

# SENIOR PAGES

December 2024

Volume 29 Issue 12

Brenda Holdren  
Director

Dave Cutcher  
Advisory  
Board President

1001 White St.  
Toledo OH 43605

Phone  
419-691-2254  
Brenda Holdren ext. 2  
Derek Conley/PASSPORT ext. 5  
Kelly Patterson/ CHORE ext. 4  
Patty Downing/Activities ext. 7  
Steve Smith/Home Repair ext. 6  
Senior Athletics ext. 8  
Lunch RSVP/Cancellations ext. 9

Fax  
419-691-2282

e-mail  
brendah\_etsac@yahoo.com

Website:  
easttoledoseniorcenter.org

## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month December, 2024. Appointments are 30 minutes each. This is a free service.

Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments December 12, 2024 from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext 207.

## BREAKFAST WITH SANTA

It is that time again! We will be having our annual Breakfast with Santa on Saturday, December 14, 2024 from 9 a.m.—Noon. This event is free to children and their families. Not only will the children be able to visit Santa Claus, we will also have a little craft they can do.

The menu is:

Pancakes  
Sausage Links  
Potatoes  
Juice



**Please tell your friends and family with children about this event!!**

## MISSION STATEMENT

In the community, for  
the community,  
strengthening one life  
at a time.

## MARK YOUR CALENDAR

**Dec. 3,10,17**  
Euchre  
12:15 p.m.

**Dec. 2,9,16,23,30**  
Trivia  
12:30 p.m.

**Dec. 2,9,16,23,30**  
Line Dancing  
1:00p.m.

**Dec. 6**  
Christmas Lunch  
Noon

**Dec. 12,26**  
Bunco  
12:30

**Dec. 12**  
Dream Travelers  
10:30 a.m.

**Dec. 13,27**  
Coffee & Sweets  
9:00 a.m.

**Dec. 6,13,20,27**  
Golf, Card game  
9:30 a.m. (Note change  
in time.

**Dec 10**  
Nurse Kelly  
9:00 a.m.-12:00p.m.

**Dec. 20**  
Breakfast  
8:30 am– 9:30 am

**Dec. 12, 16**  
Well Check  
Various (see inside)

**Dec. 5**  
Bingo  
12:30

**Dec. 26**  
Book Club  
1:00 p.m.

**Dec. 24 & 25**  
Center Closed

**Jan. 1, 2025**  
Center Closed

## MOVIE AT THE GARDEN

The Garden of St. Francis has invited us to attend a movie "Wish for Christmas" on December 19th beginning at 1:30 p.m. Refreshments will also be served. We will provide transportation to the first 12 in need of a ride. You may also drive yourself if you would like. Look for sign up sheet.



## PARKING

We understand that our parking lot is small and very tore up. This of course, is beyond our control.

Please be considerate of others and make sure you park between the lines and straight. This is also to protect your own vehicle. If you are not parked straight there is a chance of it being hit. Thank you.

## COLLABORATIVE PARTNERS

Area Office on Aging of NW Ohio  
Cleveland Cliffs  
Eggleston-Meinert-Pavley Funeral Home  
Walker Funeral Home  
Hope Community Church  
Majestic Care  
Orchard Villa  
Seagate Food Bank  
St. Charles Mercy Hospital  
Toledo Refining  
Toledo Police Department  
Toledo Health Dept.

## TRANSPORTATION

For those that use our transportation to go to medical appts., grocery shopping, etc., it is imperative that you make every attempt to schedule it at least 2 weeks before. We are filling up quickly. If it is non-medical, please have a few options in case we are booked. <https://easttoledoseniorcenter.org/transportation-services>

## TRIVIA CONTEST!

We will be holding a Trivia Contest on Monday, January 6, 2025 at 12:30 p.m. at the East Toledo Senior Center. This is to celebrate National Trivia Day. If we have enough people, we will play in teams; otherwise, everyone will be competing as individuals. There will be refreshments and prizes sponsored by Devoted Health plans!!! To sign up email Patty at [pattyd@etfc.org](mailto:pattyd@etfc.org) for call 419-691-2254. This is a free event.



