

SENIOR PAGES

September 2024

Volume 29 Issue 9

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A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month in September and December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house?).

We are now taking appointments September 12, 2024 and December 12, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be

Goulash Dinner Fundraiser

We will be having a Goulash Dinner and Bake Sale on Wednesday, September 25, 2024 from 4 p.m.-7 p.m. The cost is \$10.00 and consists of:

Homemade goulash, breadstick, salad with dressing.



Dine In and Carry out will be available. There will be baked goods for sale at this dinner. If you would like to donate, feel free to let a staff know. We can accept them the day before until 2:45 p.m. or the day of by 1 p.m.

All proceeds benefit our General Budget. This includes all programs and services we provide. We are a non-profit and we do receive Levy monies but they do not cover everything so we need to have fundraisers to cover additional costs including staffing.

MISSION STATEMENT

In the community, for
the community,
strengthening one life
at a time.

MARK YOUR CALENDAR

Sept. 3,10,17,24
Euchre
12:15 p.m.

Sept. 9,16,23,30
Trivia
12:30 p.m.

Sept. 9,16,23,30
Line Dancing
1:00p.m.

Sept. 12,26
Bunco
12:30

Sept 12
Dream Travelers
10:30 a.m.

Sept. 6,27
Coffee & Sweets
9:00 a.m.

Sept. 6,13,20,27
Golf, Card game
10:00 a.m.

Sept. 17
Nurse Kelly
9:00 a.m.-12:15 p.m.

Sept. 20
Breakfast
8:30 am- 9:30 am

Sept. 5,23
Well Check
Various (see inside)

Sept. 5,19
Bingo
12:30

Sept.26
Book Club
1:00 p.m.

Sept 11
Diamond Club
Toledo Zoo
Time 9:45 a.m.

Sept. 6, 19
Tech class w/
Alondra
11am-2pm

HELP!!!!

We are in need of volunteers to help keep the center looking good on the outside. If you enjoy weeding, we could use you to help keep up the weeds on a monthly basis. Let Kelly if you would like to help out. If you know of anyone else or groups that may be interested let us know and we will make sure we have water available. Thank you in advance for your consideration on this matter.

**Tech Class**

For the month of Sept., Alondra will be doing one-on-one help sessions by appointment only on Sept. 19 from 11am to 2 pm. The appointments will last approximately one hour. Let Patty know what time you would like to reserve. Alondra asks that you write down what you need help with and bring the device with you fully charged.

COLLABORATIVE PARTNERS

Area Office on Aging of NW Ohio
Cleveland Cliffs
Eggleston-Meinert-Pavley Funeral Home
Walker Funeral Home
Hope Community Church
Majestic Care
Orchard Villa
Seagate Food Bank
St. Charles Mercy Hospital
Toledo Refining
Toledo Police Department
Toledo Health Dept.

IMPORTANT!!!

Due to setting up for the Chili Cook Off, we will not be having any programming or serve lunch on Friday September 13, 2024.

RESTAURANT OF MONTH

Once a month, we go to a restaurant for dinner. Everyone is on their own for dinner.

September 12– RoiEt

3508 Goodrich
Northwood OH 43619
Leave center at 4 p.m.

No transportation fee

October 10– Cracker Barrel

27491 Helen Dr.
Perrysburg OH 43551
Leave Center at 3 p.m.

\$5 transportation fee

\$5 must be paid when signing up to hold seat on bus.

EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month's menu the next time you are here.

LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone off and came back here, they will not go back out to pick others up.

So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

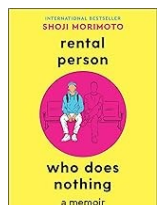
BOOK CLUB

"Rental Person" Who Does Nothing: A Memoir

by Shoji Morimoto
Thursday, Sept. 26 2024 @ 1 p.m.

Shoji was constantly being told by his boss, "It makes no difference whether you're here or not," and that his presence contributed nothing to the company. Morimoto began to wonder whether a person who "does nothing" could still have actual value in the world. Perhaps he could turn "doing nothing" into a service? With one tweet, Rental Person was born. Rental Person provides a fascinating service to the lonely and socially anxious. This book details thousands of his true-life adventures.

