

# REPORT

# NHCC 2020



SEPTEMBER 2020

**NATIONAL HEALTH CARE CONFERENCE (NHCC) UGANDA**  
*The knowledge sharing platform for Nurses and Midwives*



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# Post Conference report

## Event Summary

We joined the rest of the world to commemorate Florence Nightingale and Mary Seacole under the theme that was named by the International Council of Nurses (ICN) and the World Health Organization (WHO): 2020, Year Of the Nurse and Midwife

(YONM). However, given the current Covid-19 pandemic, we followed the ICN updates, and an extension of the celebration has been announced for a further 6 months. The conference therefore, rather than focusing on the celebrations, was more informative and educative.

Given all emerging areas of specialization, the conference this year was designed to demonstrate the clear relationship between Nursing education and clinical practice as a reciprocal and critically important relationship.

The NHCC, the first of its kind in Uganda, was launched in 2018 with the inaugural conference held in October 2019. It has been designed by a Nurse for Nurses and Midwives to foster the sharing of skills, competences, and tools, to transform and enhance standardized care delivery across the country.



THE KNOWLEDGE SHARING PLATFORM FOR NURSES AND MIDWIVES

KEY GUEST SPEAKER DR THOMAS SERENA

DR CATHERINE HANNAWAY DR ROSE CLARKE NANYONGA PROF OMASWA

21-22 08 2020

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2020 THE YEAR OF THE NURSE/MIDWIFE

Skills... Competences.. Tools...

NATIONAL HEALTH CARE CONFERENCES UGANDA

Burdett Trust for Nursing

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# Conference Overview

NHCC volunteer team 2020 hosted a two-day virtual conference on 21<sup>st</sup> and 22<sup>nd</sup> August 2020. It was the 2<sup>nd</sup> conference and it was on improved clinical practice through Nursing education and research.



## Themes

The main conference themes related to three initial core themes which were: - Infection Prevention and Control (IPC), management of infectious diseases, and Nursing leadership including Young Nurses and Midwives – the Nightingale challenge. The sub themes were Nursing research and clinical practice.

A total of 10 abstracts from Nurses and Midwives were received. A panel of judges reviewed and determined the format for the abstracts presentations.

## The objectives of the conference this year

1. To foster discussion and strengthen connections between experts and Nurses and Midwives.
2. Join the global NNC to raise the profile of Nurses and Midwives who make up nearly 80% of the front-line health care workers in Uganda.
3. Build Nurses and Midwives' self-esteem, confidence, and value, enhance the image of the profession, and promote our core values of public safety and well-being.
4. Enable knowledge transfer and sharing through strategic collaboration with national and international experts.
5. Widen the network of professional contacts and business associates within the health professionals' groups.

## Conference Format

The two-day conference comprised plenary sessions, with 2-3 speakers per session.

Each speaker had varied time for presentation. On average twenty minutes each.

The oral and poster presenters had a total of ten minutes each followed by 5-10 minutes for questions and comments.

The conference was structured to foster discussion between participants around the core themes of the topics selected. This was achieved by open discussions on live stream and pre-prepared questions following each session.

Each day of the conference also allotted 5-minute breaks as comfort breaks to allow participants to continue their discussions after each session and to navigate the internet and connect on various social media platforms.

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## **Networking Program**

It was impossible to organize sufficient networking program due to the nature of the venue and given the current public health measures. However, time was allocated at the end of each day for a joint group reflection on the day's discussions, feedback and for networking. The chat box was not limited to only panelists or speakers. Therefore allowing all the conference participants to interact freely throughout the conference.

**There were in total ten Clusters** of Nurses and Midwives joining us at different public and private regional and referral hospitals with their senior leaders. These were Mbarara, Mulago, Mbale, Fort Portal, Hoima, Iganga, Lira, Arua, Masaka and Lubaga.

The clusters were also allocated time to interact within themselves and with the rest of the participants.

## **Policy Briefs**

Each speaker was required to submit their presentation slides based upon their conference presentation topic prior to the event.

## **Registrations**

Registration for the conference was free and open to students, academics, and Uganda government officials working in health care. Attendees included the senior staff from both private and public hospitals, education institutes and a few intern students and emerging scholars.

The nature of the conference meant that it was unsuitable for the event to be advertised or open to registration by the public. Instead, invitations were sent directly to contacts in relevant fields, who were also asked to promote the event to other potentially interested parties within their organization. In total, 412 participants registered for the conference.

## **Student Involvement**

Initially the plan was to encourage student participation in the conference by extending the invitations to them, due to the current pandemic it was impossible to organize this. Therefore, we are unable to determine the total number of students who attended.

## **The event was supported by various organizations and individuals in various ways.**

The conference received financial contribution from the Burdett Trust of Nursing and Seed Global Health, and technical support from various organizations including the Uganda UK Health Alliance (UUKHA), the Nursing Now campaign, Ministry of health via the Department of Nursing, Eye Health Africa foundation director, zone1hearing, Jhpiego, CEFOVID Uganda, Young Nurses and Midwives leadership forum, Moorfields NHS Trust, the Commonwealth Nurses and Midwives Federation (CWNMF).

