



MONTHLY DEVOTIONAL

# HOPE



**MAYFLY MOMENTS MICRO MODULES**



# Introduction

AND HOPE DOESN'T DISAPPOINT US, BECAUSE  
GOD'S LOVE HAS BEEN POURED INTO OUR  
HEARTS THROUGH THE HOLY SPIRIT WHO WAS  
GIVEN TO US.

ROMANS 12:12 (WEB)

Dear Sisters in Christ,

Hope is more than wishful thinking. It's a confident expectation grounded in God's promises. When life feels uncertain or burdens press heavy, hope anchors our hearts in the truth that God is still at work, still faithful, and still good.

This 31-day devotional journey through Scripture will help you rediscover the gift of hope. Each day, as you reflect on God's Word and pray intentionally, may you feel your spirit lifted and your soul steadied.

Let this be the month we declare together: our hope is in the Lord.

But now faith, hope, and love remain these three. The greatest of these is love. - 1 Corinthians 13:13

# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### **Romans 15:13**

Now may the God of hope fill you with all joy and peace in believing...



God of hope, fill my heart today. Let joy and peace overflow as I trust in You.

Amen.

## Journal & Hope

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# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### **Psalm 62:5**

My soul, wait in silence for God alone, for my expectation is from him.



Lord, You are my only hope. Teach me to wait quietly and confidently in You.

Amen.

## Journal & Hope

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# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### Lamentations 3:21-22

This I recall to my mind; therefore I have hope: it is because of THE LORD's loving kindnesses that we are not consumed.



Your mercy renews my hope daily, Father. Thank You.

Amen.

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# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### Psalm 71:5

For you are my hope, LORD; my confidence from my youth.



I've trusted You before, and I'll keep hoping in You now, Lord.

Amen.

## Journal & Hope

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# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### Hebrews 10:23

Let's hold fast the confession of our hope without wavering; for he who promised is faithful.



Strengthen my grip on hope, God. You never fail.

Amen.

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# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### Jeremiah 17:7

Blessed is the man who trusts in THE LORD, and whose confidence is in THE LORD.



I put my confidence in You, Lord. You are trustworthy.

Amen.

## Journal & Hope

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# WEEK 1: GOD, THE SOURCE OF OUR HOPE

## Read & Pray

### **Psalm 33:22**

Let your loving kindness be on us, LORD GOD, since we have hoped in you.



Thank You for your unfailing love, Lord. I place my hope in You alone.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

### Romans 5:3-5

...suffering produces perseverance; perseverance, character; and character, hope.



Even in trials, Lord, You're building my hope.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

### Psalm 42:11

Why are you in despair, my soul? Hope in God! For I shall still praise him.



I speak hope to my heart today, God. You are my praise.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

**Isaiah 40:31**

But those who wait for THE LORD will renew their strength...



As I wait in hope, renew me, Lord.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

### **Job 13:15**

Though he slay me, yet I will hope in him.



No matter what, I will hope in You, Lord.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

### 2 Corinthians 4:17-18

For our light affliction... works for us a far more exceeding and eternal weight of glory.



My eyes are on eternity, Lord. Let that hope carry me.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

### Psalm 9:18

For the needy shall not always be forgotten, nor the hope of the poor perish forever.



Thank You that You never forget the hopeful, Lord.

Amen.

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# WEEK 2: HOPE IN HARD TIMES

## Read & Pray

### Micah 7:7

But as for me, I will look to THE LORD. I will wait for the God of my salvation. My God will hear me.



I hope in Your response, God. I trust You hear me.

Amen.

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### 1 Timothy 1:1

...Christ Jesus our hope.



Jesus, You are my hope. I rest in You today.

Amen.

## Journal & Hope

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### Colossians 1:27

Christ in you, the hope of glory.



Thank You, Jesus, that hope lives in me because You do.

Amen.

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### 1 Peter 1:3

He has given us a new birth into a living hope through the resurrection of Jesus Christ...



My hope is alive because You rose, Lord.

Amen.

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### Hebrews 6:19

This hope we have as an anchor of the soul...



Anchor me in You, Jesus, when everything feels unsteady.

Amen.

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### Ephesians 1:18

...that you may know what is the hope of his calling...



Reveal to me the deep hope found in Your calling, Lord.

Amen.

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### Romans 8:24-25

For we were saved in hope... but if we hope for that which we don't see, we wait for it with patience.



I believe in what I can't yet see. Help me wait with hope.

Amen.

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# WEEK 3: HOPE THROUGH JESUS

## Read & Pray

### Titus 2:13

Looking for the blessed hope and appearing of the glory of our great God and Savior, Jesus Christ.



Let my heart be fixed on the hope of Your return.

Amen.

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Psalm 130:5

I wait for THE LORD. My soul waits. I hope in his Word.



I cling to Your Word, Lord. It is my daily hope.

Amen.

## Journal & Hope

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Galatians 5:5

For we, through the Spirit, by faith wait for the hope of righteousness.



Let righteousness grow in me as I hope in You.

Amen.

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Proverbs 13:12

Hope deferred makes the heart sick, but when longing is fulfilled, it is a tree of life.



Heal my heart, Lord, and fulfill holy longings in Your time.

Amen.

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Psalm 31:24

Be strong, and let your heart take courage, all you who hope in THE LORD.



Fill me with courage as I place my hope in You.

Amen.

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Romans 12:12

Rejoicing in hope; enduring in troubles; continuing steadfastly in prayer...



Let my hope turn into praise, no matter the situation.

Amen.

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### **Psalm 119:114**

You are my hiding place and my shield. I hope in your word.



Your Word is my shelter, God. I hide in Your promises.

Amen.

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### **Zechariah 9:12**

Return to the stronghold, you prisoners of hope!



Lord, help me choose to be a prisoner of hope, not despair.

Amen.

## Journal & Hope

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Isaiah 61:3

...to give them a garland for ashes, the oil of joy for mourning, the garment of praise for the spirit of heaviness...



Thank You, Lord, for turning sorrow into hope.

Amen.

## Journal & Hope

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Revelation 21:4-5

He will wipe away every tear... Behold, I am making all things new.



My eternal hope is in You, God. I trust You to restore all things.

Amen.

## Journal & Hope

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# WEEK 4: LIVING HOPE DAILY

## Read & Pray

### Revelation 21:6

I am the Alpha and the Omega, the beginning and the end. I will give freely to him who is thirsty from the spring of the water of life.



Lord, thank You for being the wellspring of hope that never runs dry. When the world exhausts me, You revive me. When my heart grows faint, You fill it with new expectation. I put my hope in You today and always.

Amen.

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# RESOURCES



Scan the QR Code to hear an inspiring word from the latest Mayfly Moments podcast.



Scan the QR Code to explore Bible-inspired items that enrich your faith through touch.



Scan the QR Code to test your Bible knowledge of our content.



Scan the QR Code to access recipes inspired by food from the Bible to nourish your body and soul.



Scan the QR Code to access our unique selection of scented items to help you meditate and reflect while you study God's Word.





# Thank You!

Thank you for joining us on this 31-day devotional journey. We pray that this devotional has helped renew your faith and strengthen your hope, no matter the situation you face. Remember that you don't face it alone. The Lord is with you.

Please contact us if you have any further questions or want to explore Mayfly Moments resources.

May your continued study of God's Word be filled with wisdom, inspiration, and a renewed passion to fulfill the divine purpose God has for your life.

*Krystal G. Livingston*

Servant Leader



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