

Insurance FAQs

Q: What insurance plans does Brave Breastfeeding accept?

A: Aetna, Cigna, United Health Care, and UMR. Most PPO plans are accepted. HMO plans are not accepted. We are currently working on BCBS coverage and will announce coverage as soon as we are able.

Q: How do I know if my insurance will cover a lactation visit with Brave Breastfeeding?

A: Submit a contact form and Brave Breastfeeding will add you to the schedule and send you intake paperwork to fill out. When you receive your paperwork, there will be instructions on how to call your insurance company and ask about lactation coverage.

Q: How does Brave Breastfeeding accept insurance?

A: Becky is credentialed with a group practice called Lactation Consultants of America. When you call, tell your insurance company you are seeing Lactation Consultants of America (not Becky Franzen). They should find LCA on their list of providers.

Q: What if my insurance says I'm not covered for lactation?

A: Don't hesitate to call back and speak with someone else. Mothers are given incorrect information all the time! Also, don't hesitate to check with Becky, as she can check with LCA if something seems unusual with your insurance coverage. If you are not covered by insurance, Becky will offer you a self-pay rate and give you a superbill to turn to your insurance to check on reimbursement. While reimbursement is not guaranteed, you are encouraged to submit to insurance.

Q: I called my insurance and they say I'm covered. What happens next?

A: After your paperwork is submitted, Becky will check on in-network status with LCA. You should be in touch with Becky about your lactation coverage so she knows you are covered..

Q: Will my insurance 100% cover a visit?

A: It depends on your coverage. Some insurance plans cover lactation at 100%. Other plans have cost-sharing or co-pays, which means you are responsible for a small percentage of the total. Most lactation visits will incur a travel fee to cover costs of Becky traveling to your home. Travel fees are paid directly to Becky at the time of the consultation.

Q: Does Brave Breastfeeding accept state medicaid?

A: Unfortunately, state medicaid does not cover lactation consultations. Becky offers a

discounted rate if you have state medicaid for insurance.