow Removal is not a list. You must call each and every time you need the service. If you are an Oregon resident, you must have received lawn care over the summer to receive snow removal.**

Chore suggested donation will be based on your household income and a sliding scale fee.

## RED HAT SOCIETY

We have our very own registered chapter of the National Red Hat Society, the RED HOT MAMAS!

Sunday, Feb. 18th—3 p.m.  
Barefoot in the Park at Fassett School.

Thursday, March 7th 12:30 p.m. Lunch at Cinco De Mayo in Rossford.



Please look for the sign up sheets for more information and to sign up or contact Gail Broeker for more information.



## SENIOR SOFTBALL SPONSORS

East Point Physical Therapy  
Hartkopf DDS  
Bull Moose Retirement Planning Co.  
NDS Payroll & HR  
Pacesetter Property Mgmt.  
Chase Freight Systems  
Navarre Carryout  
Sidelines  
Clean Care  
Ralphie's  
Michelob Ultra  
Barrow's Jewelers

## LET'S GET CRAFTY!!

The ETSC will be having a craft class monthly craft class planned by staff. To have a spot, you must sign up and pay so we can make sure we provide enough supplies.

On February 15th at 10 a.m. we will be making a Luminary. This is a 2 part craft and we will finish on Feb. 22nd. The cost is \$8 and is due by February 9, 2024,

In March, we will be making a Farmhouse Lantern. This is also a 2-part class. First one is Thursday, March 21, 2024 at 10:00 am. And finish on Thursday March 28th. Cost is \$8.00 and must be paid for by Friday, March 15, 2024.

## CENTER CLOSED

**MONDAY,**

**FEBRUARY 19, 2024**

## PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Bev Hilkins (recuperating)  
Andy Aranyosi (recuperating)  
Laura Nixon  
To the Families of  
Ginny Gruetter (passed in October)  
Jennie Snyder Heeren

Let us know if you or someone you know are in need of prayer.

## DOG BISCUIT MAKING!

Our staff member, Derek, will be leading a class on making Dog Biscuits to celebrate National Dog Biscuit Day and the love we have for our four legged family members. The class will be on Feb. 23rd at 12:30 p.m. The cost is \$5 (the batch makes a dozen), and they will be baked on Friday and ready for pick up on Monday Feb. 26th.



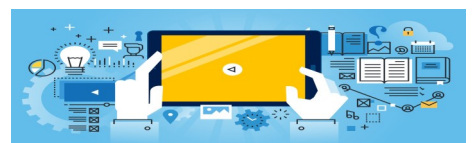
## WEBSITE

Check out our new Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)



## FREE BINGO

There will be Bingo on Thursday, Feb 1 at 12:30 p.m. Stephanie from Majestic Care will be sponsoring Bingo on Thursday, Jan. 15th at 12:30 p.m. .

While this is a drop-in activity we recommend signing up so we know how many to set up for.

## CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **Beginning Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

## WANT TO PLAY SHUFFLEBOARD?!

We would like to begin offering the chance to play We do not have a day or time set up yet.

We want to know if you are interested in playing. This is for men and women just like in the past!



Please let a staff member know if you would be interested.

## WISH LIST

50" New Smart TV  
72" Round Plastic Table  
coverings in various colors  
New/Gently used adult wheel-  
chairs

## YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.



## FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

## NURSE KELLY

Nurse Kelly February 13 2024 from 9:30 a.m.-12:30 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

## TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

## TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

## TRIPS AND LUNCHES

Many of you sign up for lunch for the entire month and we love that! If you sign up for a trip or event not at the center, please remember to cancel your lunch for that day. If you cannot come to lunch due to the center not being able to provide transportation, please cancel. We do not know if you found another way to get to the center for lunch. Too much food is being wasted because the kitchen is getting higher numbers than needed for lunch. Thank you for your cooperation on this matter.

## BASKETBALL

Basketball will be played in the gym at the East Toledo Family Center through April. They will be playing on Tuesday's and Thursday's at 8 p.m.

It's a great way to stay in shape for Softball this summer!

This is a drop in program so there is no registration.



## REFUNDS

**Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.**



## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



## BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in February:

**Feb. 1, 15, 29**  
**1:30 p.m.-2:30 p.m.**

Come check out what they have.

This is open to the community.

## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

## COFFEE & SWEETS

We will enjoy coffee & donuts on Friday Feb. 9th and 23rd at 9:00 a.m.



You can enjoy music and mingling with friends until lunch time! This will be a great way to unwind from the week and to kick off the start of the weekend!! Voluntary donations will be accepted.

## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION

A new session has begun. They are teaching Introduction to Flat Glass with Kathy, from the Toledo Museum of Art, leading the class. The class is for seniors and better and limited to 15 participants.

The class is full but you are welcome to come and watch.



## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

**During Fall and Winter we will be doing soup on Tuesdays as often as possible!**

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

## RALPHIES

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC  
1001 White St.  
Toledo OH 43605

## DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**8 Countries in 8 days**  
**Thursday,**  
**February 11, 2024**  
**10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

**Please mark Y for yes, or N for no, for lunch when you sign up.**

## BREAKFAST

We will once again begin offering breakfast a couple of times a month! We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

Feb. 2- Omelets to order, hash browns, something sweet (tbd), juice & coffee.

