

# SENIOR PAGES

April 2026

Volume 31 Issue 4

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## A.B.L.E

A lawyer with Legal Aid of Western Ohio will be here on the 2nd Thursday of the month every **3 months**. Appointments are 30 minutes each. This is a free service.

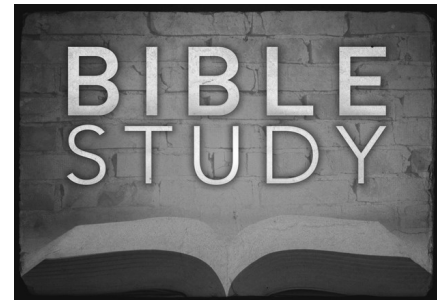
Most of the cases they can handle for seniors are the following: drafting a will/financial power of attorney, living will, healthcare power of attorney; collection defense/bankruptcy; landlord-tenant issues; simple probate issues; and avoiding probate advise (drafting a transfer on death for a house)

We are now taking appointments for June 11th from 9:00 a.m.-12:30 p.m. Appointments are required and can be made by calling 419-691-2254 ext. 207.



## BIBLE STUDY

Ken Leese, a local minister, will be having a bi-weekly Bible Study. He will be here starting at 12:30 P.M. The studies in May will be the 15th and 18th Ken loves to discuss the Bible and talk about the Lord. If you are interested in attending or would like more information, please call Patty at 419-691-2254 ext.207 or email her at pattyd@etfc.org. There is a sign up sheet on the table if you would like to sign up early to let Ken know you are interested. For more information or to be added to list, call Patty at 419-691-2254 ext. 207 or email her at pattyd@etfc.org.



## MISSION STATEMENT

In the community, for the community, strengthening one life at a time.

## MARK YOUR CALENDAR

**May 5,12,19,26**  
Euchre 12:00 p.m.

**May 5,12,19,26**  
Art Class 10 a.m.

**May 4,11,18**  
Trivia  
12:30 p.m.

**May 4,11,18**  
Line Dancing  
1:00p.m.

**May 7**  
Food for Thought  
12-2

**May 14,28**  
Bunco  
12:30 p.m.

**May 1,8,15,22,29**  
Golf, Card game  
9:30 a.m.

**May 19**  
Nurse Kelly  
9:15 a.m.-12:15p.m.

**May 8,22**  
Breakfast  
8:30 am- 9:30 am

**May 18**  
Well Check  
10-1

**May 6,20**  
Bingo  
12:30

**May 27**  
Birthday Bingo  
Birthday Treats

**May 22**  
Book Club  
1:30 p.m.

**May 25**  
Center Closed  
Memorial Day

**TACOS! TACOS! TACOS!**

The East Toledo Senior Center will be having a Taco Fundraiser on Friday, May 29, 2026 from 3 p.m.-7 p.m. The cost will be 75¢ each and you can get beans and rice for \$2 each. Taco Salad will also be available for \$5. Soda/water will be sold for \$1 each.



**MOVIE OF THE MONTH**

The East Toledo Senior Center will be **Friday, May 8th.** Movie title is To Be Determined. Watch for flyers or call Patty for more information and next date.. We will provide free popcorn and lemonade.



**COLLABORATIVE PARTNERS**

- Area Office on Aging of NWO
- Compass Care
- Eggleston-Meinert-Pavley Funeral Home
- Enpuzzlement
- Food for Thought
- Walker Funeral Home
- Majestic Care
- Orchard Villa
- Seagate Food Bank
- St. Charles Mercy Hospital
- Toledo Refining
- Toledo Health Dept.
- Ayden Healthcare
- Landings of Oregon
- Aetna

**TRANSPORTATION**

For those that use our transportation to go to medical appts., grocery shopping, etc., it is now required that you schedule at least 2 weeks before your appointment . If it is non-medical, please have a few options in case we are booked. Please remember there is a \$20 cost for all transportations now.