## **Conference Recordings & Media**

The Conference was advertised on various social media platforms including media houses - TV talk shows, radio and promotional video clips. Although there were some technical limitations of the venue, it was possible to live stream and record the event. The video clips are now available to view via the Youtube channel National Health Care Conferences Uganda (<https://youtu.be/YMOblJzLczU>) ([https://youtu.be/ayX8oy\\_InDk](https://youtu.be/ayX8oy_InDk))

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# Chairperson's introductions

Dear respected guests, participants, and colleagues,

I feel delighted and privileged to conclude that the 2<sup>nd</sup> NHCC was a great success! Your enthusiasm and positive spirit helped make our time together both productive and informative. It was certainly a great privilege for the NHCC team 2020 to host. You can hear more about their experience on page 9.

It was a great opportunity for us all to listen to the outstanding, and interesting keynote speakers who were kind enough to join us and to share their presentations, knowledge, and experiences. This provided an exceptionally good atmosphere for discussion and networking.

I want to express my appreciation to the many individuals, organizations and colleagues who contributed in so many ways to turn this event into a successful smoothly run virtual conference. Gratitude is owed to especially Commissioner Dr. Safina Musene, Dr. Rose Clarke Nanyonga, Dr. Catherine Hannaway, Mrs. Irene Atuharirwe, Mrs. Kobukindo Kamau, Mr. Timothy Odongkara, Dr. Henry Muwonge, Ms. Rose Kiwanuka and Ms. Primrose Magala. In addition, I would also like to express my appreciation for my family members Mrs. Jemimah Mutabaazi and Mr. Matthew Pearson (my husband) for their continued support and guidance.

A total of 10 outstanding abstracts were submitted and presented this year (see page 11). They were all accepted by the judges led by Ms. Rose Kiwanuka for either oral or poster presentations. The presentations will be published on our website. No doubt, there will be more successful abstracts to follow. This is to enhance research abilities, something that is a particularly important part of Florence Nightingales' legacy, a key focus; to generate the evidence that is relevant to Uganda and underpins practice.

I thank all sponsors and supporters for their generosity and interest in the knowledge sharing platform for Nurse and Midwives – The Burdett Trust for Nursing, Seed Global Health, Uganda UK Health Alliance (UUKHA), Ministry of Health, Eye Health Africa, among many.

We wish you all the best and please stay tuned for upcoming events by visiting <http://www.nhccuganda.com>, follow us via @NhccUganda and be engaged with our forthcoming events and conferences to gain **Skills, Competences** and **Tools**.



A handwritten signature in black ink that reads "Elizabeth G M Pearson". The signature is stylized and cursive.

*Conference Chair and Founder*  
*Elizabeth G M Pearson, AdvDip, RN, BMedSci*  
*@ezabe222*

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# Communication from the Patron

Dear Colleagues and Partners,

This year, a critical thread that linked many of our discussions at the conference was leadership, an ancient Greek word meaning *Path maker*. There is an increasing recognition of the importance of positioning Nurses and Midwives for current and future roles in education, research, and practice.

As I reflect on these important conversations, I would like to restate one of our calls to action: we must create opportunities for leadership growth and scale for Nurses and Midwives in Uganda and globally.

There is need for intentional and improved investment in the current talent we have, and more importantly, we need to open doors for young leaders by creating a path to the table and strengthening enabling structures for them to thrive. This is work worth doing.

Thank you again for taking part in the conference and we look forward to seeing you again next year.

Sincerely,  
Dr. Rose Clarke Nanyonga  
Vice Chancellor, Clarke International University  
@RoseNanyongaCla  
Patron, NHCC



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# Appreciation from the Board, NHCC

We cannot begin to tell you all how much we appreciate your contribution. To the Speakers, the organizing team, and the participants.

2020 had been designated by the World Health Organisation (WHO) as the 'Year of the Nurse and Midwife' in celebration of the 200th birthday of Florence Nightingale. NHCC is working with the NNC team to promote Nursing and Midwifery. The training conferences have undoubtedly become the largest training conferences in Uganda and promise to go beyond the borders. We aim to advance and raise the profile of Nursing and Midwifery and promote excellence in clinical practice by enhancing the contribution of nurses on key issues, including universal health coverage, primary care, and communicable diseases.

We hope to continue outsourcing experts and forming partnerships. NHCC has created new ways to share knowledge and contribute to the evidence base for excellence in Nursing and Midwifery practice through initiatives such as the blog site (see message from the chief editor on page 15). The aim is to improve health, clinical outcomes, and patient experience, through building Nursing and Midwifery clinical and research leadership capacity and capability. By doing this we are empowering Nurses and Midwives to access skills, competencies, and tools. This in turn will build their self-esteem, give them the confidence to lead and work with integrity. Our aim is to become a reliable and trusted source of information for professional opinion and debate.

**Our Vision** - To be the leading conference training provider for Nursing and Midwifery, recognized for influencing breakthroughs on promoting our specialist colleagues on a National, continental and global level.

**Our Mission** - To pioneer change and improvements in clinical outcomes and patient experiences, through shared learning – *the knowledge sharing platform for Nurses and Midwives*.

## Our Values

**We Care:** - We care for Nurses and Midwives and this is at the heart of what we do. Like Florence Nightingale and Mary Seacole, we have an overriding instinct to enable Nurses and Midwives to be better and discover new ways to improve patient care and health outcomes.

