

# SENIOR PAGES

July 2025

Volume 30 Issue 7

## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for September 11th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



## TRANSPORTATION COST

Due to the large influx of transportations and unforeseen budget cuts, there are several changes to self-pay transportation (medical, shopping) that will begin May 1, 2025.

- All self-pay transportation will have a \$20 cost per transportation.
- Everyone is limited to (4) non-medical transportations per month.
- Each transportation is limited to (1) stop and then home.
- Payment is due to the drivers the day of service if paying with cash or check. If using a card, please have the driver call in to Derek and payment will be taken over the phone.
- If you are having a procedure that requires driver to stay, you must schedule a minimum of 30 days prior. We must know approximate length of appt. There is an additional \$30 charge for these trips as the driver will be on the clock the entire time.

Thank you for your understanding and cooperation on this matter.

## MISSION STATEMENT

In the community, for  
the community,  
strengthening one life  
at a time.

## MARK YOUR CALENDAR

**July 1,8,15,22,29**  
Euchre 12:15 p.m.  
Art Class 10 a.m.

**July 7,14,21,28**  
Trivia  
12:30 p.m.

**July 7,14,21,28**  
Line Dancing  
1:00p.m.

**July 11**  
Axe Throwing  
1-2:30 p.m.

**July 10,24**  
Bunco  
12:30 p.m.

**July 10**  
Dream Travelers  
10:30 a.m.

**July 11,18,25**  
Golf, Card game  
9:30 a.m.

**July 22**  
Nurse Kelly  
9:00 a.m.-12:00p.m.

**July 18**  
Breakfast  
8:30 am- 9:30 am

**July 24, 28**  
Well Check  
Various (see inside)

**July 3**  
Bingo  
12:30

**July 25**  
Book Club  
1:00 p.m.

**July 13**  
Chicken Paprikash  
Dinner  
12:30 p.m.- 4 p.m.

**July 4**  
CENTER CLOSED

## CHICKEN PAPRIKASH

We will be having a Chicken Paprikash Dinner Fundraiser on Sunday, July 13, 2025 from 12:30-4:30. The cost is \$15/person and includes Chicken, dumplings, vegetable, roll/butter and dessert. Beverage will be available. You can purchase tickets from any staff member.



## MOVIE OF THE MONTH

The East Toledo Senior Center will be having Movie of the Month on Friday, July 18th at 2:15 p.m. Watch for flyers or call Patty for more information. We will provide free popcorn and lemonade.



## COLLABORATIVE PARTNERS

Area Office on Aging of NWO  
Compass Care  
Eggleston-Meinert-Pavley  
Funeral Home  
Food for Thought  
Walker Funeral Home  
Majestic Care  
Orchard Villa  
Seagate Food Bank  
St. Charles Mercy Hospital  
Toledo Refining  
Toledo Health Dept.  
Ayden Healthcare  
Landings of Oregon  
Aetna

## TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment. If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

## BIRTHDAY BINGO

Amanda, with Ayden Healthcare, will be sponsoring a free birthday bingo along with birthday treats on Wednesday, July 23rd, the 4th Wednesday of the month at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



## EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? **WE DO NOT EXCLUDE ANYONE DUE TO AGE, ABILITY, ETC.**

## LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

## REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up.

So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

## BOOK CLUB

"One Italian Summer"

By Rebecca Serle

Friday, July 25, 2025 @1:00p.m.

Katy Silver, grieving her mother's death, travel to Positano, Italy, on a trip they planned together. Katy's mom, Carol, had always talked about a magical summer she spent there before meeting Katy's father. In a surprising twist, Kate encounters a younger version of her mom in Italy, allowing her to connect with her in a way she never had before. The story explores themes of grief, self-discovery, and the complexities of mother-daughter relationships within a magical and realistic setting,



\*\*See Patty for a book

## BINGO

Bingo will be on Thursday, July 3rd at 12:30 p.m. While this is a drop-in activity we recommend signing up in advance.

**The month of July will be free as it is being sponsored by Krystin, with Aetna.**



## CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **If you are signed up and miss 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

## WII BOWLING

Wii Bowling is now offered every week unless an event is planned. This is a FREE activity with lots of fun and camaraderie that begins at 12:30 p.m. **We will no longer have bowling on the 4th Wednesday of the month due to other programming.** There will be free popcorn and beverage for those participating or just watching!