**BIRTHDAY BINGO**

Austin from CoreWealth, will be sponsoring a free birthday bingo May 27th, the 4th Wednesday of the month, at 12:30 p.m. This is for everyone; we are celebrating with the people that had birthdays that month!



**EUCHRE**

**Euchre is every Tuesday beginning at 12:00 p.m.** The cost is \$1 per person. Why not join us for lunch before Euchre starts? We will serve players lunch at 11:30 if you are signed up. Just call and sign up for lunch at least 24 hrs. in advance.

**LINE DANCING**

Join Jo Kandik as she teaches you Country Line Dancing. This is a FREE program! Classes are every Monday beginning at 1:00 p.m.

**REMINDER ABOUT TRANSPORTATION**

Just a notice that it is very important to make sure you sign up for transportation when you need it to come the center for lunch.

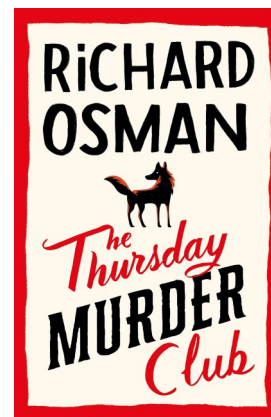
If you call early enough before a staff has left the building we could still add you. If the staff has already picked everyone up and came back here, they will not go back out to pick others up. So please make sure you sign up for transportation after ordering your meals so you do not miss out on lunch.

**BOOK CLUB**

Friday, May 22nd at 1:30 p.m.

**“The Thursday Murder Club” by Richard Osman**

A group of pensioners (Elizabeth Best, Ron Richie, Joyce Meadowcroft and Ibrahim Arif) set about solving the mystery of the murder of property developer in the luxurious Cooper’s Chase Retirement Village new the fictitious seaside village of Fairhaven in Kent.



\*\*See Patty for a book

**BINGO**

Bingo will be on 1st & 3rd Wednesday at **12:30 p.m.** While this is a drop-in activity we recommend signing up in advance.



**RECEPTIONIST**

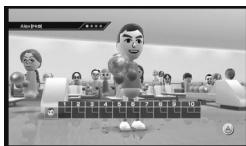
We are looking for volunteer receptionist/s during the hours of 11 a.m-3 p.m. Tues, Thurs & Friday.

Duties are welcoming visitors, answering phones, helping with mailings, etc.

Some experience is appreciated but we can train. See Derek or Brenda for more information or if you are interested.

**WII BOWLING**

Wii Bowling will now be held every Thursday except the **1st Thursday of the month at 12:30 p.m.** This is a drop in program and you can join and play at any time. It is FREE! This can be done standing or sitting.



**WISH LIST**

55 to 65 in. Smart TV  
Decent shape used pick up truck

**BUNCO**

Bunco is the 2nd & 4th Thursday's at 12:30 p.m. **Bunco is a fun, luck-based dice game. No experience needed. We can teach you in a matter of minutes!**

Cost to play is \$1.00.

**FOOD COMMODITIES**

Our food commodities are distributed on the second Tuesday of the month beginning at 9:00 a.m.

The income guideline is 185% below poverty. Bags of food are available on a first come first serve basis.

**NURSE KELLY**

Nurse Kelly will be here on Tuesday, May 19th . from 9:15 a.m.-12:15 p.m.



**TOPS**

TOPS (Taking Off Pounds Sensibly) welcomes new members who want to lose weight and make new friends. Join them on Mondays. Weigh ins from 5:45 p.m.– 6:15 p.m. Meetings begin at 6:30 p.m. at the Senior Cen-

**TRIVIA**

The East Toledo Senior Center does Trivia every Monday at 12:30. This is a FREE, drop-in activity. All participants have fun and sometimes surprised at how much they know. Come join us for fun and make new friends!

**SENIOR SAFETY TIPS**

**Key Home Safety Measures**

- **Prevent Falls:** Install grab bars in the shower and near the toilet, use non-slip mats, remove throw rugs, and ensure secure handrails on both sides of stairs.
- **Lighting & Visibility:** Use bright, non-glare bulbs, add nightlights in hallways and bathrooms, and ensure light switches are accessible at both ends of stairs and halls.
- **Kitchen Safety:** Store frequently used items on lower shelves, avoid loose clothing while cooking, and replace frayed cords.