**Challenge:** - We challenge norms and non-evidenced based Nursing and Midwifery practice. We promote transparency to lead and ignite change for the better.

**Promote:** - We promote courageous leaders to discover new ways of working through enhancing specialization and forge a path to impact policy and practice at local and national levels.

**Partner:** - We develop enduring relationships with the Nursing and Midwifery communities.

On behalf of the board,  
Mrs. Esther M. Odanga  
Trustee and Board Member NHCC

Photo credit: - Seed Global Health





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## UUKHA Remarks

On behalf of the secretariat and the wider membership of the Uganda UK Health Alliance, I convey my sincere gratitude to NHCC and the entire fraternity of Nurses and Midwives both in Uganda and the global community at large. It was very amazing to be part of such an excellent conference that touched the key global issues affecting nurses, as well as successes achieved by nurses and midwives on the global scene.

With a critical global shortage of not only Nurses and Midwives, but the entire health workforce, NHCC provides a forum that gives Nurses and Midwives an opportunity to develop in clinical skills, research, and leadership.

At UUKHA, we are looking forward to the involvement of Nurses and Midwives in all the consortia. These include Emergency health, mental health, diagnostics and imaging, eye health, global surgery, NCDs, infectious diseases and MCH.

On behalf of UUKHA and members we look forward to next year's NHCC conference for the continuous sharing of learning between Uganda and United Kingdom, and elsewhere.

Dr. Henry Muwonge  
Uganda Lead, Uganda UK Health Alliance  
Ministry of Health  
Plot 1, Kiwana Road, Bukoto  
P.O. Box 7272, Kampala, Uganda  
[www.uukha.org](http://www.uukha.org)



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# NHCC Team 2020 – The Volunteers’ voices

*I have been part of the organizing committee for the 2nd National Health Care Conference. I took part in mobilization of fellow Nurses and Midwives, leaders, and the stakeholders to attend the conference and to sensitize them about the International Year of the Nurse and the Midwife. I made a call to Uganda and all governments in the world to increase their investment into Nursing and Midwifery professions when I appeared on UBC, during the GMUXTRA talk show (see video clip via <https://www.facebook.com/UBCUganda/videos/2630912527151356/?app=fbi>) It's been a great experience of sharing and learning. I highly recommend all colleagues to attend the National Health Care Conferences.*



**Harriet Nayiga, Young Midwife Leader**



*These shared learning platforms and opportunities are changing the face of Nursing and Midwifery. NHCC is a Fantastic knowledge sharing and networking initiative. I cannot wait for the next one.*

**Primrose Magala, Eye Health Africa**



*The 2<sup>nd</sup> conference was highly educative. I am optimistic that like myself, my colleagues and all those that participated in this event did not depart the same. I learnt a lot through my volunteering experience, and it has added to my knowledge which is very crucial in the improvement of healthcare services in Uganda and globally.*

**Winfred Nakamanya, Nightingale Global Health Associate**

*Esteemed colleagues and partners, greetings to you all. I have had an opportunity to see NHCC from inception through my health volunteering services. It's an honor to see fruition of the passion to volunteer while learning and networking with NHCC 2<sup>nd</sup> conference 2020. I look forward to continue supporting the training Conferences.*

**Ronald Kamoga, Program Manager at CEFOVID Uganda**

# Panel of Judges NHCC 2020



We had a comprehensive panel of judges led by Ms. Rose Kiwanuka, Palliative Care specialist currently in community outreach. The judges met frequently via zoom app. They designed the final guidelines for the abstracts and these were published on the website as early as June.

The judges initiated an extension for submission for an extra 7days (25th July - 1st August) to allow more time for submissions and a decision was made to broaden the scope of topics because only a handful of abstracts submitted had initially met the themes selected.

The SEVEN (7) reasons for submitting abstracts were as below: -

1. To showcase the research/projects that have already been carried out by a Nurse/Midwife (scientist health professional) and promote Knowledge sharing including how to carry out Nursing research
2. Enhance research practice
3. Explore potential gaps for Nursing research
4. Practice structured abstract submissions
5. Opportunity to develop and implement some of the findings in the research papers
6. Centralized publication of completed Nursing research papers and Potential drive to advocate and adapt the abstracts presented to form our first Clinical Nursing Journal
7. Provide guidelines for future advancement of the profession and provide future relevant references for us in Uganda

The NHCC 2020 judges and their remarks: -

- I. Ms. Rose Kiwanuka, Lead judge; *"Secretariat, thank you for the coordination of a wonderful conference. Judges thank you for the good job done. It was an organized conference."*
- II. Dr. Patience Muwanguzi from Makerere University; *"Thanks and congratulations to the organizing team"*
- III. Dr. Rose Chalo Nabirye from Busitema University; *"Congratulations once again!"*
- IV. Mrs. Jemimah M. Mutabaazi, former chairperson UNMC; *"Well done the 2nd NHCC was amazingly successful"*
- V. Mr. Aliga Cliff Asher from Aga Khan University; *"was absolutely excellent being the first virtual conference and you have set the right rhythm for the next one. Am proud to be part of this"*
- VI. Mr. Edson Monday from Critical care educator; *"it was a great conference and a lot of shared learning"*

