

# SENIOR PAGES

July 2024

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**Brenda Holdren**  
Director

**Dave Cutcher**  
Advisory  
Board President

1001 White St.  
Toledo OH 43605

Phone  
419-691-2254

Brenda Holdren ext. 2  
Derek Conley/PASSPORT ext. 5  
Kelly Patterson/ CHORE ext. 4  
Patty Downing/Activities ext. 7  
Steve Smith/Home Repair ext. 6  
Senior Athletics ext. 8  
Lunch RSVP/Cancellations ext. 9

Fax  
419-691-2282

e-mail  
brendah\_etsac@yahoo.com

Website:  
easttoledoseniorcenter.org

## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house?).

We are now taking appointments September 12, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.

## SENIOR DAY AT THE FAIR

We are going to provide transportation to the Wood County Fair on Tuesday, July 30th for Senior Day! You must be age 60 and better. The first 12 people to sign up and pay \$5 for transportation will be able to attend. There must be 5 or more signed up or trip will be cancelled.

We will leave the center at 8:30 a.m. and leave the fair at 2:45 p.m. The menus and fair schedule will be attached to sign up sheet. The lunch will be provided by the Wood County Office on Aging. Must sign up and pay by Thursday, July 18, 2024.



## MISSION STATEMENT

In the community, for the community, strengthening one life at a time.

## MARK YOUR CALENDAR

**July 2,9,16,23,30**

Eucre  
12:15 p.m.

**July 1,8,15,22,29**

Trivia  
12:30 p.m.

**July 1,8,15,22,29**

Line Dancing  
1:00p.m.

**July 4**

Center Closed

**July 12,26**

Bunco  
12:30

**July 12, 26**

Coffee & Sweets  
9:00 a.m.

**July 5,12,19,26**

Golf, Card game  
10:00 a.m.

**July 16**

Nurse Kelly  
9:30 a.m.-12:30 p.m.

**July 5 & 19**

Breakfast  
8:30 am- 9:30 am

**July 11 & 22**

Well Check  
Various (see inside)

**July 17**

Diamond Club  
10:45 a.m.

**July 18**

Bingo  
12:30

**July 30**

Wood Cty Fair  
8:30 a.m.

**August 1**

Book Club  
1:00 p.m.

**CENTER CLOSED!**

The East Toledo Senior Center will be closed on Thursday, July 4, 2024 in observance of Independence Day!

**COUPONS NEEDED**

An Overseas Commissary needs coupons for their military family customers. The coupons can be expired as much as 6 months. Must be manufactured coupons. Please clip coupons before placing in box in McCloskey Room.

**PARKING**

We understand that our parking lot is small and very tore up. This of course, is beyond our control.

Please be considerate of others and make sure you park between the lines and straight. This is also to protect your own vehicle. If you are not parked straight there is a chance of it being hit. Thank you.

**COLLABORATIVE PARTNERS**

- Area Office on Aging of NW Ohio
- Cleveland Cliffs
- Eggleston-Meinert-Pavley Funeral Home
- Walker Funeral Home
- Hope Community Church
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining
- Toledo Police Department

**SENIOR ART CAMP**

The Toledo Museum of Art will be finishing this session with a Summer Art Camp! It is FREE! The dates and times are as follows:

- Monday, July 22nd.
- Tuesday, July 23rd
- Wednesday, July 24th
- Thursday, July 22th

Times are 10 a.m.– 2 p.m. with a lunch break at 11:30. Please sign up for lunch or bring a packed lunch.

**RESTAURANT OF MONTH**

Once a month, we go to a restaurant for dinner. Everyone is on their own for dinner.

**July 18– Bootleggers**  
4 Jefferson St. Port Clinton  
Leave Center at 3 p.m.  
\$5 for transportation.

**August 15– Village Inn**  
4984 N. Holland Sylvania Sylvania, OH  
Leave center at 3 p.m.  
\$5 for transportation

**EUCHRE**

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month's menu the next time you are here.

**LINE DANCING**

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

**REMINDER ABOUT TRANSPORTATION**

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff member has left the building we could still add you. If the staff has already picked everyone off and came back here, they will not go back out to pick others up.

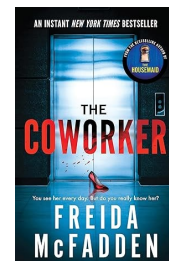
So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

**BOOK CLUB**

The CoWorker by Freida McFadden

Thursday, August 1, 2024 @ 1 p.m.

Two women. An office filled with secrets. One terrible crime that can't be taken back. Dawn Schiff is strange. At least, everyone thinks so at Vixed, the nutritional supplement company where Dawn works as an accountant. She never says the right things. She has no friends....



\*\*See Patty for a book

## BINGO

There will be Bingo on Thursday, July 18th at 12:30 p.m.

