

# SENIOR PAGES

March 2024

Volume 29 Issue 3

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## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in March, June, September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house?).

We are now taking appointments for June 13, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.

## R.S.V.P Program

The Retired Senior Volunteer Patrol is a FREE service for senior citizens that live in Toledo OH. It strives to assist in keeping a watchful eye on those citizens that , through age, family situation, of health reasons, need attention. It is a joint effort of the Toledo Police Dept. and the Area Office on Aging. Volunteers are given a back ground check and go through trainings to participate. The volunteers go to homes to check on the safety and well being of clients. Assist with referrals if needed. Even just come over to visit and talk to help provide companionship. If you would like to have someone visit with you or know someone, have them call the TPD RSVP Office at 419-936-3270. I highly recommend this to anyone that lives alone and doesn't get out or have much company.

## MISSION STATEMENT

In the community, for  
the community,  
strengthening one life  
at a time.

## MARK YOUR CALENDAR

### March 5,12,19,26

Euchre  
12:15 p.m.

### March 4,11,18,25

Trivia  
12:30 p.m.

### March 4,11,18,25

Line Dancing  
1:00p.m.

### March 14,28

Bunco  
12:30

### March 14

Dream Travelers  
10:30 a.m.

### March 8, 22

Coffee & Donuts  
9:00 a.m.

### March 1,8,15,22,29

Golf, Card game  
10:00 a.m.

### March 4,11,18,25

Shuffleboard  
9:30 a.m.

### March 12

Nurse Kelly  
9:30 a.m.-12:30 p.m.

### March 26

Hat Day  
11:30

### March 14

Well Check  
11;15-12:15

### March 25

Well Check  
10-12:30

### March 27

Diamond Club  
12:30 p.m.

### March 28

Book Club  
1:00 p.m.

**FREE MEAL!!!**

On Tuesday, March 19th, First Health will be supplying the lunch. At the time this newsletter is being written, the plan is the food will be coming from Salad Galley. They will be doing a presentation during lunch and also a recognition of veterans. Make sure when you fill out your March menu that you circle March 19th to get a lunch. Please, if you sign up and find out you cannot make it, call so we can let them know that there will be less people.

**SPEAKERS**

It is important that when we have speakers at the center that we give them our undivided attention. They are here to educate us on various topics which can be very helpful to all of us at some point.

Please do not talk during their presentation and if you don't want to listen, please move to the other room until they are done.

**COLLABORATIVE PARTNERS**

Area Office on Aging of NW Ohio  
Cleveland Cliffs  
Eggleston-Meinert-Pavley Funeral Home  
Walker Funeral Home  
Hope Community Church  
Majestic Care  
Orchard Villa  
Seagate Food Bank  
St. Charles Mercy Hospital  
Toledo Refining  
Toledo Police Department

**PARTICIPANT'S COUNCIL**

The East Toledo Senior Center is required to have a Participant's Council. This group meets once a month on the first Wednesday at 3:00 p.m. They discuss ideas or issues that may be going on with programming. We have a few people but would like to add a few more. The people just need to be a senior participant and be a current member. Please let Derek know if you are interested. The next meeting will be on March 6, 2024.

**RESTAURANT OF MONTH**

Beginning in April, we will be having Restaurant of the Month again.

April 4, 2024  
Mail Pouch Saloon (Swanton)  
Leave center at 3 p.m.  
\$5 for transportation.

May 2, 2024  
Shorty's True American Roadhouse 5111 Monroe St.  
Leave center at 3 p.m.  
\$5 for transportation.

**EUCHRE**

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month's menu the next time you are here.

**LINE DANCING**

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

**REMINDER ABOUT TRANSPORTATION**

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone off and came back here, they will not go back out to pick others up.

So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

**BOOK CLUB**

The Revenant By Michael Punke

Thursday, March 28, 2024 @ 1

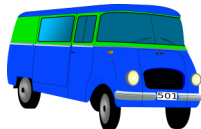
The year is 1823, and the trappers of the Rocky Mountain Fur Company live a brutal frontier life. Hugh Glass is among the company's finest men, an experienced frontiersman and an expert tracker. But when a scouting mission puts him face-to-face with a grizzly bear, he is viciously mauled and not expected to survive. Two company men are dispatched to stay behind and tend to Glass before he dies. When the men abandon him instead, Glass is driven to survive by one desire: revenge. With shocking grit and determination, Glass sets out, crawling at first, across hundreds of miles of uncharted American frontier.

Based on a true story, The Revenant is a remarkable tale of obsession, the human will stretched to its limits, and the lengths that one man will go to for retribution.

\*\*See Patty for a book

## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



## BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in February:

**March 14 & 28**  
**1:30 p.m.-2:30 p.m.**

Come check out what they have.

This is open to the community.

## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

## COFFEE & SWEETS

We will enjoy coffee & sweets on Friday Mar. 8 and 22nd at 9:00 a.m.