**Skills ...**  
**Competencies ...**  
**Tools ...**

## ABSTRACTS FINALISTS LIST NHCC 2020

<b>Oral presentations</b>		
<b>No.</b>	<b>Title of abstract</b>	<b>Authors and presenters</b>
<b>01</b>	Experiences of patients living with multi-drug resistant TB at TB clinic Mulago national referral hospital (B)	Mr. Lwanga Charles And Ms. Connie Olwit, Makerere University
<b>02</b>	Prevention of surgical site infection among mothers before, during and post caesarean section in obstetric and gynecological ward at fort-portal regional referral hospital (FPRRH).	Acayo Gladys, Kemyondo Hannah, Kyomuhendo Bridget, Namiro Racheal, Abilileko Innocent, Alex Adaku
<b>03</b>	Knowledge and practices of in-school adolescent girls regarding menstrual hygiene management in Barapwo parish, Iira district.	Ms. Obeny Jackie Patience
<b>04</b>	Assessing adherence of hospital staff to infection prevention and control guidelines in a RRH in Uganda	Ms. Winifred Mbabazi
<b>05</b>	Integration approaches of palliative care into primary health care in low -and middle-income countries a systematic review	Dinah Basirika and Colette Cunningham
<b>06</b>	Extension of eye health care services to the community	Nakamanya Winifred
<b>07</b>	The nursing documentation dilemma in Uganda: neglected but necessary. A case study at Mulago national referral hospital	Dr. Nakate Mary Grace, Uganda Christian University
<b>08</b>	The lived experience of multidrug resistant tuberculosis (MDR-TB) patients receiving treatment at Mbarara regional referral hospital.	Tumwesigye Ambrose, Namubiru Eunice, Yadaalhaji
<b>Poster presentations</b>		
<b>09</b>	Knowledge, attitude and use of premarital sickle cell disease screening among Primi-gravida women at Mulago hospital.	Namukasa Shamim
<b>10</b>	Hospital wide screening of sepsis using Qsofa and evaluating blood samples with procalcitonin biomarker at two urban hospitals in Uganda	Aliga Cliff Asher, Ojaku Alex

# NHCC 2020 speakers

Over the two days, the NHCC team 2020 brought together practitioners and specialists for a critical discussion on improving clinical practice through Nursing research and education. It combined expert short presentations by specialists, with structured discussion sessions.

## The conference featured the following distinguished guests

- ✚ Due to work commitments, our guest of Honor, Her Excellency the First Lady of the Republic of Uganda and Minister of Education and Sports, Mrs. Janet Museveni; was not able to join us and she was represented by Honorable Member of Parliament Ms. Rosemary Seninde.
- ✚ His Excellency the Ambassador of Uganda to the UK Mr. Julius Peter Moto.
- ✚ Dr. Diane Atwine, Permanent Secretary, Ministry of Health.
- ✚ Dr. Safina Musene, Commissioner Business, Technical, Vocational Education and Training (BTVET - the government training provider).
- ✚ Due to work commitments, Mrs. Beatrice Amuge, New Commissioner Nursing and Midwifery, Ministry of Health was not able to join the conference this year.

**THE 2nd NATIONAL HEALTH CARE CONFERENCE (NHCC) UGANDA**  
THE KNOWLEDGE SHARING PLATFORM FOR NURSES AND MIDWIVES

**Friday 21<sup>st</sup> August**  
10:30am - 03:30pm EAT

**Saturday 22<sup>nd</sup> August**  
11:00am - 03:30pm EAT

**GUEST SPEAKER**  
Hon. Janet Museveni,  
Minister of Education & Sports

**SPEAKERS**

Dr. Diana Abwine, Permanent Secretary, Ministry of Health

Mrs. Beatrice Amuge, Commissioner of Nursing and Midwifery, Ministry of Health

Keynote speaker: Dr. Thomas Serena MD, FACS, FACHM, MAPWCA, Serena Group, USA

Dr. Hajjat Safinah Musene, Commissioner of BTVET

H.E. Ambassador of Uganda to UK, Julius Peter Moto

Dr. Catherine Hannaway, Global Health Consultant, UK

Prof. Francis Omaswa, Executive Director ACHESI, and NINC Board member

Ms. Catherine Odeke, Country Coordinator, Nursing Now

Dr. Britney van de Water, Interim Director of Nursing and Midwifery, Seed Global Health

Mr. Craig Fitzpatrick, from World Counting Education Alliance

Mr. Musa Sanyang Akhamed, Nurse Practitioner & Clinical Lead, Moorfields Specialist Eye Hospital NHS, UK

Dr. Rose Gurah Nanyonge, Patron, NHCC, VC, Clarke Inst University

Ms. Emily Katarikamu, Country Director JHPIEGO

Mr. Rabindri Sakum, Member of International Council of Nursing (ICN) Kenya

Ms. Penni Wampamba, Neonatal Intensive Care Nurse, Northern Ireland Global Associate, UK

Ms. Michelle McCullum, Public Health Nurse, Nightingale Challenge, Northern Ireland

