

SENIOR PAGES

June 2024

Volume 29 Issue 6

Brenda Holdren
Director

Dave Cutcher
Advisory
Board President

1001 White St.
Toledo OH 43605

Phone
419-691-2254
Brenda Holdren ext. 2
Derek Conley/PASSPORT ext. 5
Kelly Patterson/ CHORE ext. 4
Patty Downing/Activities ext. 7
Steve Smith/Home Repair ext. 6
Senior Athletics ext. 8
Lunch RSVP/Cancellations ext. 9

Fax
419-691-2282

e-mail
brendah_etsac@yahoo.com

Website:
easttoledoseniorcenter.org

A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in June, September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house?).

We are now taking appointments September 12, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.

INSPIRATION: A POET'S THOUGHTS

The ETSC will be hosting a poetry workshop on Monday, June 10, 2024 beginning at 10 a.m.

Mary Wolff's, (the previous Director), brother-in-law, Gayle Parlin, at the age of 81 yrs., completed and published his first book, *Inspiration: A Poet's Thoughts*. The workshop consists of the reading and understanding of the poems in the first book in a series of three. It will be presented as a Power Point. The workshop is totally free ; but Gayle will have books here to purchase.

Refreshments/coffee will be provided. Sign up in advance to attend, Let's support Mary and Gayle on this endeavor!!!

MISSION STATEMENT

In the community, for the community, strengthening one life at a time.

MARK YOUR CALENDAR

June 4,11,18,28
Euchre
12:15 p.m.

June 3,10,17,24
Trivia
12:30 p.m.

June 3,10,17,24
Line Dancing
1:00p.m.

June 13, 27

Bunco
12:30

June 14, 28
Coffee & Sweets
9:00 a.m.

June 7,14,21,28
Golf, Card game
10:00 a.m.

June 3,10,17,24
Shuffleboard

9:30 a.m.

June 18
Nurse Kelly
9:30 a.m.-12:30 p.m.

June 7,21
Breakfast
8:30 am- 9:30 am

June 20, 24
Well Check
Varies (see inside)

June 5
Diamond Club
11:45 a.m.

June 6, 20
Bingo
12:30

June 19
Center Closed

June 26

Chicken Dinner
4-7

June 27
Book Club
1:00 p.m.

CENTER CLOSED!

The East Toledo Senior Center will be closed on Wednesday, June 19, 2024 in observance of Juneteenth.

COUPONS NEEDED

An Overseas Commissary needs coupons for their military family customers. The coupons can be expired as much as 6 months. Must be manufactured coupons. Please clip coupons before placing in box in McCloskey Room.

CHICKEN DINNER

The ETSC will be having a Chicken Dinner Fundraiser on Wednesday, June 26, 2024 from 4 p.m.– 7 p.m. Tickets are \$15 and will include, baked chicken, mashed potatoes with gravy, salad/dressing, vegetable, roll/butter and dessert! Food is provided by “Country Catering”. See a staff member for tickets. All proceeds benefit our programming and services.

COLLABORATIVE PARTNERS

- Area Office on Aging of NW Ohio
- Cleveland Cliffs
- Eggleston-Meinert-Pavley Funeral Home
- Walker Funeral Home
- Hope Community Church
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining
- Toledo Police Department

PARTICIPANT’S COUNCIL

The East Toledo Senior Center is required to have a Participant’s Council. This group meets once a month on the first Wednesday at 3:00 p.m. They discuss ideas or issues that may be going on with programming. We have a few people but would like to add a few more. The people just need to be a senior participant and be a current member. Please let Derek know if you are interested. The next meeting will be on July 10, 2024.

RESTAURANT OF MONTH

Once a month, we go to a restaurant for dinner. Everyone is on their own for dinner.

June 6- Erie Diner
9788 S Dixie Hwy.
Erie MI
Leave center at 3 p.m.
\$5 for transportation

July 18- Bootleggers
4 Jefferson St. Port Clinton
Leave Center at 3 p.m.
\$5 for transportation.

EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month’s menu the next time you are here.

LINE DANCING

Join Jo Kandik as she teaches Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come to the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up.

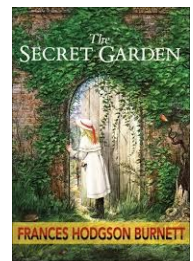
So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

BOOK CLUB

The Secret Garden by Frances Hodgson Burnett

Thursday, June 27, 2024 @ 1 p.m.

In a house full of sadness and secrets, can young, orphaned Mary find happiness? With the help of the Robin, Mary finds the door to a secret garden, neglected and hidden for years. When she decides to restore the garden in secret, the story becomes a charming journey into the places of the heart, where faith restores health, flowers refresh the spirit, and the magic of the garden, coming to life anew, brings health to Colin and happiness to Mary.