You can enjoy music and mingling with friends until lunch time! Voluntary donations will be accepted. **We must have at least 5 signed up by the Wednesday before to have this event.**



## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION Toledo Museum of Art

A new session will begin on Tuesday, March 12, 2024 at 10 a.m.. The leader will be Adrienne and will be teaching a more advanced class on fibers. The class is for Seniors 60 and better and limited to 15 students. Sign up early to secure your spot in the class.



## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

**During Fall and Winter we will be doing soup on Tuesdays as often as possible!**

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

## CHORE

If you missed the lawn care list for last summer, beginning January 2, 2024 is the time to call to be put on a list! **Spaces are filling up quickly.** It is a first call first serve basis!

**Snow Removal is not a list. You must call each and every time you need the service. If you are an Oregon resident, you must have received lawn care over the summer to receive snow removal.**

Chore suggested donation will be based on your household income and a sliding scale fee.

## RED HAT SOCIETY

We have our very own registered chapter of the National Red Hat Society, the RED HOT MAMAS!

Thursday, March 7th 12:30 p.m. Lunch at Cinco De Mayo in Rossford.



Please look for the sign up sheets for more information and to sign up or contact Gail Broeker for more information.



## SENIOR SOFTBALL SPONSORS

East Point Physical Therapy  
Hartkopf DDS  
Bull Moose Retirement  
Planning Co.  
NDS Payroll & HR  
Pacesetter Property Mgmt.  
Chase Freight Systems  
Navarre Carryout  
Sidelines  
Clean Care  
Ralphie's  
Michelob Ultra  
Barrow's Jewelers

## LET'S GET CRAFTY!!

The ETSC will be having a craft class monthly craft class planned by staff. To have a spot, you must sign up and pay so we can make sure we provide enough supplies.

In March, we will be making a Farmhouse Lantern. This is also a 2-part class. First one is Thursday, March 21, 2024 at 10:00 am. And finish on Thursday March 28th. Cost is \$8.00 and must be paid for by Friday, March 15, 2024.

## BIRTHDAY CAKE!!!!

On Wednesday, March 27th, Newcomer Funeral Home will be sponsoring a birthday cake and ice cream! They will also be doing a presentation!



## PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Mary Sundling  
Laura Nixon  
Neoma Krais

To the Family of  
Karol McClellan

Let us know if you or someone you know are in need of prayer.



## HEALTH FAIR

We are having a health fair that will be open to the community of Monday, April 15, 2024 from 10 a.m.– 1 p.m. Invite your family, friends and neighbors to come see what our community has to offer. Mercy Health, Neighborhood Health, Majestic Care, RSVP program though the Toledo Police Dept. and the Lucas County Health Dept are some of the organizations that will be in attendance.

## WEBSITE

### Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)



## FREE BINGO

There will be Bingo on Thursday, Mar. 7th at 12:30 p.m. sponsored by First Health. Stephanie from Majestic Care will be sponsoring Bingo on Thursday, Mar. 21 both begin at 12:30 p.m. While this is a drop-in activity we recommend signing up in advance.

## CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **Beginning Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

## SHUFFLEBOARD

We would like to begin offering shuffleboard on Monday, March 4, 2024 at 9:30 a.m. We need at least 4 people to play but can have 8 people by using both courts.



This is for men & women and is easy to learn. Please make sure you sign up for each week.

## WISH LIST

50" New Smart TV  
New/Gently used adult wheel-chairs

## YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.



## FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

## NURSE KELLY

Nurse Kelly March 12, 2024 from 9:30 a.m.-12:30 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

## TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.- 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

## TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

## TRIPS AND LUNCHES

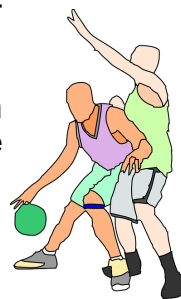
Many of you sign up for lunch for the entire month and we love that! If you sign up for a trip or event not at the center, please remember to cancel your lunch for that day. If you cannot come to lunch due to the center not being able to provide transportation, please cancel. We do not know if you found another way to get to the center for lunch. Too much food is being wasted because the kitchen is getting higher numbers than needed for lunch. Thank you for your cooperation on this matter.

## BASKETBALL

Basketball will be played in the gym at the East Toledo Family Center through April. They will be playing on Tuesday's and Thursday's at 8 p.m.

It's a great way to stay in shape for Softball this summer!

This is a drop in program so there is no registration.



## REFUNDS

**Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.**

## RALPHIES

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC  
1001 White St.  
Toledo OH 43605

## DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**Turkey and the Holy Land**  
**Thursday,**  
**March 14, 2024**  
**10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

**Please mark Y for yes, or N for no, for lunch when you sign up.**

## BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

**Mar. 1**— Pancakes, sausage, eggs, hash browns, juice & coffee.

**Mar. 15**— Omelets to order, hash browns, toast, something sweet, juice & Coffee

**Mar. 29**— French toast Bar with sweet and savory choices, bacon juice and coffee.

## LUNCH ORDER OR CANCEL EXT. 9

## 2024 SENIOR SOFTBALL

Registration forms for 2024 Senior Softball have been mailed out! Watch your mailbox!