**COFFEE**

The East Toledo is accepting donations of Regular coffee for our coffee bar. It has gotten so expensive and we do not want to have to charge for coffee. Thank you in advance.

## TRANSPORTATION

We provide transportation to and from the Senior Center for lunches and activities. To schedule transportation, call 419-691-2254 and ask for a staff member. There is a suggested \$1.00 donation for a one-way trip.

## CENTER CLOSED

**Center will be closed on Monday, May 25, 2026 in observance of Memorial Day!**



## GOLF: THE CARD GAME

We offer the card game GOLF from 10:00-11:30 a.m. every Friday. The objective is to achieve the lowest possible score by strategically managing a hand of cards. Players aim to swap high-value cards for lower-value cards. Everyone is welcome to join us. No experience is necessary. We will teach you! This is a drop in program and it is not necessary to be here every Friday.

## MINOR HOME REPAIR PROGRAM

The East Toledo Senior Center, in conjunction with the Area Office on Aging, provides minor home repair to Lucas County residents who qualify with little or no cost to the senior. The purpose of this program is to ensure that area seniors have a safe home in which to live in. All applicants must own the home in which they are living and that requires repairs and be current on their real estate

taxes. If you or someone you know is in need of repairs, not limited to, but including window, gutters, plumbing, furnace, railings, tubs, etc. Call the Senior Center and ask for the Home Repair Coordinator at (419) 691-2254.

You will be asked to fill out an application and provide proof of income. You will be placed on a waiting list in order of most pressing needs.

## ART EXPLORATION Toledo Museum of Art

The next session with the Toledo Museum of Art will begin April 28th– June 16th.. Chudney will be leading a portrait class. Only 15 per people per session. Make sure to sign up on sheet.

## LUNCH PROGRAM



We offer lunches Monday-Friday at 11:45 a.m. (Dine-In Only). Stop in and get a menu and order form or call and **ask for the lunch line (ext. 9)**. There is a \$2.50 suggested donation for lunch.

## ILLNESS

There MANY illnesses going around right now. For the safety of other seniors and staff, **if you don't feel well or even have a cold, PLEASE STAY HOME!** We all need to protect each other right now. Even if you don't have it bad, others could get it worse than you. **Also, wash your hands regularly.**

**We are no longer able to allow you to take your food out.**

If you do not have transportation to come to the center for lunch, call the center at 419-691-2254 to schedule a ride.

### **PLEASE NOTE:**

If you sign up for an activity that includes lunch, make sure that you turn in an order form for the date of the activity.

## OHIO DEPT. ON AGING

50 W. Broad St./9th Floor  
Columbus OH 43215  
(614) 466-5500  
www.goldenbuckeye.com

**Also, if you miss 3 meals that you signed up for and don't call to cancel, your order for the remainder of the month will be deleted.**

**Volunteers Needed!!**

We are looking for volunteers to help place bricks in our memorial walk way and to help with general outdoor site clean up (pulling weeds, picking up trash, etc.). Please let Derek or Brenda know if you know anyone or would like to volunteer. This is a great opportunity for middle/ high school students to get hours they may need to graduate.

**Seniors in Need?**

If you are a senior citizen 60 or better, in need of food or hygiene items, please let either Brenda or Derek know. We are working on resources for those in need. All requests will remain anonymous, and will be handled discretely. **WE HAVE THESE ITEMS AVAILABLE.**

**BREAKFAST**

We offer breakfast a couple of times a month! It's a \$2 voluntary donation. We serve from 8:30 a.m.-9:30 a.m. The dates and menus are as follows:

**May 8th**– Waffles, Sausage, Juice & Coffee

**May 22nd**– Scrambled eggs, bacon, hash brown, juice & coffee.



**Menu subject to change!**

**LUNCH ORDER OR CANCEL EXT. 9**

**REMINDER!!**

**Please remember to watch your language when you are in this building/on our vehicles. Fun can be had with out all of the curse words being said. This can be offensive to some people, If you continues, warnings will be given and then possibly asked to leave.**

**MEMBERSHIP**

I realize we have not sent out membership renewals in a couple of years. We have decided to do a mass mailing for membership after the first of the year. Doing this helps us to remember to do it every year after the first of the year rather than several a year.

