



2nd Grade Brown Belt Form

Choong Jung Il-Jahng - *All things turn out perfect and beautiful.*

Brown Belt - *The tree is firmly rooted in the earth.*

New Techniques

Low Double Outer Forearm Block

High X-Block

Low Double Knifehand Block

High/Low Knifehand Block

Upset Ridgehand Strike

Horizontal Fingertip Thrust

Reverse Palm Heel Strike

#1 Jump Side Kick

#3 Jump Outer Crescent Kick

#1 Side Kick

Rear Stance

June-bee - Left foot steps to Regular Ready Position

2nd Half	Technique	Direction	Stance	Section
Segment 7	23. Right Low Double Outer Forearm Block	North	Middle	Low
	24. Right #1 Jump Side Kick	North		Mid/High
	25. Right Double Outer Forearm Block	North	Sparring	High
	26. Left Low Double Outer Forearm Block	North	Middle	Low
	27. Left #1 Jump Side Kick	North		Mid/High
	28. Left Double Outer Forearm Block	North	Sparring	High
Segment 8	29. Right Upset Ridgehand Strike	West	Left Rear	Mid
	30. Right Horizontal Spearhand Strike	West	Left Back	High
	31. Right #3 Jump Outer Crescent Kick	West		Mid/High
	32. Left Reverse Palm Heel Strike (Ki-hap)	West	Left Back	High
Segment 9	33. High X-Block	West	Closed	High
	34. Left Knifehand Strike	West	Closed	High
	35. Right Punch	West	Closed	Mid
Segment 10	36. Left Reverse Punch (Tension)	South	Right Front	Mid
	37. Left #2 Front Kick	South		Mid/High
	38. Left Round Kick	South		Mid/High
	39. Left Low Double Knifehand Block	South	Right Back	Low
	40. Right Reverse Upset Knifehand Strike	South	Left Front	High
Segment 11	41. Right Double Knifehand Block	West	Left Back	High
	42. Left High/Low Knifehand Block (Tension)	East	Left Back	High & Low
	43. Left #1 Side Kick	East		Mid/High
	44. Left High/Low Knifehand Block	East	Left Back	High & Low

Bah-ro - Left foot steps to Regular Ready Position