While this is a drop-in activity we recommend signing up in advance. **The cost for Bingo will be .25 cents per card and money will be paid out in prizes.**

## CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **As of Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

## WII BOWLING

We will begin our summer session on Wednesday, July 31st at 12:30 p.m. This is a FREE activity having a lot of fun and camaraderie. We can have up to 8 players. There will be free popcorn and drinks.



## WISH LIST

- 50" New Smart TV
- New/Gently used adult wheel-chairs
- Kitchen Aid 7 qt. Professional mixer

## YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.



## FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

## NURSE KELLY

Nurse Kelly will be here on Tuesday, July 16th from 9:30 a.m.– 12:30 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

## TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

## TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

## TRIPS AND LUNCHES

Many of you sign up for lunch for the entire month and we love that! If you sign up for a trip or event not at the center, please remember to cancel your lunch for that day. If you cannot come to lunch due to the center not being able to provide transportation, please cancel. We do not know if you found another way to get to the center for lunch. Too much food is being wasted because the kitchen is getting higher numbers than needed for lunch. Thank you for your cooperation on this matter.

## NUTRITION/SNAP-ED CLASSES

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on July 10th & 31st at 12:30 p.m. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

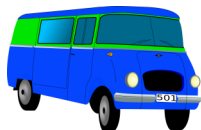


## REFUNDS

**Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.**

## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



## BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in February:

**Date: July 18, 2024**  
**1:30 p.m.-2:30 p.m.**

Come check out what they have. This is open to the community.

## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

## COFFEE & SWEETS

We will enjoy coffee & sweets on Friday July 12th & July 26th.

You can enjoy & music and mingling with friends until lunch time! Voluntary donations will be accepted. **We must have at least 5 signed up by the Wednesday before to have this event.**



## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION Toledo Museum of Art

A new session has begin and is on Tuesday's at 10 a.m.. The leader will be Chudney and will be teaching classes on 2D and 3D Characters Designs.

Class is for those 60 and better and limited to 15 students.



## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
 Columbus OH 43215  
 (614) 466-5500  
[www.goldenbuckeye.com](http://www.goldenbuckeye.com)

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

Please only fill out one menu per month, if you would like to add on days see Derek or Brenda.

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

**RALPHIES**

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC  
1001 White St.  
Toledo OH 43605

**DREAM TRAVELERS**

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**Toledo, Spain  
Thursday,  
July 11, 2024  
10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

**Please mark Y for yes, or N for no, for lunch when you sign up.**

**BREAKFAST**

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

**July 5-** Breakfast Sandwich (bacon or sausage), hashed browns, coffee, juice & something sweet.

**July 19-** Biscuits & Gravy, Scrambled eggs, cheesy potatoes, cinnamon rolls, juice & coffee.



**LUNCH ORDER OR  
CANCEL EXT. 9**

**2024 SENIOR  
SOFTBALL**

**WE ARE STILL ACCEPTING  
REGISTRATIONS!**

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form.

You may also use the option of registering on our website at <http://HTOsports.com/etsacsoftball> and paying with PayPal. There is a \$2 bank fee for all PayPal transactions. Let's make this a great season!

We have a 48+ League that play on Wednesday's and 56+ League that play on Monday's.

Games began on Monday, May 6th and May 8th @ 5:45 pm. Come out and watch them play!



**CHAIR YOGA**

Angie Hayes, from Wider Circle through United Health Care will be coming to lead Chair Yoga on the 2nd & 4th Wednesday's 10-11:30. This is a great call to better your health. Class is FREE.

**WINNER TAKES ALL  
RAFFLE!!!**

Keep your eyes and ears open for our Annual Winner's Takes All raffle tickets to go on sale once again this year!

We will once again draw 2 winners again this year!

**Package #1-** 75 inch Samsung Smart TV, Sound Surround System, Sony Blu-ray/DVD player with built in Wi-Fi.

**Package #2-** 26" Blackstone Grill, 41 piece grilling utensils, Grease catcher, Seasoning and conditioner and a gift certificate to Tanks Meats in Elmore worth over \$100

Tickets will be \$5 each or 6 for \$20. Winning tickets will be drawn on Saturday, September 14th and winner does not need to be present!!!

All proceeds benefit the Senior Softball League!!!

**WELL CHECKS**

.Landings of Oregon will be here on Thursday, July 11th from 11:15 am.- 12:30 p.m.

Mercy Health will be here Monday, July 22nd from 10:00 -12:30.

**CHORE**

**WE HAVE NO SPOTS AVAILABLE FOR LAWN CARE FOR 2024.** If you call, you will be placed on a waiting list. Please note: very seldom are we able to remove people from the waiting list.

A change for this year: **We will no longer be trimming bushes or cleaning gutters.**

Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

Do not call contractors with problems or questions. You must call the center.

