

January 2026

Name: _____

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.

Mon	Tue	Wed	Thu	Fri
			1 Closed For New Years Day	2 Tuna Salad Sandwich Celery w/ Ranch Pineapple Side Salad
5 Hot Dog Chips Mac Salad Corn Fruit Cocktail	6 Cheese Pizza Yogurt Cup Broccoli Peaches Carrots w/ Hummus	7 Chicken Nuggets Mashed Potatoes Cauliflower Pears Bread w/ Butter	8 Cheddar Broccoli Soup Grilled Ham & Cheese Side Salad Mandarin Oranges	9 Deluxe Hamburger French Fries Cottage Cheese Apple
12 Mini Pizza Bagels Side Salad Brussels Sprouts Peaches	13 BBQ Meatballs Rice Broccoli Pineapple	14 Egg Salad Sandwich Carrots w/ Hummus Chips Pears	15 Grilled Chicken Mixed Roasted Veggies Rice Mandarin Oranges	16 Pulled Pork Mac N' Cheese Corn Baked Beans Fruit Cocktail Bread w/ Butter
19 Closed For MLK Day	20 Chicken Patty Sandwich Chips Broccoli Peaches	21 Brat French Fries Coleslaw Fruited Jell-O	22 Santa Fe Chicken Bake Rice Pineapple	23 Liver & Onions Mashed Potatoes w/ Gravy Mixed Veggies Pears Roll w/ Butter
26 Pork Chop w/ Gravy Noodles Brussels Sprouts Apple Sauce Bread w/ Butter	27 Meat loaf w/ Gravy Mashed Potatoes Green Beans Fruit Cocktail Roll w/ Butter	28 Mac Wrap French Fries Peaches	29 Bologna Salad Sandwich Chips Cucumbers w/ Ranch Pears	30 Sausage Biscuits & Gravy Scrambled Eggs Hash Brown Peppers & Onions Orange Juice

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.