****See Patty for a book**



BINGO

Bingo is on the first and third Thursdays at 12:30 p.m.

While this is a drop-in activity we recommend signing up in advance.

Krystin from Aetna, is sponsoring both bingos for September so they will be **Free!**

CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **Beginning Feb 1st, if someone is signed up and misses 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

WII BOWLING**Our Fall Session has begun! Wednesdays at 12:30 p.m.**

This is a FREE activity having a lot of fun and camaraderie. We can have up to 8 players and we currently have 3 spots available. There will be free popcorn and drinks. You can still join in on the fun!

**WISH LIST**

50" New Smart TV
New/Gently used adult wheel-chairs
Kitchen Aid 7 qt. Professional mixer

YOGA

Yoga is held every Monday at 4:30 p.m. This is a free drop in program.

Instructor is back!

**FOOD COMMODITIES**

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

NURSE KELLY

Nurse Kelly will be here on Tuesday, September 17th from 9:00 a.m.– 12:15 p.m. for well checks consisting of blood pressures and weight. She will also check your sugar upon request.

TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

TRANSPORTATION CHANGES

Beginning immediately, we will not be providing transportation to the center for Coffee & Sweets Day. We will still provide it for Breakfast Friday's.

**NUTRITION/SNAP-ED CLASSES**

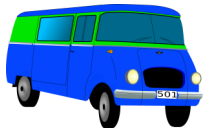
Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on Sept 11th & 25th at 12:30 p.m.-1:30 p.m. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

**REFUNDS**

Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.

TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in February:

Dates: TBD

Come check out what they have.

This is open to the community.

GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

COFFEE & SWEETS

We will enjoy coffee & sweets on Friday Sept 6th & Sept 27th.

You can enjoy & music and mingling with friends until lunch time! Voluntary donations will be accepted.

We must have at least 5 signed up by the Wednesday before to have this event.



MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

ART EXPLORATION Toledo Museum of Art

The next session will once again be on Tuesdays, 10 a.m.-11:30 a.m. Classes will begin on August 27th-October 15th. Teaching Artist will be Lauren, Class Sculpture I.

Class is for those 60 and better and limited to 15 students.



LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

During Fall and Winter we will be doing soup on Tuesdays as often as possible!

We are no longer able to allow you to take your food out.

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

OHIO DEPT. ON AGING

50 W. Broad St./9th Floor
Columbus OH 43215
(614) 466-5500
www.goldenbuckeye.com

PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

RALPHIES

Please help the ETSC Softball League by saving receipts from Ralphie's! You can drop them off or mail them in to:

ETSC
1001 White St.
Toledo OH 43605

DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

Europe A-Z
Thursday,
September 12, 2024
10:30 a.m.

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

Please mark Y for yes, or N for no, for lunch when you sign up.

BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

Sept. 13- NO BREAKFAST

Sept 20- Breakfast Bowl (potato, egg, sausage, cheese, gravy). Something sweet, juice & Coffee

**LUNCH ORDER OR CANCEL EXT. 9****2024 SENIOR SOFTBALL**

2024 Softball season is successfully complete!

The banquet is on Wednesday, September 4th at 6 p.m. at the Senior Center. We will be providing pulled pork and shredded chicken sandwiches and iced tea/lemonade, plates and silverware.

Please bring a dish to share based on the first letter of your last name.

A-J= Salad (any kind)

K-O= Side Dish

Q-Z= Dessert

RSVP to Kelly at 419-691-

HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center.

The regular meetings are on the 4th Thursday of every month through October.

The public is encouraged and welcome to attend.

**WINNER TAKES ALL**

Tickets are now available!

We will once again draw 2 winners again this year!

Package #1- 75 inch Samsung Smart TV, Sound Surround System, Sony Blu-ray/DVD player with built in Wi-Fi.