## EUCHRE

Euchre is every Tuesday beginning at 12:15 p.m. The cost is \$1 per person. Why not join us for lunch before Euchre starts? Grab the current month's menu the next time you are here. **No euchre 12/24 or 12/31.**

## LINE DANCING

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

## REMINDER ABOUT TRANSPORTATION

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone off and came back here, they will not go back out to pick others up.

So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

## BOOK CLUB

"Along Came Holly"

by Codi Hall  
Thursday, Dec. 26,  
2024 @1:00 p.m.



Holly Winters owns the jolliest holiday shop on Main St. and this season is shaping up to be the best yet. The only pit in her figgy pudding? Declan Gallagher, the hardware store's owner next door. He's the scroogiest man in all of Mistletoe, Idaho. Then Holly's revenge prank escalates into an all out war with him, and the situation turns sticky when she realizes she needs his help. He can't believe the nerve of Holly hiring him to set up her holiday lights display but the money is too good to pass up. Trying to get the job done, he encounters sabotage at every turn. To his surprise, he finds himself championing the very woman who used to get under his skin. Then one rooftop kiss has him thinking maybe the season's traditions aren't so bad.

\*\*See Patty for a book

## BINGO

Bingo is on the first and third Thursdays at 12:30 p.m. For Dec. we will only have Bingo on Dec. 5th.

While this is a drop-in activity we recommend signing up in advance. **The month of December will be free as it is being sponsored by Krystin, with Aetna.**

## CANCELLATIONS!

If you are signed up for lunch and cannot make it, PLEASE call the food line and cancel. We, have wasted a lot of food due to making meals for those not coming after signing up. If you are going to be out more than one day, leave that on the message also. **If you are signed up and miss 3 days without calling, you will be removed for the rest of the month and have to fill out a new menu.**

## WII BOWLING

Wii Bowling is now offered every week unless an event is planned. This is a FREE activity with lots of fun and camaraderie that begins at 12:30 p.m. We could always use a fill-in bowler or two. There will be free popcorn and beverage for those participating or just watching!



## WISH LIST

50" New Smart TV  
New/Gently used adult wheel-chairs  
Kitchen Aid 7 qt. Professional mixer

## UNITED HEALTH CARE

United Health Care will be here on Thursday, Dec. 5th at 11:00 a.m. They will help people understand their health insurance and to enroll anyone that may need/want to change their insurance.

## FOOD COMMODITIES

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

## NURSE KELLY

Nurse Kelly will be here on Tuesday, December 10th from 9-12. She will check weight and blood pressures.



## TOPS

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Center.

## TRIVIA

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

## WEATHER CLOSINGS

Please note that our weather closing policy is as follows:

Watch your local news stations to make sure we are open on days of inclement weather. We will close if **LUCAS COUNTY** is under a level 2 or 3 Snow Emergency. If you are a PASSPORT client, the driver will notify you as to whether or not they will be able to transport you to your appointment due to road conditions.

**Although, even if the weather is bad, please watch the local tv stations in case we close without a snow emergency.**

## NUTRITION/SNAP-ED

Sarah Schmitt, from the Ohio State University will be coming to lead nutrition classes on Friday, Dec.. 13th and 27th from 12:30 p.m.-1:30 p.m. With the price of groceries this may be a great way to learn different recipes and different ways to keep our food fresh longer. This a FREE class!

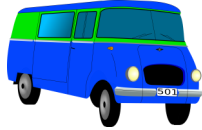


## REFUNDS

**Just a quick reminder that if you pay for a party/day trip you may get a refund UNLESS we have shopped for the party or purchased tickets for the trip. I am sorry for this inconvenience.**

## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.



