

October 2025

Name: _____

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.

Mon	Tue	Wed	Thu	Fri
		1 Chicken Patty Sandwich Baked Beans Apple Corn	2 Cold Cut Sandwich Broccoli Salad Mandarin Oranges Coleslaw	3 Fish Fillet Green Beans Peaches Carrot Salad Dinner Roll w/ Butter
6 Hamburger Tot Casserole Corn Pears Bread w/ Butter	7 Stuffed Peppers Mashed Potatoes Mandarin Oranges Green Beans Dinner Roll w/ Butter	8 Chicken Tacos Rice w/ Tomatoes Refried Beans Fruit Cocktail Roasted Corn	9 Closed For Cleaning	10 Closed For Cleaning
13 Cabbage Roll Carrots Peaches Green Beans Roll w/ Butter	14 Fried Chicken Lives & Spaghetti Side Salad Fruited Jell-O Corn Bread w/ Butter	15 Grilled Chicken Thighs Rice Broccoli Brussels Sprouts Pears Garlic Bread	16 Bologna Sandwich Coleslaw Chips Pineapple	17 Pot Roast Mashed Potatoes w/ Gravy Glazed Carrots Green Beans Peaches Dinner Roll w/ Butter
20 Tuna Mac Green Beans Apple Sauce Broccoli Roll w/ Butter	21 Chicken Divan Noodles Broccoli Peaches Carrots Bread w/ Butter	22 Perogi w/ Beef & Gravy Cauliflower Au Gratin Corn Pears Roll w/ Butter	23 Egg Salad Sandwich Chips Carrots w/ ranch Orange	24 Liver & Onions Mashed Potatoes w/ Gravy Corn Peaches Bread w/ Butter
27 Chili Cheese Dogs Cucumber Salad Fruit Cocktail Chips	28 Spaghetti w/ Meatballs Corn Side Salad Peaches Garlic Bread	29 Sausage Cabbage & Noodles Glazed Carrots Pears Bread Stick	30 BBQ Beef Sandwich Coleslaw Baked Beans Mandarin Oranges	31 Pork Chop Rice Green Beans Cauliflower Fruited Jell-O Roll w/ Butter

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.