Feb. 16- Corned beef hash, eggs, toast, something sweet (tbd), juice & coffee.

It is a \$2.50 voluntary donation.



## LUNCH ORDER OR CANCEL EXT. 9

## 2024 SENIOR SOFTBALL

Registration forms for 2024 Senior Softball have been mailed out! Watch your mailbox!

EARLY BIRD REGISTRATION FEES POSTMARKED BY JANUARY 31, 2024 WILL RECEIVE A DISCOUNT. Registration deadline is March 11, 2024. Registrations postmarked after this date will be assessed a \$10 late fee. This fee must be paid before player is placed on a roster.

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form.

You may also use the option of registering on our website at <http://HTOSports.com/etsacsoftball> and paying with PayPal. There is a \$2 bank fee for all PayPal transactions. If you did not receive one in the mail by the second week of January 2024, please notify us. Let's make this a great season!



## WEATHER CLOSINGS

Please note that our weather closing policy is as follows:

Watch your local news stations to make sure we are open on days of inclement weather. We will close if **LUCAS COUNTY** is under a level 2 or 3 Snow Emergency. If you are a PASSPORT client, the driver will notify you as to whether or not they will be able to transport you to your appointment due to road conditions.

**Although, even if the weather is bad, please watch the local tv stations in case we close without a snow emergency.**

## WELL CHECKS

We now have blood pressure screenings at several times during the month.

Please check the calendar listings for dates and times.



## DAY TRIPS

.Keep you eye out for the March newsletter! We are now planning the 2024 Day trips!

As soon as you decide if you want to go on any/all, it's important to pay asap to get your name on the list.

These trips are popular and always fill up quickly!



# 2024 MULTI-DAY TRIPS

## LANCASTER SHOW TRIP

June 10-14, 2024

\$829 per person (based on double occupancy).

Motor coach transportation  
4 nights lodging  
8 meals

- \*Admission to "Daniel" Show
- \*Admission to a show at the Magic & Wonder Theatre
- \*Admission the *The Amish Experience* and *Jacob's Choice* at the F/X Theatre
- \*Admission to the Gettysburg National Park & Guided Battlefield Tour

Visit to charming Kitchen Kettle Village

\*Guided Tour of Lancaster

\$75/per person due by 1/29/2024



## \*VERMONT

September 16-21, 2024

\$955 per person (based on double occupancy).

**This is filling up fast!**

Motor coach transportation  
5 nights lodging  
8 meals

- \*Tour of an authentic Vermont Maple Farm.
- \*Tour of Ben & Jerry's Ice Cream Factory
- \*Dinner Cruise of Beautiful Lake Champlain with Entertainment
- \*Admission to Shelburne Museum
- \*Visit to Cold Hollow Cider Mill
- \*Tour of Rock of Ages Granite Quarry
- \*Visit to Stowe Village

\$75/per person due by 5/1/2024



## DIAMOND CLUB

"**Diamond Club**" is for all participants aged 75 and over. is \$5.00

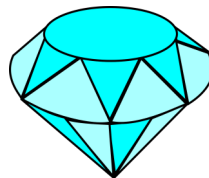
Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

Thursday, February 29 at 12:30, we will be having a "Wish it Were Summer" Party!

We will play some games and have Ice Cream too! The cost

Watch for the sign up sheet so we know enough Ice Cream for everyone!!

On Wednesday, March 27th at 12:30 p.m. with will have an "Out of This World Party"! More details later!



East Toledo Senior Center

## DIAMOND CLUB Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

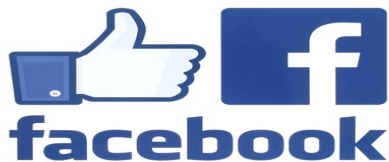
City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

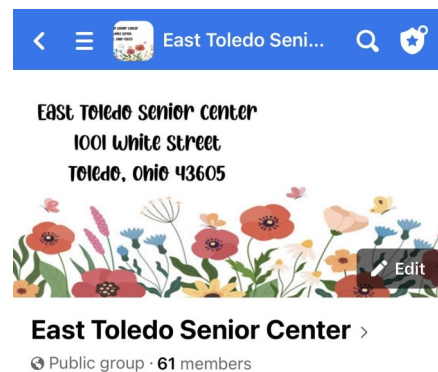
Cost to play is \$1.00; no experience necessary, we will teach you.



With all of the issues we have had recently, we are back on Facebook! Unfortunately, we no longer have access to our old Facebook page. Instead, we now have a **Facebook GROUP**.

How to find us?

1. Go to your home page.
2. Find the search bar and type in "East Toledo Senior Center".
3. You should see our public group! →
4. Now, you will see a blue bar that says "Join Group"



Once you click that, you will be in our group where you can see what else is happening at the center.

If you're having issues finding the group, give us a call!



The East Toledo Senior Center is sponsored in part by



**CENTER CLOSED**  
**Monday,**  
**February 19, 2024**

EAST TOLEDO SENIOR CENTER  
1001 WHITE STREET  
TOLEDO OH 43605

**SENIOR PAGES**

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