## WISH LIST

**Smart Projector for Movie Days**

## BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.

## FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

## NURSE KELLY

Nurse Kelly will be here on Tuesday, July 22nd from 9-12. She will check weight and blood pressures.



## TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

## TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

## FAMILY MOVIE NIGHT

Mark your calendars for Friday, July 25, 2025! We will have a FREE Family Movie with light refreshments beginning at 6:30 p.m. This is open to anyone. Any persons under 17 yrs. old must be accompanied by a parent or guardian. Watch for flyers for the title of the movie.



## NUTRITION/SNAP-ED

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on Friday, July 11th from 12:30 p.m.-1:30 p.m. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

## CENTER CLOSED

Center will be closed on Friday, July 4th in observance of Independence Day.



## CHORE

Our 2025 list is full. Spaces are limited as people began calling in on January 2, 2025!

Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

Do not call contractors with problems or questions. This can result in you being removed from the list. You must call the center.



## RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

As of the printing of this newsletter, we do not have information on the July activity.

Please contact Gail with any questions or to check on any other plans.



## SENIOR SOFTBALL

Games will be played in Walbridge, OH at Railway Park .

Registrations went out the end of December. It appears many did not receive them for some reason. Please call 419-691-2254 so we can get it in the mail asap, or register online at <http://HTOsports.com/etsacsoftball>

## SPEAKERS

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



## Birthday Treats

July's Birthday treats will be provided by Ayden Healthcare on Wednesday, July 23rd.



## AXE THROWING

We have started a new program ! AXE THROWING!!!! Don't worry they are not real axes! It Will be on the first and third Friday of the month beginning at 12:30 p.m. This is so much fun! This a FREE activity!!!

Look for sign up sheets!

## PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Get Well Wishes for:

Annette Greenwood  
Ron Ohm  
Dave Toth

Let us know if you or someone you know are in need of prayer.



## WEBSITE

Check out our Website!!

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)

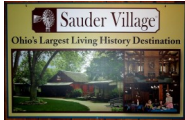


# DAY TRIPS & MULTI-DAY TRIPS

## 2025 DAY TRIPS

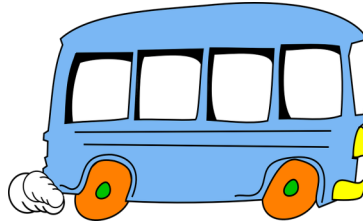
### Sauder's Village

Wednesday, July 16, 2025  
\$35 includes transportation and admission. 9:30-2:30



### Armstrong Air & Space Museum

Thursday, August 14, 2025  
\$25 includes transportation and admission. 9:00-3:00



To reserve a seat on Day Trips, you must pay in full to have your name put on the list.

## 2025 MULTI DAY TRIPS

### Charleston, SC

7 days 6 nights  
October 12-18, 2025  
\$979 per person (Double Occupancy)  
Includes: Motor coach transportation  
6 nights lodging including 4 consecutive nights in the Charleston area.  
10 meals: 6 breakfasts and 4

dinners,  
Visit the Historic Charleston City Market  
Relaxing Harbor Cruise in Charleston  
Visit to Famous and Historic Middleton Place  
Guided tour of Charleston  
Tour of a Historic Charleston Home,  
Guided tour of a Historic Charleston Plantation

**\$75 per person deposit**

## DIAMOND CLUB

***"Diamond Club" is for all participants aged 75 and over.***

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.

We are going to begin having Diamond Club every other month.

On Wednesday, July 16th, we

will be leaving at 12:30 p.m., and will be going to Speed Trap Diner in Woodville OH. Watch for the sign up sheet.



## WOOD COUNTY FAIR

We will be going to Senior Day at the Wood County Fair on Wednesday, July 30, 2025. The bus trip is \$5. **Only those 65 or better can get in free with an ID,** although anyone 60 or better may go.

Sign up for the bus as soon as possible as we are limited to 12 seats. Bus will be leaving the center at approximately 8:00 a.m.