Reminder, this is a Supporting Membership and you do not need to be a member to participate at the East Toledo Senior Center.

**HISTORICAL SOCIETY**

The Historical Society hosts regular meetings here at the Senior Center on the 4th Thursday of every month March– October at 6 pm.



**APPOINTMENTS REQUIRED!!!!**

Beginning May 1st, appointments will be **REQUIRED** to meet with Derek regarding needing transportation, tech help with phones, tablets, etc. There will be two marked file holders on his door. One will have a form to complete and put in the other filed holder. If he is busy he will have a Do Not Disturb sign on the door; so do not enter. There will be no appointments available on Monday's. Thank you for your cooperation on this matter.



**PORK CHOP DINNER FUNDRAISER**

We will be having a Pork Chop Dinner Fundraiser on Friday, June 5, 2026 from 4 p.m.-6 p.m. The cost is \$10 and includes: A thick cut pork chop, baked potato, cinnamon applesauce, fried cabbage, dessert and beverage. We will offer dine-in and carry-out. **Tickets available now!**



**WELL CHECKS**

Mercy Health will be here Monday, April 27th from 10:00-1:00.



**CHORE**

Reminder! To get on list for 2026, make sure to call 419-691-2254 EXT 205, beginning January 2, 2026! If you leave a message, make sure you leave your name, number and address. We will record them in the order they are received.

**East Toledo is full!**

Chore is a suggested donation and will be based on your household income and a sliding scale fee. We DO NOT stop service for non-payment.

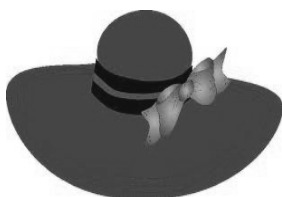


**RED HAT SOCIETY**

The Red Hats will be having lunch at Smokey's BBQ on Woodville Rd. Thursday, May 14th at noon.

Please sign up on sign up sheet.

Please contact Gail with any questions or to check on any other plans.



**SENIOR SOFTBALL**

2026 Registrations will go out the end of December. Watch for them in the mail. If you don't receive it, please call!

As of January 1st, you can also register online! If you have interested friends, call Brenda with their names and address and she will make sure a registration goes out to them. To be eligible for the Wednesday league, they must turn 48 by December 31, 2026. [www.etseniorsoftball.com](http://www.etseniorsoftball.com)

**SPEAKERS**

Everyone needs to remember that we have speakers come to our center to offer information and help to our seniors.

We need to be respectful and not talk, laugh, etc. while they are here. Being loud is not acceptable. Even if it is something that does not affect you, it may others who would like to listen.

If you do not want to listen, you need to quietly move into the other room until they are done speaking.



**Birthday Treats**

Birthday Treats will be on Wednesday, May 27th.



**BOOK DONATIONS**

The East Toledo Senior Center is no longer accepting book donations. We have more than we can put out and no place to store extras.

We apologize for this inconvenience.



**PRAYER CORNER**

Please say a special prayer for all of our friends who are ill, recuperating or have lost loved ones:

**Get Well Wishes for:**

- Joyce Berry
- Bonnie Rist
- Dave Toth
- Dianne Cammarn

Let us know if you or someone you know are in need of prayer.



**WEBSITE**

**Check out our Website!!**

We would like feedback from you to ensure that it is easy to navigate and find the information you are looking for.

The address is:

[easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)

# DAY TRIPS & MULTI-DAY TRIPS

## 2026 DAY TRIPS

Keep your eyes open! See insert for 2026 Day Trips! You can only be put on the list when you pay. See Derek or Patty.