Elizabeth G M Pearson, Founding Chair NHCC Uganda, Inaam President UNMA UK

Ms. Judy Khanyola, Africa Representative, Nursing Now Campaign, Chair Center for Nursing & Midwifery, University of Global Health Equity, Rwanda

THEME: THE INTERNATIONAL YEAR OF THE NURSE & MIDWIFE REGISTER NOW: <https://bit.ly/32MwFkM> Email: [nhccuganda@gmail.com](mailto:nhccuganda@gmail.com)

Partners: Uganda UK, Seed GLOBAL HEALTH, jhpiego, Nursing now, 2020 INTERNATIONAL YEAR OF THE NURSE AND MIDWIFE, The World Continuing Education Alliance, InPact

## The key speakers, who are experts in various fields were: -



**Mrs. Catherine Odeke**, National Nursing Now Campaign (NNC) Uganda coordinator who kicked off the conference with a presentation titled, “why raising the profile of Nurses and Midwives is important”.



**Prof. Francis Omaswa, Executive Director of The African Centre for Global Health and Social Transformation (ACHEST)** and NNC Executive Board member, who presented under the title, “The Nurses’ role in strengthening health care systems – Uganda”.



**Dr. Rose Clarke Nanyonga, VC Clarke International University and Patron NHCC Uganda** presented comprehensive summaries on both days under the topics “Utilizing research in evidence-based practice” on day 1 and “Paving a new fraternity, advancing and embracing change on” day 2.



**Dr. Thomas Serena, MD, Serena Group USA** – International expert in the field of wound healing. He was the distinguished keynote guest speaker whose comprehensive presentation on ‘Advanced management of infections in wounds’ was very informative with detailed visual and interactive information sharing on advanced technology.



**Dr. Catherine Hannaway, Global Health Consultant, UK** presented on “Developing Our Global Young Nursing and Midwifery Leaders”. This included the 2020 Nightingale Challenge - a case study from Northern Ireland and links with Uganda. She included 3 young Nursing and Midwifery leaders (below) in her very thoughtful and thorough presentation.



Michelle McCollum, Public Health Nurse Northern Ireland, Nightingale Challenge, Northern Ireland.



Penninah Wampamba, Neonatal Intensive Care Nurse, England, Nightingale Challenge Northern Ireland Global Associate UK/Uganda.



Rashid Salam, Member of ICN Student Steering Group/ Nightingale Challenge Northern Ireland Global Associate, Kenya.

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**Stakeholders at NHCC 2020 – the presenters were**



**Dr. Brittney van de Water**, Associate Director for Pediatric Nursing and Interim Director of Nursing and Midwifery Seed Global Health presented a research benchmark project.



**Mr. Craig Fitzpatrick**, Director of World continuing education alliance (WCEA). Mr. Craig presented a visual presentation on the Online learning tools – the CPD application that can be downloaded and used easily.



**Mr. Peter Johnson**, Director of Nursing, Jhpiego, presentation was titled “Impact and making a difference”.

*“ For us who nurse, our nursing is a thing which unless we are making progress every year, every month, every week, take my word for it, we are going back...”*

**Florence Nightingale**

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# Evaluation remarks

Here are some of the quoted statements as feedback from the participants about what they thought was the most useful aspects of the conference and their takeaway remarks

*That I, too, can present my abstract, Ayebale E. from Ribirizi*

*Knowledge, experience, and skills shared can improve Nursing fraternity, Gladys A. from Fort Portal*

*The presentations to improve work performance and safety of patients like use of QSOFA in sepsis identification, Mugenyi R. Enrolled Nurse from Wakiso*

*Learning and hearing from the young Nurse leaders, Rosemary H. from Wakiso*

*The inspiration from the various speakers especially H. E. Ambassador Moto. Knowledge not shared is useless. Kato I. Nurse from Mukono*

*Nurse can do research. The NHCC is a forum where nurses can globally come together to share experiences and learn from each other. Vivian O. from Nakaseke*

*The focus on leadership. The opportunity of CPD online anywhere any time. Opportunities for nursing research dissemination. Scovia A. from Kiryandondo*

*The speakers were truly knowledgeable, Barbara T. from Hoima*

*Documentation is very much essential in-patient management and also infection prevention and control are key in promoting better service delivery to clients, Sylvia K. from Mbarara*

*Knowledge and experience exchange opportunity, Namyaro S. From Wakiso*

*The aspect of empowering Nurses and Midwives in all aspects like research, specialization and taking up leadership roles to enhance the quality of Nursing Care of patients and promote Nurses and Midwives welfare*

*Some awareness and encouragement words to us nurses from all the speakers of today  
A leader is born but doubles performance through further studies Kawooya M. from Mpigi*

*Abstracts writing, Naluyima C. from Rakai*



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# NHCC Nurses and Midwives' blog

Unmute yourself by Mrs. Tracy Kobukindo Kamau, Chief editor

Perhaps the most uttered words this year will be; *"Unmute yourself"*, because during the virtual meetings we are constantly finding ourselves asking one or two people, whose voice we want to hear, to change their microphone function on their electronic device so that the rest of us (attendees/participants) can hear them.