East Toledo Senior Center

### DIAMOND CLUB Registration Form

Name: \_\_\_\_\_

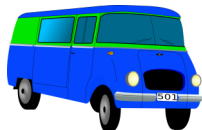
Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



## Ice Cream Social

Join us August 13th at starting at 11:30 for lunch, ice cream, games and more!

Cost is \$5.00 due when you sign up.



Dress accordingly as this is an outdoor event

## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

## COFFEE & SWEETS

As of July, we will no longer be having Coffee and Sweets. **We will still do Breakfast on two Friday's.** Thank you for your support in the past on this event.



## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION Toledo Museum of Art

The next session begins on May 13th-July 1st, on Tuesdays 10 am-11:30 am.

Lauren and Luopu will be teaching starting with a jewelry class.

Class is for those 60+ and limited to 15 students.

## ILLNESS

There MANY illnesses going around right now. For the safety of other seniors and staff, **if you don't feel well or even have a cold, PLEASE STAY HOME!** We all need to protect each other right now. Even if you don't have it bad, others could get it worse than you. **Also, wash your hands regularly.**

## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

## Golf Ball Drop

The East Toledo Senior Center will be having a Golf Ball Drop Fundraiser Wednesday, August 27, 2025. Location TBD. The drop will be on Facebook live at approximately 6pm. You do not have to be present to win. Tickets are \$10, grand prize is \$1,000 cash for the golf ball number that lands closest to the target! See any staff member or use the QR code to buy online!



## DREAM TRAVELERS

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**"South America"**  
**Thursday,**  
**July 10, 2025**  
**10:30 a.m.**

With Judy Pfaffenberger leading the tour.

The cost is a suggested donation of \$2.50 for the lunch.

**Please mark Y for yes, or N for no, for lunch when you sign up.**

## BREAKFAST

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows: (Only 1 in July)

**July 18-** French Toast, meat, hash brown, juice and coffee.

**Menu subject to change!**

## LUNCH ORDER OR CANCEL EXT. 9

## REMINDER!!

**Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.**

## SPAGHETTI DINNER

We will be having a Spaghetti Dinner Fundraiser on Wednesday, August 20, 2025 from 4 p.m.-6 p.m. The cost is \$8 and includes Spaghetti with meat sauce, Side Salad w/dressing, Garlic Toast, Dessert and Beverage. We will offer dine-in or carry-out. Call or stop in to pay today. We are not doing tickets we will just need names and a phone number. Can purchase at the door. Use QR code to purchase online.



## HISTORICAL SOCIETY

The Historical Society hosts regular meetings here at the Senior Center.

**The regular meetings are on the 4th Thursday of every month at 6 p.m. through October and begin again in March.**

The public is encouraged and welcome to attend.



## FARMERS MARKET COUPONS

You can sign up for the Farmer's Market Coupons (which is now a card) now until September. This can be done online through the Area Office on Aging's website.

Our staff will be happy to assist you if needed. Please bring your ID and know your annual income.



## THANK YOU!!

Thank you all that supported the East Toledo Senior Center by attending our restaurant fundraisers over the past few months. Fundraising is a big part of us being able to continue to provide the programs and services to our senior citizens.



## WELL CHECKS

Landings of Oregon will be here Thursday, July 24th from 11:15 am.- 12:15 p.m.

Mercy Health will be here with flu vaccines Monday, July 28th from 10:00-1:00.

<b>East Toledo Senior Center</b> <b>Golf Ball Drop for Senior Programs</b>		
<b>Wednesday, August 27th, 2025</b> <b>Watch on Facebook live</b> <b>at 6:00 PM</b> <b>Prize: \$1,000</b>		
<b>Name:</b> _____	<b>Address:</b> _____	<b>Phone:</b> _____
		<i>*Winner need not be present to win*</i> <i>*Must be 18 to purchase a ticket*</i>

Call 419-691-2254 or stop in at 1001 White St. Toledo, OH 43605 Monday– Friday 8am to 230pm.  
 We accept cash, check or card (no American Express) Or use the QR code to buy online



The East Toledo Senior Center is sponsored in part by  
 Area Office on Aging of NW Ohio



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**SENIOR PAGES**