**See Patty for book

BINGO

There will be Bingo on Thursdays, June 6 at 12:30 p.m. and June 20 at 12:30 p.m.

While this is a drop-in activity we recommend signing up in advance. **The cost for Bingo will be 25 cents per card and money will be paid out in prizes.**

CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **Beginning Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

SHUFFLEBOARD

Shuffleboard will be played on Monday's at 9:30 a.m. We need at least 4 people to play but can have 8 people by using both courts.

This is for men & women and is easy to learn. Please make sure you sign up for each week.



WISH LIST

50" New Smart TV
New/Gently used adult wheelchairs
Kitchen Aid 7 qt. Professional mixer

YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.



FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

NURSE KELLY

Nurse Kelly will be here on Tuesday, June 18 from 9:30 a.m.– 12:30 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and are sometimes surprised at how much they know. Come join us for fun and make new friends!

TRIPS AND LUNCHES

Many of you sign up for lunch for the entire month and we love that! If you sign up for a trip or event not at the center, please remember to cancel your lunch for that day. If you cannot come to lunch due to the center not being able to provide transportation, please cancel. We do not know if you found another way to get to the center for lunch. Too much food is being wasted because the kitchen is getting higher numbers than needed for lunch. Thank you for your cooperation on this matter.

NUTRITION/SNAP-ED CLASSES

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on the 2nd and 4th Wednesdays from 10:30 a.m.– 11:30 a.m. for the months of June-August. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

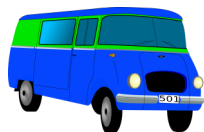


REFUNDS

Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in June:

**Date: June 6th and 20th
1:30 p.m.-2:30 p.m.**

Come check out what they have.

This is open to the community.

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

COFFEE & SWEETS

We will enjoy coffee & sweets on Friday June 14th and 28th.

You can enjoy & music and mingling with friends until lunch time! Voluntary donations will be accepted. **We must have at least 5 signed up by the Wednesday before to have this event.**



MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including windows, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

A new session has begun and is on Tuesday's at 10 a.m.. The leader is Chudney and is teaching classes on 2D and 3D Characters Designs.

Class is for those 60 and better and limited to 15 students.



OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

RALPHIES

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC
1001 White St.
Toledo OH 43605

DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**The Baltics and Poland
Thursday,
June 13, 2024
10:30 a.m.**

With Judy Pfaffenberger leading the tour.

If you would like lunch this day please sign up on a lunch menu and give to a staff member.

The cost is a suggested donation of \$2.50 for the lunch.

BREAKFAST

We offer breakfast twice a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

June 7- Breakfast Casserole, coffee, juice & something sweet.

June 21- English muffins sandwiches (eggs, sausage, cheese), hash brown, juice, coffee, something sweet.



**LUNCH ORDER OR
CANCEL EXT. 9**

**2024 SENIOR
SOFTBALL**

WE ARE STILL ACCEPTING REGISTRATIONS!

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form.

You may also use the option of registering on our website at <http://HTOsports.com/etsacsoftball> and paying with PayPal. There is a \$2 bank fee for all PayPal transactions. Let's make this a great season!

We have a 48+ League that play on Wednesday's and 56+ League that play on Monday's.

Games are on Monday and Wednesdays starting at 5:45 p.m.

Come out and watch them play!



CHAIR YOGA

Angie Hayes, from Wider Circle through United Health Care will be coming to lead Chair Yoga on the 2nd & 4th Wednesday's 10-11:30. This is a great call to better your health. Class is FREE.

**WINNER TAKES ALL
RAFFLE!!!**

Keep your eyes and ears open for our Annual Winner's Takes All raffle tickets to go on sale once again this year!

We will once again draw 2 winners this year!

Package #1- 75 inch Samsung Smart TV, Sound Surround System, Sony Blu-ray/DVD player with built in Wi-Fi.

Package #2- Blackstone Grill, 41 piece grilling utensils, Grease catcher, Seasoning and conditioner and a \$100 Meijer gift Card!

Tickets will be \$5 each or 6 for \$20. Winning tickets will be drawn on Saturday, September 14th and winner does NOT need to be present!!!

All proceeds benefit the Senior Softball League!!!

WELL CHECKS

.Landings of Oregon will be here on Thursday, June 20th from 11:15 am.- 12:30 p.m.

Mercy Health will be here Monday, June 24th from 10:00-12:30.

CHORE

WE HAVE NO SPOTS AVAILABLE FOR LAWN CARE FOR 2024. If you call, you will be placed on a waiting list. Please note: very seldom are we able to remove people from the waiting list.

A change for this year: **We will no longer be trimming bushes or cleaning gutters.**

Chore is a suggested donation and will be based on your household income and a sliding scale fee.

Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

On Thursday, June 13th, we will be going to dinner at Smokey's BBQ Roadhouse.