## BOOK MOBILE

The Toledo Lucas County Public Library book mobile will be here on the following dates in December:

**Date: Dec. 5th & 19th  
2:30 p.m.– 3:00 p.m.**

Come check out what they have.

This is open to the community.

## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. Everyone is welcome to join us. No experience is necessary. We will teach you!

## COFFEE & SWEETS

We will enjoy coffee & sweets on Friday, December 13th & 27th.

You can enjoy & music and mingling with friends until lunch time! Voluntary donations will be accepted.

**We must have at least 5 signed up by the Wednesday before to have this**



## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate taxes. If you or someone you

know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION Toledo Museum of Art

The next session will be Jan 21—Mar 11. on Tuesdays starting at , 10 a.m.-11:30 a.m.

Kasey Leads 'Nostalgia in Glass'

This session will go though December 17th with no class on December 26th. This will be the last class until late January, 2025.

Class is for those 60 and better and limited to 15 students.

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9).** There is a \$2.50 suggested donation for lunch.

**During Fall and Winter we will be doing soup on Tuesdays as often as possible!**

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### PLEASE NOTE:

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

## CENTER CLOSED

**Center will be closed on Wednesday, Jan. 1st, 2025 in observance of New Years.**

## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

**CENTER CLOSED**

Center will be closed on Thursday, December 24th & 25th in observance of

**DREAM TRAVELERS**

This isn't just any kind of Dream Travelers. This is dream traveling at its best with an awesome guest host and food. Join us for a trip to:

**Christmas on the Rhine  
Thursday,  
December 12, 2024  
10:30 a.m.**

With Judy Pfaffenberger leading the tour.

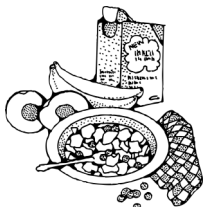
The cost is a suggested donation of \$2.50 for the lunch.

**Please mark Y for yes, or N for no, for lunch when you sign up.**

**BREAKFAST**

We offer breakfast a couple of times a month (Only once in Dec.)! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

**Dec. 20-** Breakfast crunch wrap, cheese, eggs, bacon, potatoes, beans, muffins, juice and coffee.



**LUNCH ORDER OR  
CANCEL EXT. 9**

**GIFTS FOR DOGS!!**

Derek will be hosting another class to make yummy treats for your canine friends! It will be on Monday, December 9th at 12:30 and the cost is \$10! RSVP and pay no later than Monday, November 25th!

**TECHNOLOGY CLASS**

Alondra will be doing a group session on Thursday, December 12th at 11:30 a.m. She will help with your

**HISTORICAL SOCIETY**

The Historical Society hosts regular meetings here at the Senior Center.

**The regular meetings are on the 4th Thursday of every month at 6 p.m. through October and begin again in March.**

The public is encouraged and welcome to attend.

**NOON YEAR'S EVE PARTY**

The East Toledo Senior Center will be having its Annual "Noon" Year's Eve party on Tuesday, December 31st at 11:45 a.m. The cost is \$5 per person and includes lunch, games, prizes, refreshments, photo opportunities and....KARAOKE!!! Must sign up and pay by Monday, Dec. 23rd.

**BASKETBALL**

We offer basketball at the East Toledo Family Center on Tuesday's and Thursday's at 7 p.m. beginning October 1st.

This is a drop in FREE program.

**WELL CHECKS**

Landings of Oregon will be here Thursday, Dec. 12th from 11:15 am.- 12:15 p.m.

Mercy Health will be here Monday, December 16th from 10:00-12:30.

## CHORE

We are winding down for the lawn mowing season. As long as we have units remaining, we will be doing Fall clean ups. This will be done closer to leaf pick up schedules. Next up will be snow! **Reminder, you must call in each and every time you need snow removal. Must be 2 inches or more and they will not come out until snow stops. There is NO LIST for snow.**

**To get on mowing season for next summer you must call every year beginning January 2nd to be put on list. You are not automatically put on the list!** Chore is a suggested donation and will be based on your household income and a sliding scale fee. Remember, the fee is just a suggested donation and it goes back into the program. We DO NOT stop service for non-payment.