When you are speaking but your microphone is in the mute mode, the zoom app pops up a notification to alert you, as if to say: *"Hey, you are speaking but your mic is on mute - no one can hear you. Do you want to unmute your mic?"* Now, for a long

time, we (Nurses and Midwives) have used our voices, we have spoken in our homes, on the ward, in the changing rooms at the hospital, but perhaps no one was listening, or perhaps a few were listening but those that needed to hear it the most, did not. *Take a moment, right now, in your life, when you speak, are you on mute (subconsciously or consciously), or is your voice bold, audible, and amplified?*



The NHCC Nurses and Midwives blogsite, the first of its kind in Uganda, was launched in May this year. It is dedicated to sharing our writings and stories. It is a platform for the amplification of nurses and midwives' voices through the curation and publication of articles, research, and the personal stories. It is accessible to the public – online – and to people in the non-health sector to understand what we go through as care givers and also to get a glimpse of our much loved profession giving them in some cases, a chance to walk in our shoes!

At the onset of this pandemic, although many WhatsApp messenger groups had been formed and many critical issues were being discussed, among them, our preparedness, the plans by government to cover the gaps such as PPE, instead fear and anxiety abounded for the most part of early March. It seemed the direction and *our role* in the battle against COVID 19 was to be presumed or derived from past experiences, expectations, or imagination; *Nurses and Midwives were speaking but were their microphones muted?*

Fast forward five months later, we have published 15 articles - a combination of personal stories, public narratives and research pieces all written by Nurses and Midwives in Uganda. We will continue to do so, with a goal of publishing two pieces of literature every month. We have a dedicated team of experienced writers - five editors in total including myself: Dr. Rose Clarke Nanyonga, Ms. Maria Nakalanda, Mr. Elisha Okaisu and Mr. Muteebwa Laban. We work on a voluntary basis. We review and edit articles that have been submitted via our email address [editors.nhccuganda@gmail.com](mailto:editors.nhccuganda@gmail.com) We offer the writers support, give feedback as well as suggestions on how to make their writing/ piece better. Our aim is to groom a new generation of nurses and midwives' writers, *whose mics are muted*, to amplify their voices and provoke the change that they desire.

Not only is writing therapy, it is also an advocacy tool - when one writes, it is as though one has sang a song that will never stop playing, and often writers lose control as to where their pieces end up - sometimes with a sympathizer, other times with a leader or policy maker and at times it is just a curious reader, who shares with the next curious reader. You too, should unmute your microphone, and let your song be heard. We are ready to amplify it but can't control where it may land!

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# The program at a glance

*Skills ...*  
*Competencies ...*  
*Tools ...*

2<sup>ND</sup> NATIONAL HEALTH CARE  
CONFERENCE (NHCC) UGANDA



## Conference Program

Time (EAT)	Day 1 – Friday 21 <sup>st</sup> August 2020 Timekeeper- Mrs. Tracy K. Kamau (NHCC team 2020)	Team Lead
<b>SESSION ONE</b>		
10.30 am – 10.40 am	<b>Prayers and Anthems</b> <ol style="list-style-type: none"> <li>Uganda National Anthem – <i>Oh Uganda land of Beauty</i> Stanza One</li> <li>Uganda Nurse’ Anthem – sang by St Mary’s Midwifery Training School in Kalongo, Uganda.</li> <li>Prayers led by Mr. Ronald Kamoga, NHCC Team 2020 Volunteer</li> </ol>	NHCC Team 2020
10.40 am – 10. 50 am	<b>Background of National Health Care Conferences (NHCC) Uganda</b> Mrs. Elizabeth Pearson, Nurse and Founding chair	
10.50 am – 10.55 am	<b>The African journey for Nursing Now Campaign thus far</b> Ms. Judy Khanyola, Africa representative Nurse for NNC; Chair, Center for Nursing and Midwifery, University of Global Health Equity, Rwanda.	
10.50 am – 11.00 am	<b>Why raising the profile of Nurses and Midwives is important?</b> Remarks from Nursing Now Campaign Coordinator Uganda Mrs. Catherine Odeke	TIM O, NHCC Team 2020
11.00 am – 11.10 am	<b>Moving the fraternity forward adapting advanced technology and research in clinical practice</b> Remarks by Commissioner Nursing & Midwifery Ministry of Health Mrs. Beatrice Amuge	
11.10 am – 11.40 am	<b>Opening of the 2<sup>nd</sup> NHCC By the Guest of Honor, Ministry of Education and Sports, First lady of the Republic of Uganda, Mrs. Janet Museveni Introduced by Commissioner Nursing &amp; Midwifery Ministry of Health Mrs. Beatrice Amuge</b>	
11.40 am – 11.45 am	<b>Break 5 minutes</b> Nursing Now campaign song by Nsambya students	NHCC Team 2020
<b>SESSION TWO</b>		
<b>Moderator Mr. Edson Monday</b>		

