


# September 2025

Name: \_\_\_\_\_

For information on individual ingredients please see a staff member.

**Food allergy notice: Please be advised that food prepared here may contain these ingredients: MILK, EGGS, WHEAT, SOY, PEANUTS, TREE NUTS, FISH & SHELLFISH.**

Mon	Tue	Wed	Thu	Fri
<b><u>Closed</u></b> <b><u>In Observance of</u></b> <b><u>Labor Day</u></b>	2 Chicken Noodle Soup Half Turkey Sandwich Side Salad Fruit Cocktail	3 Pork Chop Cheesy Potatoes Broccoli Apple Sauce Dinner Roll w/ Butter	4 Chicken Divan Broccoli Corn Pears Dinner Roll w/ Butter	5 Beef Stir Fry Rice Spring Roll Broccoli Pineapple
8 Fish Filet Sandwich French Fries Coleslaw Peaches	9 Chili Half Grilled Cheese Side Salad Corn Fruited Jell-O Corn Bread	10 Hamburger French Fries Cauliflower Mac Salad Mandarin Oranges	11 Spaghetti w/ Meat Balls Corn Green Beans Pears Garlic Bread	12 Grilled Chicken Mashed Potatoes w/ Gravy Roasted Zucchini Pineapple Bread w/ Butter
15 Chicken Salad Sandwich Sweet Potato Fries Baked Beans Peaches	16 Beef Vegetable Soup Half Ham Sandwich Side Salad Fruit Cocktail	17 Bologna Sandwich Potato Salad Pinto Beans Mandarin Oranges	18 Teriyaki Chicken & Vegetables Lo-mein Noodles Spring Roll Pears	19 Hamburger Steaks Mashed Potatoes w/ Gravy Corn Pineapple Dinner Roll w/ Butter
22 Philly Steak Sandwich Onion Rings Corn Peaches	23 French Onion Soup Half Chicken Club Sandwich Side Salad Broccoli Fruited Jell-O	24 Shrimp Alfredo Broccoli Cauliflower Mandarin Oranges Dinner Roll w/ Butter	25 Roasted Squash & Sausage Bake Glazed Carrots Baked Pears Dinner Roll w/ Butter	26 Fried Chicken Baked Potato Green Beans Pineapple Corn Bread
29 Chicken Patty Sandwich Baked Potato Green Beans Peaches	30 Cheddar Broccoli Soup Half Bologna Salad Sandwich Side Salad Corn Fruit Cocktail			

East Toledo Senior Center Dining Site 1001 White Street Toledo, Ohio 43605. **To make lunch reservations, please call 419-691-2254 ext. 9**

Suggested donation is \$2.50 for those aged 60 and over.

A choice of white or chocolate milk is offered daily with each meal.