

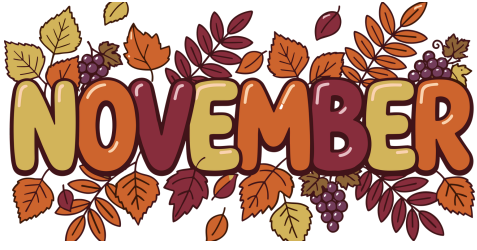
East Toledo SENIOR CENTER



Menu for November 2026

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here my contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.



East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9** Suggested donation is $2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.

November Week 1

MON~ 11-2 SMOTHERED CHOP

Stuffing, Glazed Carrots, Green Beans, Applesauce & Roll w/ Butter

TUES~ 11-3 3 CHEESE CHICKEN PASTA

Cali-Veggies, Peaches & Garlic Bread

WED~ 11-4 HAMBURGER STEAK

Mashed Potatoes, Corn, White Cheddar Mac, Fruited Jell-O & Roll w/ Butter

THURS~ 11-5 TURKEY CHEDDAR SANDWICH

Chips, Fruit Cocktail

FRI~ 11-6 BOLOGNA SANDWICH

Fries, Cottage Cheese, Side Salad & Pears



November Week 2

MON~ 11-9 CHICKEN ALFREDO
Cali-Veggies, Peaches & Garlic Bread

TUES~ 11-10 CHICKEN NOODLE SOUP
Grilled Cheese & Fruit Cocktail

WED~ 11-11 HAM & SWISS SANDWICH
Chips, Celery w/ Ranch & Apple

THURS~ 11-12 SPAGHETTI W/ MEATBALLS
Corn, Pear & Breadstick

FRI~ 11-13 FRITO PIE
Brussels Sprout, Mandarin Oranges



November Week 3

MON~ 11-16 DELUXE CHEESE BURGER

Fries, Fruit Cocktail

TUES~ 11-17 CHEESY MEATBALL BAKE

Noodles, Side Salad, Mixed Veggies & Garlic Bread

WED~ 11-18 TUNA CASSEROLE

Carrots, Peas, Chips, Peaches & Bread w Butter

THUR~ 11-19 BAKED ENCHILADA CASSEROLE

Refried Beans, Mexican Corn & Mandarin Oranges

FRI~ 11-20 NO LUNCH TODAY





November Week 4

MON~ 11-23 STUFFED PEPPER
Mashed Potatoes, Peaches & Roll w/ Butter

TUES~ 11-24 CHICKEN TENDERS
Mac N Cheese, Cali-Veggies, Fries & Fruit Cocktail

WED~ 11-25 BACON EGG & CHEESE BAKE
Tater tots, Peppers & Onions, OJ & Biscuit

THURS~ 11-26 CLOSED FOR THANKSGIVING

FRI~ 11-27 CLOSED FOR THANKSGIVING

November Week 5

MON~11-30 CABBAGE ROLL
Onion Rings, Mashed Potatoes, Peaches & Bread w/ Butter