11.45 am – 12. 30 pm	<b>KEYNOTE ADDRESS PART ONE</b> <b>Key Guest Speaker Advanced management of infections in wounds</b> Dr. Thomas Serena, MD, Serena Group USA	
12.30 pm – 12.40 pm	<b>Q &amp; A – Moderator Mr. Edson Monday</b>	
<b>SESSION THREE</b> <b>Moderator Chief Judge Mrs. Rose Kiwanuka</b>		
12.40 pm – 12.50 pm	<b>Oral Abstract Presentations</b> <b>1.Experiences of Patients Living with Multi-Drug Resistant TB at TB Clinic, Mulago National Referral Hospital (B)</b> Mr. Lwanga Charles And Ms. Connie Olwit, Makerere University	
12.50 pm – 1.00 pm	<b>2.Prevention of Surgical Site Infection Among Mothers Before, During and Post Caesarean Section in Obstetric and Gynecological Ward at Fort-Portal Regional Referral Hospital (FPRRH).</b> Acayo Gladys, Kemyondo Hannah, Kyomuhendo Bridget, Namiro Racheal, Abilileko Innocent, Alex Adaku	
1.00 pm – 1. 10 pm	<b>3.Knowledge and Practices of In-School Adolescent Girls Regarding Menstrual Hygiene Management in Barapwo Parish, Lira District.</b> Ms. Obeny Jackie Patience	
1.10 pm – 1. 20 pm	<b>4.Assessing adherence of hospital staff to infection prevention and control guidelines in a Regional Referral Hospital in Uganda</b> Ms. Winifred Mbabazi	
1.20 pm – 1.30 pm	<b>5.Integration Approaches of Palliative Care into Primary Health Care in Low -And Middle-Income Countries A Systematic Review</b> Dinah Basirika and Colette Cunningham	
1.30 pm – 1.40 pm	<b>6.Extension of Eye Health Care Services to the Community</b> Nakamanya Winifred	
1.40 pm – 1.50 pm	<b>7.The Nursing Documentation Dilemma in Uganda: Neglected but Necessary – A Case Study at Mulago National Referral Hospital</b> Dr. Nakate Mary Grace, Uganda Christian University	
1.50 pm – 2.00 pm	<b>8.The Lived Experience of Multidrug Resistant Tuberculosis (MDR-TB) Patients Receiving Treatment at Mbarara Regional Referral Hospital.</b> Tumwesigye Ambrose, Namubiru Eunice, Yadaalhaji	
1.10pm – 2.10 pm	<b>Q &amp; A – Moderator Chief Judge Mrs. Rose Kiwanuka</b>	
2.10 pm – 2.15 pm	<b>Break – 5 minutes</b> <b>Stakeholders announcement</b>	Mrs. Tracy K.

	<b>Uganda Nurses and Midwives blog announcement</b> <a href="https://www.nhccuganda.com">https://www.nhccuganda.com</a>	
2.05 pm - 2.20 pm	<b>Presentation from stakeholders – Day 1</b> Remarks from Dr. Brittney van de Water, Associate Director for Pediatric Nursing and Interim Director of Nursing and Midwifery Seed global health	
2.20 pm – 2.40 pm	<b>Moving the fraternity forward adapting advanced technology and research in clinical practice</b> <b>Interactive session with Nurse Leaders</b> Moderator Dr. Grace Nakate, Lecturer Uganda Christian University, Mukono	
2.40 pm – 3.00 pm	<b>Day 1 Closing Remarks</b> <b>Utilizing research in evidence-based practice</b> Dr. Rose Clarke Nanyonga, VC Clarke International University and Patron NHCC Uganda	TIM O, NHCC Team 2020
3.00 pm – 3.20 pm	<b>Closing Ceremonies and Networking</b> <b>Clusters joining us at Regional Referral Hospitals: -</b> <b>Day 1 - Friday</b> <ol style="list-style-type: none"> <li>1 Mbarara</li> <li>2 Mbale</li> <li>3 Hoima</li> <li>4 Lira</li> <li>5 Masaka</li> </ol> Meet NHCC Team 2020 <b>East African community anthem</b>	

2<sup>ND</sup> NATIONAL HEALTH CARE CONFERENCE  
(NHCC) UGANDA



## Conference Program

Time (EAT)	Day 2 - Saturday 22 <sup>nd</sup> August 2020 Timekeeper - Ms. Jacquelyn Ijokoreng (NHCC Team 2020)	Team Lead
	<b>SESSION ONE</b>	
11.00 am – 11.10 am	<b>OPENING - Prayers and Anthems</b> <ol style="list-style-type: none"> <li>Uganda National Anthem – <i>Oh Uganda land of Beauty</i> Stanza One</li> <li>Uganda Nurse’ Anthem – sang by St Mary’s Midwifery Training School in Kalongo, Uganda.</li> <li>Prayers led by Ms. Winnie Nakamanya, NHCC Team 2020 Volunteer</li> </ol>	NHCC Team 2020
11.10 am – 11.20 am	<b>Recap Day 1 - Background of National Health Care Conferences (NHCC) Uganda</b> Mrs. Elizabeth Pearson, Nurse, Founding chair	
11.20 am – 11.30 am	<b>The importance of advanced Nurse training in Uganda</b> Dr. Safinah Musene Commissioner of Business, Technical, Vocational Education and Training (BTVET) and Chair Nurses and Midwives Think tank	TIM O, NHCC Team 2020
11.30 am – 11.40am	<b>The Nurses’ role in strengthening health care systems - Uganda</b> Prof. Francis Omaswa, Executive director The African Centre for Global Health and Social Transformation (ACHEST) and NNC Exec Board member	
11.40 am – 12.20pm	<b>KEYNOTE ADDRESS PART TWO</b> Guest Speaker <b>Dr. Thomas Serena, MD</b> <b>Serena Group USA</b> Advanced management of infections in wounds	
12.20 pm – 12.35pm	<b>Q &amp; A</b> Moderator Mr. Edson Monday	NHCC Team 2020
	<b>SESSION TWO</b> <b>Moderator: - Ms Primrose Magala</b>	
12.35 pm – 1.05 pm	<b>Developing Our Global Young Nursing and Midwifery Leaders</b> Dr. Catherine Hannaway, Global Health Consultant, UK	