Registration deadline is March 11, 2024. Registrations postmarked after this date will be assessed a \$10 late fee. This fee must be paid before player is placed on a roster.

We have several convenient ways to pay your registration fees: Check, Cash, Money Order, Credit Card. If paying with a credit card, please use the enclosed form and mail in with your registration form.

You may also use the option of registering on our website at <http://HTOsports.com/etsacsoftball> and paying with PayPal. There is a \$2 bank fee for all PayPal transactions. If you did not receive one in the mail by the second week of January 2024, please notify us. Let's make this a great season!



## WEATHER CLOSINGS

Please note that our weather closing policy is as follows:

Watch your local news stations to make sure we are open on days of inclement weather. We will close if **LUCAS COUNTY** is under a level 2 or 3 Snow Emergency. If you are a PASSPORT client, the driver will notify you as to whether or not they will be able to transport you to your appointment due to road conditions.

**Although, even if the weather is bad, please watch the local tv stations in case we close without a snow emergency.**

## HAT DAY!!

March 26th is National Hat Day! Let's have some fun and wear a hat/cap whether it be one you wear daily; one from the past or one that you decorated yourself! Did we mention that there will be prizes?! Prizes are sponsored by Landings of Oregon and will be handed out during lunch!

## WELL CHECKS

First Health will be here on March 14th from 11:15 am.—12:15 p.m.

Mercy Health will be here on Monday, March 25th from 10 a.m.—12:30 p.m.

These are great opportunities to get your blood pressure and blood sugars (if offered) checked and keep records to show your own doctors!

## 2024 DAY TRIPS & MULTI-DAY TRIPS

### MUD HEN'S GAME

Wednesday, May 29, 2024  
\$20.00

### SHIPSHEWANA

Tuesday, June 18, 2024  
\$30.00

### CINCINNATI ZOO

Friday, July 25, 2024  
\$40.00

### SANDPIPER CRUISE

August 8, 2024  
\$50.00

### AMISH COUNTRY (Millersburg, Sugar Creek)

Thursday, Sept. 19, 2024  
\$50.00

### FRANKENMUTH

Friday, Oct. 11, 2024  
\$30.00

**MUST PAY TO BE ON LIST**  
**FOR ALL TRIPS!!!**



### LANCASTER SHOW TRIP

June 10-14, 2024

**CANCELLED!!!!**

### \*VERMONT

September 16-21, 2024  
\$955 per person (based on double occupancy).  
**This is filling up fast!**

Motor coach transportation  
5 nights lodging  
8 meals

\*Tour of an authentic Vermont Maple Farm.

\*Tour of Ben & Jerry's Ice Cream Factory

\*Dinner Cruise of Beautiful Lake Champlain with Entertainment

\*Admission to Shelburne Museum

\*Visit to Cold Hollow Cider Mill

\*Tour of Rock of Ages Granite Quarry

\*Visit to Stowe Village

\$75/per person due by 5/1/2024



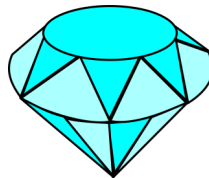
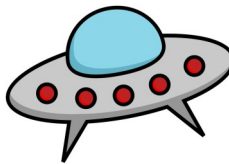
## DIAMOND CLUB

**"Diamond Club"** is for all participants aged 75 and over.

The cost is \$2.00 . Must rsvp and pay by Friday, March 22, 2024.

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

Wednesday, March 27 at 12:30, we will be having and "Out of this World" party! There will be some games and "Out of this World" snacks.



East Toledo Senior Center

### **DIAMOND CLUB** **Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

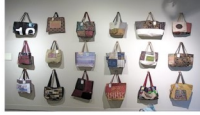
City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.



# Designer Purse FUNDRAISER

**East Toledo Senior Center**

**\$35**

**Thursday, July 11, 2024  
6:00 PM to 8:30 PM**

**1001 White Street  
Toledo, Ohio 43605**

**Must be 21+ to participate in our event.  
10 rounds, plus one Cover-All Round.**

**Refreshments will be available. Including soft drinks, snacks,  
beer and sangria. Limit of 2 drink tickets per person. Tickets  
are available at the East Toledo Senior Center.**

**Guests have the chances to win one of eleven (11) designer  
handbags, with brand names such as Kate Spade, Michael  
Kors, Coach and more! Doors open at 5:30 PM. Food served  
at 6:00 p.m.**

**Games begin at 6:30 PM!**



The East Toledo Senior Center is sponsored in part by  
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER  
1020 Varland Ave.  
TOLEDO OH 43605

SENIOR PAGES

Non-Profit Org.  
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