### Evening Meal

We are starting up our evening meals again! For those 60 and better! Our first one will be Wednesday, May 20, 2026. **We serve promptly at 4:30pm.**

This is a \$2.50 suggested donation for this meal. Please RSVP with Derek by 5/13/2026.

We will be having: Kielbasa, cheesy potatoes, sauerkraut, cinnamon apple sauce, roll w/ butter & dessert.



## 2026 MULTI DAY TRIP

### New Orleans

7 days 6 nights

October 11-17, 2026

\$954 per person (Double Occupancy)

Includes: Motor coach transportation

6 nights lodging including 4 consecutive nights in the New Orleans area.

10 meals: 6 breakfasts and 4 dinners,

Guided tour of New Orleans  
Admission to the National World War II Museum  
Gaming at fabulous

New Orleans' Casino  
Admission to Mardi Gras World  
Relaxing Riverboat Cruise on the Mississippi River  
Enjoy Historic New Orleans French Quarter

**\$75 per person deposit due by June 1, 2026 to save you spot on the trip.**

**Waiting List ONLY!!!**



## FOOD FOR THOUGHT

We have a Food for Thought Food Pantry here every 1st Thursday of the month from Noon-2:00 p.m. There are no income or age requirements so you can tell your family members about this amazing program. We also accept volunteers to help at the pantry, especially at around 2 p.m. to help tear down. This is a great program and we are very excited to host this at the East Toledo Senior Center. **Next pantry will be on May 7th, 2026.**

EAST TOLEDO SENIOR CENTER

# TACO

## FUNDRAISER

• Good Food • Good Friends • Good Vibes

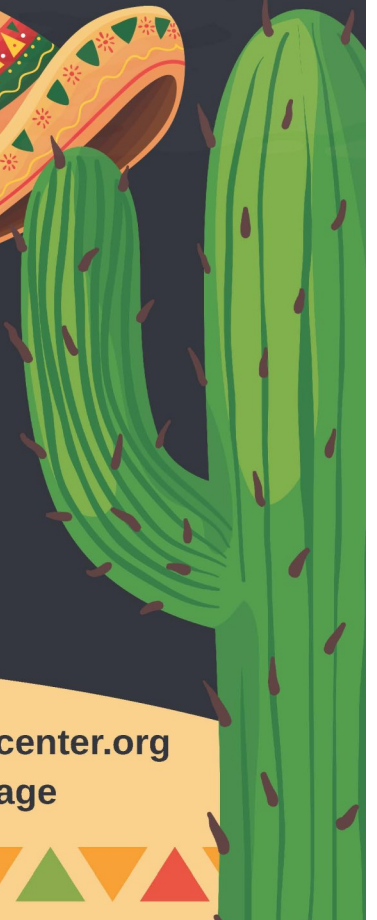
FRIDAY, MAY 29, 2026

3 P.M. to 7 P.M.

1001 White St. Toledo, OH 43605

### MENU

|                                     |      |
|-------------------------------------|------|
| Single Beef Taco (Soft or Hard)     | .75  |
| 12 Pack of Tacos (Soft or Hard)     | 8.00 |
| Side of Rice                        | 1.00 |
| Side of Beans                       | 1.00 |
| Rice & Beans                        | 2.00 |
| Soda or Water (Indv. Can or Bottle) | 1.00 |
| Extra Sour Cream or Salsa           | 1.00 |



More info at:  419-691-2254

 [easttoledoseniorcenter.org](http://easttoledoseniorcenter.org)  
Special Events Page

**PORK CHOP  
DINNER FUNDRAISER**

**FRIDAY  
JUNE 5<sup>TH</sup>, 2026**

**4 P.M. to 6 P.M.**

**INCLUDES \$10 EACH**

- Thick Cut Pork Chop**
- Baked Potato**
- Cinnamon Apple Sauce**
- Fried Cabbage**
- Dessert**
- Beverage**
- Dine-In Or Carry-Out**

EAST TOLEDO SENIOR CENTER

# DADS BREAKFAST

FRIDAY  
JUNE 12

8:00am  
to  
9:30am

Join us for a free  
breakfast to  
celebrate our  
dads!