Package #2- Blackstone Grill, 41 piece grilling utensils, Grease catcher, Seasoning and conditioner and a Tank's Meats gift certificate for a freezer package.

Tickets will be \$5 each or 6 for \$20. Winning tickets will be drawn on Saturday, September 14th and winner does need to be present!!!

All proceeds benefit the Senior Softball League!!!

WELL CHECKS

.Landings of Oregon will be here Sept. 5th from 11:15 am. - 12:15 p.m.

Mercy Health will be here Monday, Sept 23rd from 10:00-12:30.

CHORE

WE HAVE NO SPOTS AVAILABLE FOR LAWN CARE FOR 2024. If you call, you will be placed on a waiting list. Please note: very seldom are we able to remove people from the waiting list. A change for this year: **We will no longer be trimming bushes or cleaning gutters.**

We will determine if we are doing fall clean up by the beginning of October!

Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

Do not call contractors with problems or questions. You must call the center.

RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

On Thursday, September 26th we will go the Hot Sizzling Wok for lunch at 12:30 p.m.

2333 W. Laskey Rd. Toledo OH 43613.

Please contact Gail or Lil with any questions.



SENIOR SOFTBALL SPONSORS

Compass Care Management
Hartkopf Dentistry
NDS Payroll & HR
Oregon Senior Center
Pacesetter Property Mgmt.
Navarre Carryout
Sidelines
Ralphie's
Barrow's Jewelers

THANK YOU FOR YOUR SUPPORT!!!

CRAFT SHOW EXTRAVAGANZA

We will be having our Craft Show Extravaganza on Saturday, November 9, 2024 from 9a.m.-3p.m. The cost is \$35.00. \$15 for one table space and a \$20.00 deposit that vendor will be given back if they stay until at least 2:30 p.m.

It will be held at the senior center (Navarre Park Shelter house) 1001 White St., Toledo OH 43605.

Please see Patty to sign up for a table.

BIRTHDAY CAKE!!!!

On Thursday, September 26th we will have Birthday Cake and Ice Cream!

It's not just for those September birthday's either!!!



CENTER CLOSED

Center will be closed on Monday, September 2, 2024 in observance of Labor day.



PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Shirley Ritter

Let us know if you or someone you know are in need of prayer.



WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

easttoledoseniorcenter.org

2024 DAY TRIPS & MULTI-DAY TRIPS

AMISH COUNTRY (Millersburg, Sugar Creek)

Full!

Thursday, Sept. 19, 2024
\$20.00

FRANKENMUTH

1 Spot Left!

Friday, Oct. 11, 2024
\$30.00

MUST PAY TO BE ON LIST
FOR ALL TRIPS!!! THEY
ARE FILLING UP QUICK-
LY!!!



SEATS AVAILABLE!!

*VERMONT

September 16-21, 2024
\$955 per person (based on
double occupancy).

**We still have a few seats
available!!!**

Motor coach transportation
5 nights lodging
8 meals

*Tour of an authentic Vermont
Maple Farm.

*Tour of Ben & Jerry's Ice
Cream Factory

*Dinner Cruise of Beautiful
Lake Champlain with Enter-
tainment

*Admission to Shelburne Mu-
seum

*Visit to Cold Hollow Cider Mill

*Tour of Rock of Ages Granite
Quarry

*Visit to Stowe Village

Balance due at the time of
sign up

You can sign up until
Sept. 2, 2024



DIAMOND CLUB

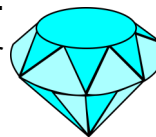
***"Diamond Club" is for all
participants aged 75 and
over.***

Membership to the Diamond
Club is FREE. **If you are not
a member and are aged 75
and over,** simply fill out the
form below and give to a staff
member.

On Wednesday, Sept 11th at
9:45 a.m., you can go the the
Senior Experience Day at the
zoo with the Area Office on
Aging. It's a fun day focused

on seniors, including health
screenings, entertainment,
safety tips and Zoo exploration!
You can also purchase lunch
tickets for \$5 to enjoy lunch in
the Malawi Event Center. You
can see Patty to purchase lunch
tickets in advance by calling
AOoA 419-382-0624. They
may drop off tickets to ETSC to
sell.

