

January 2026

Name: _____

For information on individual ingredients please see a staff member.

Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.

Mon	Tue	Wed	Thu	Fri
			1 <i>Closed For New Years Day</i>	2 <i>Tuna Salad Sandwich Celery w/ Ranch Pineapple Side Salad</i>
5 <i>Hot Dog Chips Mac Salad Corn Fruit Cocktail</i>	6 <i>Cheese Pizza Yogurt Cup Broccoli Peaches Carrots w/ Hummus</i>	7 <i>Chicken Nuggets Mashed Potatoes Cauliflower Pears Bread w/ Butter</i>	8 <i>Cheddar Broccoli Soup Grilled Ham & Cheese Side Salad Mandarin Oranges</i>	9 <i>Deluxe Hamburger French Fries Cottage Cheese Apple</i>
12 <i>Mini Pizza Bagels Side Salad Brussels Sprouts Peaches</i>	13 <i>BBQ Meatballs Rice Broccoli Pineapple</i>	14 <i>Egg Salad Sandwich Carrots w/ Hummus Chips Pears</i>	15 <i>Grilled Chicken Mixed Roasted Veggies Rice Mandarin Oranges</i>	16 <i>Pulled Pork Mac N' Cheese Corn Baked Beans Fruit Cocktail Bread w/ Butter</i>
19 <i>Closed For MLK Day</i>	20 <i>Chicken Patty Sandwich Chips Broccoli Peaches</i>	21 <i>Brat French Fries Coleslaw Fruited Jell-O</i>	22 <i>Santa Fe Chicken Bake Rice Pineapple</i>	23 <i>Liver & Onions Mashed Potatoes w/ Gravy Mixed Veggies Pears Roll w/ Butter</i>
26 <i>Pork Chop w/ Gravy Noodles Brussels Sprouts Apple Sauce Bread w/ Butter</i>	27 <i>Meat loaf w/ Gravy Mashed Potatoes Green Beans Fruit Cocktail Roll w/ Butter</i>	28 <i>Mac Wrap French Fries Peaches</i>	29 <i>Bologna Salad Sandwich Chips Cucumbers w/ Ranch Pears</i>	30 <i>Sausage Biscuits & Gravy Scrambled Eggs Hash Brown Peppers & Onions Orange Juice</i>

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.