



SMJ
Physiotherapy

SMJ PHYSIOTHERAPY

ACTIVE LIVING CHAIR BASED EXERCISE CLASS

(Improve flexibility, balance strength and coordination)

NEW CLASS STARTING!!!!!!

Friday the 7th February 2020

At

Broome Village hall

Sun Road, Broome, Norfolk, NR35 2RW



Further Info: Shilu John (Chartered Physiotherapist)

Contact No: 07786735726

Worlingham Treatment room

Worlingham Pharmacy

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Worlingham , Beccles

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