If you sign up for this
trip, please **DO NOT**
sign up for regular
lunch.



East Toledo Senior Center

DIAMOND CLUB Registration Form

Name: _____

Address: _____

City/State/Zip: _____

Phone Number: _____

BUNCO

Bunco is the 2nd & 4th Thurs-
day's at 12:30 p.m. **Please**
note change of day and
time!

Cost to play is \$1.00; no expe-
rience necessary, we will
teach you.

CHILI COOK-OFF

SEPT. 14, 2024
6-10 P.M.

16TH ANNUAL

East Toledo Senior Center
1001 White St., Toledo OH 43605

It's that time again!!!!....

Tickets will be \$20 each and will include:

All the food you can eat (chili, hot dogs, baked potatoes, chips, dessert), 4 drink tickets (Beer, Wine, Soda, Water)



The East Toledo Senior Center is sponsored in part by
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER
1020 Varland Ave.
TOLEDO OH 43605

SENIOR PAGES

Non-Profit Org.
US. Postage
PAID
Permit No. 661
Toledo OH

EAST TOLEDO SENIOR CENTER CRAFT



NOVEMBER 9, 2024

9:00A.M.- 3:00P.M.

\$35.00

(\$15.00 for 1 table space,
\$20.00 deposit cash only)

1001 White St.
Toledo, OH 43605
419-322-9635 ext 207

CHILI COOK-OFF



SEPT. 14, 2024

6-10 P.M.

East Toledo Senior Center

1001 White St., Toledo OH 43605

\$20.00 includes: chili, hot dogs, baked potato bar, chips, dessert 4 drink tickets. Special raffles, Chinese Auctions, Prize boards, and much more!

Tickets are available for sale at games and at the center. Remember, this fundraiser is what keeps the softball league going each year.

We are in need of donations such as:

Unscratched lottery tickets, new or re-gifted items for our

auction baskets and of course cash!

Any and all donations will be greatly appreciated!

All proceeds to benefit the ETSC Senior Softball League

EAST TOLEDO SENIOR CENTER
Presents:

CHILI COOK-OFF



SEPTEMBER 14, 2024

6-10 P.M.

East Toledo Senior Center
1001 White St., Toledo OH 43605

CHILI COOK-OFF ENTRY FORM

Saturday, September 14, 2024
6:00 p.m.-10:00 p.m.

East Toledo Senior Center 1001 White Street
Toledo OH 43605

NAME: _____

PHONE #: _____

Rules

1. It is free to enter the chili cook-off, however everyone who comes to the event must purchase a ticket for \$20.00, including chili cook-off entrants.
2. ***Entries must be brought in the night of the event no later than 5:30 p.m.***
3. A minimum quantity entered should be at least 5 quarts. Everyone is responsible for supplying their own crock pot (no roasters can be used). Remember, the more you make the more the people will taste!
4. All entries must be homemade.
5. If you use any nut based oil in the preparation, it must be listed on your crock pot.
6. If you choose to name your chili, you cannot have your personal name in the title. Everyone will be given a number and that is what the judging will go by.
7. "Celebrity" judging will be promptly at 5:45 p.m. and the "People's Choice" ballots will be accepted until 8:00 p.m.

Mail or drop this form off by **Friday, September 6, 2023** to
: East Toledo Senior Center
1001 White St.
Toledo OH 43605

EAST TOLEDO SENIOR CENTER

1001 White St. Toledo OH 43605

Goulash Dinner & Bake Sale

TICKETS \$10.00



Wednesday, September 25, 2024

SERVED BETWEEN 4 pm—7pm

Homemade Goulash, Bread Stick

& Salad w/ Dressing

(Beverages Dine– In only)

Desserts available for Purchase

50/50 Raffle @ 5 p.m.

Do not need to be
present to win

ALL PROCEEDS TO SUPPORT THE
SENIOR CENTER PROGRAMS