

II PUC

MIDTERM EXAMINATION 2025-26

I Answer the following in one word, phrase or sentence: (1x5=5)

1. (b) J. P. Das & Kirby
2. (c) Projection
3. (c) Psycho-neuroimmunology
4. (b) Conversion disorder
5. (a) Mild.

II Fill up the blank: (1x5=5)

6. Interest
7. Situationism
8. optimism
9. Social beings
10. Delusion of Persecution

III Match the following: - (1x5=5)

1. (d) Raven's Progressive Matrices
2. (a) endomorph
3. (b) Indian adaptation of TAT
4. (d) inventing new words
5. (c) inability to start or complete a course of action.



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IV Answer the following in one word, phrase or sentence: (1x5=5)

12. Cognitive Assessment system (CAS)
13. perception of oneself and ideas related to our competencies and attributes
14. General Adaptation Syndrome
15. helps to communicate clearly and confidently our thoughts, feelings, needs, wants etc.
16. characterized by widespread impairments in
 - Social interaction & communication skills
 - Stereotyped patterns of behaviour
 - interests and activities

V Answer the following (Any 7) in 200 Sentences: (2x7=14)

17. Aptitude

- Spl. combination of characteristics that shows individual's capacity to acquire some knowledge or skill after training
- Its innate capacity
- Eg. aptitude for singing helps individual to grasp easier and excel in the field if given training.

Intelligence

- General ^{or} overall capacity of an individual to understand the world, think rationally and use the available resources to deal with daily life challenges.
- Eg: handling school, relationships, managing work challenges etc.

[any one diff. with an example @ marks]

18. Definition by AAMD

19. 1) Observation of our own behaviour
 2) Self instruction
 3) Self reinforcement

} any 2
 with an example.

20. Social desirability } explain each in one sentence
 acquiescence

②

21. Primary appraisal

perception of new or
 changing event as positive,
 negative or neutral

Secondary Appraisal

assessment of ones
 coping abilities,
 resources and whether
 it is sufficient to meet
 the challenge.

22. abilities of adaptive and positive behaviours
 to enable ind. to deal effectively with day
 to day life challenges.

23. Psychoticism Symptoms

- 1) hostile - tough manner of interacting with people
- 2) Egocentric - lack of feeling for others
- 3) Antisocial - tendency to defy social conventions

any 2.

@ marks



24. Traumatic events - extreme events such as fire, train or road accidents, earthquake, robbery, rape, abuse, etc. ^{can} causing ^{severe} psychological effects that are persistent or after a time lapse causing severe mental and emotional distress. Eg: victims of natural disasters, war, accidents

25. relaxation techniques involve breathing exercises which improves the blood circulation and causes tightened muscles to relax. It helps to reduce anxiety, relax mind & body and improves well being.

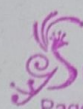
26. Formal thought disorder: Symptoms

- 1) loosening of associations and derailment
 - rapid shifting from one topic to other
 - abnormal structure of thinking or muddled thoughts
 - illogical thoughts

- 2) Neologisms - inventing new words & phrases
- 3) persistant and inappropriate repetition of the same thoughts - (perseveration)

27. Dissociative Fugue -

- unexpected travel away from home and workplace
- assumption of new identity.
- inability to recall previous identity.
- usually ends with when person suddenly 'wakes up'



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(3)

with no memory of the events during fugue.

VI

Answer any 6 of the following in 15-20 Sentences!
[4x6=24]

27. ~~Definition of Intellectual giftedness~~

28. Intellectual giftedness

- ~~Def~~ what is intellectual giftedness
- characteristics of a gifted children, mention any 5

29. Integral Intelligence

- what is integral intelligence
- write the 4 facets
 - Cognitive capacity - explain
 - Social competence - explain
 - Emotional Competence - explain
 - Entrepreneurial Competence - explain

30. MMPI

- who developed
- no of statements
- method to respond
- subscales - clinical conditions it explores
- and hence it is used as a diagnostic tool in clinical settings
- Indian adaptation of MMPI



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31. Ego defense mechanism

Write about the mechanism with a suitable example

- ~~location~~ Repression
- ~~Regression~~ projection
- denial
- reaction formation
- rationalization
- Regression

} any 2
② marks each.

32. GAS.

- What is GAS- expansion & meaning } ① mark
- who proposed this model
- Various stages of GAS —————> 2 marks
- diagram - depicting the same — 1 mark

33. Life Skills - Introduction

1. Assertiveness
2. Time management
3. Rational thinking
4. Improving Relationships
5. Self care
6. Overcoming harmful habits.

} mention the life skills and elaborate on any 4.

34. - What is substance abuse & addictive disorders?

- effects on behaviour & cognition, performance
- tolerance & withdrawal symptoms
- impact on family, relationship, career etc.

35. WHO measures:-
 brief introduction into suicidal behaviour.
 and enlist measures to prevent; } 4 marks,
 Write all 6 measures

36. Biological Factors underlying abnormal behaviour:

- 4 marks.
- Biological - genes, glands, nutrition, chemical imbalances, hormones, injuries, infection → ~~not~~
 - Psychological - Interpersonal factors & psychological factors - maternal deprivation, personality, learning, faulty behaviour, faulty thinking, attitude, self concept, self esteem, self worth, outlook to life, cognitive distortions.
 - Socio cultural - Family dynamics, family structure, social conditions, roles & responsibilities, expectations, social networks, support systems etc.

37. Anxiety disorders

- 4 marks.
- What are anxiety disorders - Symptoms.
 - GAD - Symptoms
 - Panic disorder - symptoms
 - phobias - symptoms & types.
 - Separation anxiety disorder
- } 1 mark each.



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VII

Ans any Two of the following 20-25 sentences:-
[6x2=12]

38. Theory of Multiple Intelligence - Howard Gardner

- Introduction
- Linguistic
- Logical-mathematical
- Spatial
- Musical
- Body Kinesthetic
- Interpersonal
- Intrapersonal
- Naturalistic

mention all types.

explain any 6
(6 marks)

39.

~~Draw~~

Define Normal Probability Curve - (1 mark)

Normal Curve drawing - (2 marks)

explanation of the distribution of Intelligence using curve - (2 marks)

Classification table - (1 mark)

40. Friedman and Rosenman's classification of personality

- 4 marks { Type-A - personality types & link to health condition
- 2 marks { Type B - "
- { Type C - "
- { Type D - "



41.

Schizophrenia

- What is schizophrenia

- Symptoms

→ positive symptoms

- delusions & types

- formal thought disorder

- hallucinations & types

- inappropriate affect.

4 marks.

→ negative symptoms - *alogia, blunt affect flat affect, avolition.*

→ psychomotor symptoms

Catatonia

stupor

rigidity

posturing.

2 marks.

Explain all symptoms briefly.

VIII

Practicals:

~~41, 43, 44~~ 42, 43, 44.

Plan — ①

Materials — ①

Procedure } — ②

Precautions }

Data analysis — ①