Pancakes,  
Sausage or  
Bacon, Juice,  
Coffee & a sweet  
treat!!

Whether you're a dad, granddad, uncle, or father  
figure, you're invited!

RSVP today and make it a morning to remember.

See sign-up sheet to RSVP





# May 2026

EAST TOLEDO SENIOR CENTER  
 1001 WHITE ST. TOLEDO, OH 43605  
 419-691-2254



| Sun                            | Mon   | Tue   | Wed   | Thu  | Fri   | Sat       |
|--------------------------------|---|---|---|--|---|-----------|
|                                |   |   |   |  | <b>1</b><br>Golf Card game 9:30   | <b>2</b>  |
| <b>3</b>                       | <b>4</b><br>Trivia 12:30<br>Line Dancing 1:00                   | <b>5</b><br>Art Exploration 10:00<br>Euchre 12:00                   | <b>6</b><br>Bingo 12:30   | <b>7 FOOD FOR<br/>THOUGHT PANTRY<br/>12:00-2:00</b>              | <b>8</b> Breakfast 8:30-9:30<br>Golf Card game 9:30<br>Movie of Month 12:00 | <b>9</b>  |
| <b>10<br/>MOTHER'S<br/>DAY</b> | <b>11</b><br>Trivia 12:30<br>Line Dancing 1:00                  | <b>12</b><br>Art Exploration 10:00<br>Euchre 12:00                  | <b>13</b> National<br>Apple Pie Day                             | <b>14</b> Bunco 12:30<br>Wii Bowling 12:30<br>Shuffleboard 12:30 | <b>15</b><br>Golf Card game 9:30<br>Day Trip                                | <b>16</b> |
| <b>17</b>                      | <b>18</b> Trivia 12:30<br>Well-check 11:00<br>Line Dancing 1:00 | <b>19</b> Nurse Kelly 9:00<br>Art Exploration 10:00<br>Euchre 12:00 | <b>20</b><br>Bingo 12:30<br>Evening meal 4:30                   | <b>21</b><br>Shuffleboard 12:30<br>Wii Bowling 12:30             | <b>22</b> Book Club 1:30<br>Breakfast 8:30-9:30<br>Golf Card game 9:30      | <b>23</b> |
| <b>24</b>                      | <b>25</b><br>CLOSED   | <b>26</b><br>Art Exploration 10:00<br>Euchre 12:00                  | <b>27</b><br>Birthday treats<br>B'day bingo 12:30               | <b>28</b> Bunco 12:30<br>Wii Bowling 12:30<br>Shuffleboard 12:30 | <b>29</b> Golf Card 9:30<br>TACO FUNDRAISER<br>3:00P-7:00P                  | <b>30</b> |
| <b>31</b>                      |   |   | <b>Activities<br/>dates/times<br/>are subject<br/>to change</b> |  | <b>50+ Basketball<br/>Is at the Family<br/>Center 7:00p-<br/>8:30p</b>      |           |

**PORK CHOP  
DINNER FUNDRAISER**

**FRIDAY  
JUNE 5<sup>TH</sup>, 2026**

**4 P.M. to 6 P.M.**

**INCLUDES \$10 EACH**

- Thick Cut Pork Chop**
- Baked Potato**
- Cinnamon Apple Sauce**
- Fried Cabbage**
- Dessert**
- Beverage**
- Dine-In Or Carry-Out**

**EAST TOLEDO SENIOR CENTER 1001 WHITE ST., TOLEDO, OH 43605**



The East Toledo Senior Center is sponsored in part by  
Area Office on Aging of NW Ohio



EAST TOLEDO FAMILY CENTER  
1020 Varland Ave.  
TOLEDO OH 43605

**SENIOR PAGES**

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