## RED HAT SOCIETY

We have our very own Red Hat Society, the RED HOT MAMAS!

We will be helping with the Christmas luncheon on Dec. 6th. Please note, that there is a cost of \$5 person that must be paid in advance.

Please contact Gail or Lil with any questions or to check on any other plans.



## SENIOR SOFTBALL

**I am sorry to say that the East Toledo Senior Center will not be having a softball league for at least the 2025 and 2026 seasons. This is due to building and other variables. This was not an easy decision to come to because we do know how much this program means to everyone. I will keep you updated as much as possible, but please know this decision is final.**

## HOLIDAY LUNCHEON

We will be having our annual Holiday Luncheon on Friday, December 6, 2024. The cost is \$5 and includes:

**Beef & Noodles  
Mashed Potatoes/  
Gravy  
Glazed Carrots  
Roasted Cabbage  
Peaches  
Dinner roll/butter  
Beverage  
French Silk Pie**

Navarre Elementary students will be here to entertain everyone once again.

## BIRTHDAY TREATS!!!!

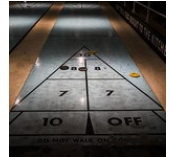
On Thursday, December 26th we will have Birthday Treats sponsored by Ayden Healthcare.

It's not just for those December birthday's either!!!



## SHUFFLEBOARD

We will once again offer Shuffleboard, games start at 12:30 p.m. We can have as many as two teams of four players. So find a friend or two and come have lunch (not required) and stay to play, or watch a game or two. This a FREE activity!!!



## PRAYER CORNER

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

Gina Duris  
Kate Perrin

Let us know if you or someone you know are in need of prayer.



## WEBSITE

**Check out our Website!!**

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)

# DAY TRIPS & MULTI-DAY TRIPS

## WATCH FOR THE 2025 DAYTRIPS! SUGGESTIONS ACCEPTED!



## 2025 MULTI DAY TRIPS

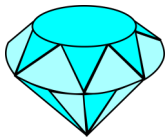
Deposits for the Branson trip can now be made! **You must pay the \$75 deposit to be added to the list.**  
**Deposit due by Jan. 31st!**

More info on Charleston to come!

## DIAMOND CLUB

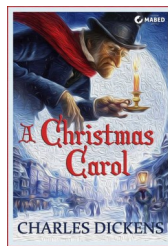
***“Diamond Club” is for all participants aged 75 and over.***

Membership to the Diamond Club is FREE. **If you are not a member and are aged 75 and over,** simply fill out the form below and give to a staff member.



cialize with others during this holiday season.’ We will be watching the classic Charles Dickens “A Christmas Carol”.

Please sign up on the sheet so we know how many cookies and cocoa to prepare.



On Friday, December 20th at 12:30 p.m., the Diamond Club can enjoy Cookies, Cocoa and a movie! The cost is FREE  
What a great opportunity to so-



## BUNCO

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Please note change of day and time!**

Cost to play is \$1.00; no experience necessary, we will teach you.

East Toledo Senior Center

### DIAMOND CLUB Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_

# HAPPY HOLIDAYS

Robert Patterson Kelly Patterson  
Mae Smith  
Chuck Worthy  
Patty Deuninger  
Frank Cochrane  
Debbie Hooker  
Jean  
DELLAVALIS  
Brenda  
Dorothy Conley



The East Toledo Senior Center is sponsored in part by  
Area Office on Aging of NW Ohio



Non-Profit Org.  
US Postage  
**PAID**  
Permit No. 661  
Toledo OH

EAST TOLEDO FAMILY CENTER  
1020 Varland Ave.  
TOLEDO OH 43605

SENIOR PAGES