



## **PANDAS and Lyme Co-infection Case**

11 year old boy

Diagnosis: PANDAS

Previous treatments included antibiotics ( years prior) and previous homeopathy treatment several months before our treatment began.

The client came to me with the main complaints common with PANDAS cases; mood liability, anxiety, obsessive compulsive symptoms and school refusal. His previous homeopathy treatment was no longer helping and they had tried a couple of remedy changes with no success. I recommended a constitutional remedy of Calcarea Carbonica and this stabilized his tics and his anxiety symptoms, allowing him to have a much more pleasant and stable mood and a nice relationship with his brother again. His separation anxiety (need to have his mother close by at all times) had greatly diminished and attending school was no longer a problem.

In the months following, we addressed several strains of streptococcus, as well as, viral triggers. Each treatment brought more relief of his symptoms, as well as, progress in his social life; however, none brought relief to his fear and obsession with ants and people's feet. He was hyper aware of ants and would spend much time worrying about where they were. It limited his outdoor time somewhat significantly. If he saw an ant in a certain room of the house he would not be able to be in that room for long periods of time sometimes lasting weeks. He also could not tolerate seeing people's bare feet. His family would wear socks at all time to avoid discomfort for him. This was not easy to accommodate in the Southern heat! He simply could not tolerate feet near him and would become very angry if they were.

While progress continued in all other symptoms the fear and obsession with ants and bare feet increased. During a follow up, the mother reported some sadness in her son which we had not seen before as well as random aches and pains in his legs and hips. "He is really tanking! His anxiety with feet and ants is really bad! He needs constant reassurance and he is very angry and now hard to get along with!" Based on the sadness, random aches and my intuitive feeling I decided to recommend Babesia and Rickettsia in 30c.

The following month brought an active case of strep that needed to be addressed. The strep brought out his tics again but in a much less severe manner than the past. He also showed physical symptoms which had not been seen in many years such as a fever and very sore throat. He was switched to Arsenicum Album at this time as some anxiety had returned as well.

At the 3 month follow up the mother reports, “OMG! Things have finally calmed down. lol I HAVE MY SWEET BOY BACK!!! He has been amazing again! I hope it lasts. lol (His brother) is good too! He told me that his tics are all better! ” He had no complaints of aches and his fears with ants and feet had lessened both in frequency and intensity.

At the 5 month follow up the mother reports “ I was going to message you after a week but I decided to give it a little more time. He is doing OK?? Some days I notice the improvement but other days not so much..He is pretty controlling, emotional and I am back to washing his shoes. It could be worse.I know it was much worse.” I recommended an increase of Rickettsia to 200c and to continue the Babesia 30c at this time. A week later, the mom reported her sweet son was back and his fears were much better as was his need for emotional control.

At 7 months the mother reported “Things are pretty good. He is still doing great! He just went to on a school trip for 4 days. He had an amazing time!!! He didn't take any remedies with him. I honestly believe that he is healed.” No fear of feet or ants were reported. His sadness had not returned nor did any of his earlier symptoms.

Currently, it has been 18 months since I have heard from this mother.