	<ul style="list-style-type: none"> <li>• The 2020 Nightingale Challenge - a case study from Northern Ireland and links with Uganda</li> <li>• The Importance of Inspiring, role-modeling and mentoring our future leaders</li> <li>• The Value of Making Global and Local Connections for Young Nurses and Midwives</li> <li>• Developing future opportunities locally</li> </ul> <p>Including young Nursing and Midwifery leaders:</p> <ol style="list-style-type: none"> <li>a) Michelle McCollum, Public Health Nurse Northern Ireland, Nightingale Challenge, Northern Ireland</li> <li>b) Pennie Wampamba, Neonatal Intensive Care Nurse, England, Nightingale Challenge Northern Ireland Global Associate, UK</li> <li>c) Rashid Salam, Member of International Council of Nursing (ICN) Student Steering Group/ Nightingale Challenge Northern Ireland Global Associate, Kenya</li> </ol>	
1.05 pm – 1.15 pm	<b>Comments and reactions</b>	
1.15 pm – 1.25 pm	<b>Poster presentations</b> <b>1. Knowledge, Attitude and Use of Premarital Sickle Cell Disease Screening Among Primi-Gravida Women at Mulago Hospital.</b> Namukasa Shamim	TIM O, UUKHA NHCC Team 2020
1.25 pm – 1.35 pm	<b>2. Hospital Wide Screening of Sepsis Using Qsofa And Evaluating Blood Samples with Procalcitonin Biomarker at Two Urban Hospitals in Uganda</b> Aliga Cliff Asher, Ojaku Alex	
1.35 pm – 1.45 pm	<b>Advanced Nurse Practicing and Specialized Nursing - a case for ophthalmic nursing</b> Mr. Musa Sanyang, Advanced Nurse Practitioner & Clinical Lead, Moorfields Eye Hospital NHS, UK	NHCC Team 2020
1.45 pm – 1.50 pm	<b>Q &amp; A</b> Moderators Ms. Primrose Magala and Ms. Winnie Nakamanya	
<b>SESSION THREE</b> <b>Moderator: - Mr. Kamoga</b>		
1.50 pm – 2.00 pm	<b>Improving clinical practice through clinical documentation - Abstract Presentation feedback</b> Chief/ Lead Panel of Judges NHCC 2020 Mrs. Rose Kiwanuka	

2.00 pm - 2.10 pm	<b>Presentation from stakeholders – Day 2</b> <b>Online learning tools</b> World Continuing Education Alliance (WCEA) Mr. Craig Fitzpatrick	Harriet N, NHCC Team
2.10 pm – 2.20 pm	<b>Impact and making a difference</b> Jhpiego Mr. Peter Johnson, Director of Nursing, Jhpiego	
2.20 pm – 2.25 pm	<b>Break - 5 minutes</b> Stakeholders announcements	
2.25 pm – 2.35 pm	<b>How healthcare diaspora can impact the health sector beyond remittances</b> <b>His Excellency the Ambassador of Uganda to the UK, Mr. Julius Peter Moto and Patron, UNMA-UK</b>	
2.35 pm – 2.45 pm	<b>Closing Ceremonies of 2nd NHCC 2020</b> <b>Supporting Nurses and Midwives – our healthcare frontlines</b> <b>Remarks by The Hon. Permanent Secretary Ministry of Health Dr. Diane Atwine, and Patron NNC Uganda, Co-chair UUKHA</b>	TIM O, NHCC Team 2020
2.45 pm – 2.50 pm	<b>Paving a new fraternity, advancing, and embracing change</b> <b>Dr. Rose Clarke Nanyonga, VC Clarke International University (CIU) and Patron NHCC Uganda</b>	
2.50 pm – 3.00 pm	<b>A case for The Uganda Nurses and Midwives Clinical Journal for advanced practice</b> Mrs. Elizabeth Pearson	
3.00 pm – 3.10 pm	<b>Special presentation from NNC Coordinator</b> Mrs. Catherine Odeke	
3.10 pm – 3.20 pm	<b>Networking</b> <b>Clusters joining us at Regional Referral Hospitals: -</b> <b>Day 2 – Saturday</b> <ol style="list-style-type: none"> <li>1. Mulago</li> <li>2. Iganga</li> <li>3. Fort portal</li> <li>4. Arua</li> <li>5. Lubaga</li> </ol> <b>ICN Nurses’ song – I am a Nurse</b>	Oscar M NHCC 2020

**THE END - THANK YOU & STAY SAFE**



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# Contributors





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UGANDA

**NATIONAL HEALTH CARE CONFERENCE (NHCC) UGANDA**  
*The knowledge sharing platform for Nurses and Midwives*

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