**RED HAT SOCIETY**

We have our very own Red Hat Society, the RED HOT MAMAS!

We hope everyone purchases a ticket and attends the Designer Purse Party Bingo fundraiser on Thursday, July 11, 2024.



**SENIOR SOFTBALL SPONSORS**

Compass Care Management  
 Hartkopf Dentistry  
 NDS Payroll & HR  
 Oregon Senior Center  
 Pacesetter Property Mgmt.  
 Navarre Carryout  
 Sidelines  
 Ralphie's  
 Barrow's Jewelers

**THANK YOU FOR YOUR SUPPORT!!!**

**DESIGNER PURSE PARTY BINGO**

We will be having our 2nd Annual Purse Party Bingo Fundraiser on Thursday, July 11, 2024 from 6 p.m.– 8:30 p.m. The cost is \$35/person and includes 10 rounds of Bingo and the coverall. Winners receive a designer purse!!! It also includes catered food. Everyone will receive 2 drink tickets (Pop, water, beer, sangria). There will also be 50/50 raffles and door prizes. Additional cards can be purchased as well as dobbers. All proceeds benefit the ETSC programming. For tickets or more information, call 419-691-2254.

**BIRTHDAY CAKE!!!!**

On Thursday, July 25th we will have Birthday Cake and Ice Cream!

It's not just for those with July birthday's either!!!



**PRAYER CORNER**

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Gina Duris  
 Richard Friess  
 Laura Nixon  
 Neoma Kreais



Let us know if you or someone you know are in need of prayer.

**RED, WHITE & BOOM PARTY!!**

We will be having our annual Red, White and Blue celebration on Wednesday, July 3, 2024. The cost is \$5 and includes lunch, games, prizes, refreshments and sparklers!!!

Sign up and pay by Friday, June 28, 2024.



**WEBSITE**

**Check out our Website!!**

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)

# 2024 DAY TRIPS & MULTI-DAY TRIPS

## CINCINNATI ZOO

Friday, July 25, 2024  
\$40.00

## SANDPIPER CRUISE

August 8, 2024  
\$50.00



## AMISH COUNTRY (Millersburg, Sugar Creek)

Thursday, Sept. 19, 2024  
\$20.00

## FRANKENMUTH

Friday, Oct. 11, 2024  
\$30.00

**MUST PAY TO BE ON LIST**  
**FOR ALL TRIPS!!! THEY ARE**  
**FILLING UP QUICKLY!!!**



## SEATS AVAILABLE!!

### \*VERMONT

September 16-21, 2024  
\$955 per person (based on  
double occupancy).  
**6 seats available!!!**

- Motor coach transportation
- 5 nights lodging
- 8 meals
- \*Tour of an authentic Vermont Maple Farm.
- \*Tour of Ben & Jerry's Ice Cream Factory
- \*Dinner Cruise of Beautiful Lake Champlain with Entertainment
- \*Admission to Shelburne Museum
- \*Visit to Cold Hollow Cider Mill
- \*Tour of Rock of Ages Granite Quarry
- \*Visit to Stowe Village

\$75/per person due at the time of sign up

## DIAMOND CLUB

***"Diamond Club" is for all participants aged 75 and over.***

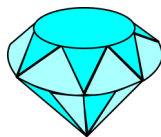
Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

On Wednesday, July 17th, we will be going to the Indian Creek Zoo in Lamberville, MI!

Lunch will be at AJ Doolittle's.

We will leave the center at 10:45 a.m. and return at approximately 3 p.m. The cost is \$20 which includes admission to the zoo and transportation. Everyone will on their own for lunch.

If you sign up for this trip, please **DO NOT** sign up for regular lunch. Must rsvp and pay by Friday, July 12th.



## BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.

East Toledo Senior Center

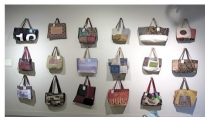
### **DIAMOND CLUB** Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_



# Designer Purse FUNDRAISER

**East Toledo Senior Center**

# \$35

**Thursday, July 11, 2024  
6:00 PM to 8:30 PM**

**1001 White Street  
Toledo, Ohio 43605**

**Must be 21+ to participate in our event.  
10 rounds, plus one Cover-All Round.**

**Refreshments will be available. Including soft drinks, snacks,  
beer and sangria. Limit of 2 drink tickets per person. Tickets  
are available at the East Toledo Senior Center.**

**Guests have the chances to win one of eleven (11) designer  
handbags, with brand names such as Kate Spade, Michael  
Kors, Coach and more! Doors open at 5:30 PM. Food served  
at 6:00 p.m.**

**Games begin at 6:30 PM!**



The East Toledo Senior Center is sponsored in part by  
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER  
1020 Varland Ave.  
TOLEDO OH 43605

**SENIOR PAGES**

Non-Profit Org.  
US Postage  
**PAID**  
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Toledo OH