

Good Faith Estimate Notice to Clients and Prospective Clients

As of 2022, The No Surprises Act includes new requirements for health care providers to inform any clients who don't have insurance or who are not using their insurance that they have a right to request and receive a "Good Faith Estimate" of the expected charges for medical services, including psychotherapy services. The law is intended to prevent clients from receiving unanticipated or 'surprise' healthcare bills.

You have the right to receive a Good Faith Estimate for the total expected cost of any non-emergency healthcare services, including psychotherapy services. You can ask your healthcare provider, and any other provider you choose, for a Good Faith Estimate before you schedule a service, or at any time during treatment.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your Good Faith Estimate. For questions or more information about your right to a Good Faith Estimate, or how to dispute a bill, visit www.cms.gov/nosurprises.