And we hope everyone purchases a ticket and attends the Designer Purse Party Bingo fundraiser on Thursday, July 11, 2024.



SENIOR SOFTBALL SPONSORS

Compass Care Management
Hartkopf Dentistry
NDS Payroll & HR
Oregon Senior Center
Pacesetter Property Mgmt.
Navarre Carryout
Sidelines
Ralphie's
Barrow's Jewelers

THANK YOU FOR YOUR SUPPORT!!!

DESIGNER PURSE PARTY BINGO

We will be having our 2nd Annual Purse Party Bingo Fundraiser on Thursday, July 11, 2024 from 6 p.m.– 8:30 p.m. The cost is \$35/person and includes 10 rounds of Bingo and the coverall. Winners will receive a designer purse!!! Tickets also includes catered food and Everyone will receive 2 drink tickets (Pop, water, beer, sangria). There will also be 50/50 raffles and door prizes. Additional cards can be purchased as well as daubers. All proceeds benefit the ETSC programming. For tickets or more information, call 419-691

BIRTHDAY CAKE!!!!

On Thursday, June 27th we will have Birthday Cake and Ice Cream!

It's not just for those with June birthday's either!!!



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Gina Duris
Richard Friess
Laura Nixon
Neoma Kreais

Our sympathies go out to the families of:
Bob Lohmeyer
Frank Rosebrock
Tim Wild

Let us know if you or someone you know are in need of prayer.

NUTRITION/SNAP-ED

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes the 2nd and 4th Wednesdays from 10:30 am-11:30 am beginning in June 12th and going through August. With the price of groceries, this may be a great way to learn different recipes and different ways to keep our fresh food longer. This is a FREE class!! Please consider joining as these classes have really helped seniors in the past!

WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

2024 DAY TRIPS & MULTI-DAY TRIPS

MUD HEN'S GAME (full)
 Wednesday, May 29, 2024
 \$20.00

SHIPSHEWANA
 Tuesday, June 18, 2024
 \$30.00

CINCINNATI ZOO
 Friday, July 25, 2024
 \$40.00

SANDPIPER CRUISE
 August 8, 2024
 \$50.00

AMISH COUNTRY (full)
(Millersburg, Sugar Creek)
 Thursday, Sept. 19, 2024
 \$50.00

FRANKENMUTH
 Friday, Oct. 11, 2024
 \$30.00

MUST PAY TO BE ON LIST
FOR ALL TRIPS!!! THEY ARE
FILLING UP QUICKLY!!!



LANCASTER SHOW TRIP
 June 10-14, 2024

CANCELLED!!!!

SEATS AVAILABLE!!

***VERMONT**
 September 16-21, 2024
 \$955 per person (based on
 double occupancy).
We have a few spots left!

Motor coach transportation
 5 nights lodging
 8 meals

*Tour of an authentic Vermont
 Maple Farm.

*Tour of Ben & Jerry's Ice
 Cream Factory

*Dinner Cruise of Beautiful
 Lake Champlain with Enter-
 tainment

*Admission to Shelburne Mu-
 seum

*Visit to Cold Hollow Cider Mill

*Tour of Rock of Ages Granite
 Quarry

*Visit to Stowe Village

\$75/per person due at the time
 of sign up



DIAMOND CLUB

"Diamond Club" is for all participants aged 75 and over.

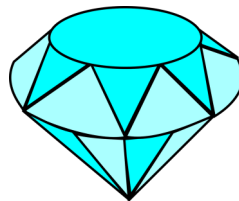
hot dogs, the fixings, sides and Birthday cake and Ice Cream!!

This event is FREE!

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

If you sign up for this, please **DO NOT** sign up for regular lunch. Must rsvp and pay by Wednesday, May 29, 2024.

On June 5th at 11:45 a.m., the Diamond Club will be celebrating its birthday!



We will be grilling burgers and

East Toledo Senior Center

DIAMOND CLUB
 Registration Form

Name: _____

Address: _____

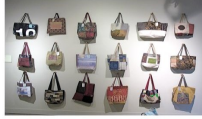
City/State/Zip: _____

Phone Number: _____

BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.



Designer Purse

FUNDRAISER

East Toledo Senior Center

\$35

Thursday, July 11, 2024
6:00 PM to 8:30 PM

1001 White Street
Toledo, Ohio 43605

Must be 21+ to participate in our event.
10 rounds, plus one Cover-All Round.

Refreshments will be available. Including soft drinks, snacks, beer and sangria. Limit of 2 drink tickets per person. Tickets are available at the East Toledo Senior Center.

Guests have the chances to win one of eleven (11) designer handbags, with brand names such as Kate Spade, Michael Kors, Coach and more! Doors open at 5:30 PM. Food served at 6:00 p.m.

Games begin at 6:30 PM!



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605



Non-Profit Org.
US. Postage
PAID
Permit No. 661
Toledo OH