

What Can You Do With Zucchini?



Erica Groneman Jul 29 2 min read 9

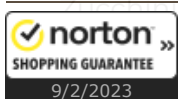


It's hard to talk about the home garden summer harvest without talking about **zucchini**. Zucchini is so plentiful, did you know August 8th is National Sneak Some Zucchini Onto Your Neighbor's Porch Day? Isn't that amazing! Zucchini has its own holiday.

At this point, you probably have a few extra large squashes that snuck away from your gaze for a few too many days. What can be done with these mounds of zucchini piling up on the kitchen counter, besides giving them away?

How Do I Use All My Zucchini?

In baking, zucchini adds moistness, texture, and flavor. These qualities make it a popular ingredient for many muffins, bread, cake, and brownie recipes. Zucchini is used in cooking soups, stews, salad, zucchini chips, or used as a healthy substitute for pasta. Zucchini can also be eaten plain, grilled, boiled, sauteed, or breaded and fried. Try preserving your harvest for a future day through freeze-drying, freezing, or other dehydration methods.



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versatility of zucchini, maybe you'll be sneaking the zucchini **from** your neighbor's porch instead!

For a great soup that can be eaten fresh, or frozen for later; try our **Minestrone Soup Recipe**.

About the Author



Hi, I'm Erica Groneman. I am a mom, volunteer, and a gardener. There's something satisfying about getting my hands dirty and watching things grow.

I believe gardening is universal and crosses all boundaries, bringing us all together. I hope we can share in the joy of growing together. Thanks for stopping by!

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9 comments

Melissa Knapton

I love Zucchini season! It sells very well at the farmers market and I also love adding it to brownies. It freezes as well when shredded and put in freezer bags.

Tiffany King

I am new to the country and to gardening outside of buckets and the Texas drought didn't help but I am looking forward to growing zucchini and trying out these recipe ideas minus the cake probably. Happy planting this spring friends!

Shonda B

I've love zucchini! I didn't grow any this year but my neighbor happily shared some of his harvest 😊😊😊

Corey Finlay

When I grow zucchini I always have an abundance and can't give enough away lol. I have started cutting and freezing it so I have it for cooking during the winter. These are some great ideas that I am excited to try with my new zucchini crop!

Amanda

Zucchini plants are probably the most dependable plants for a solid harvest, I just wish I could get enough squash blossoms for a solid app to share!

Michelle



waiting for my zucchini to flower! LOL! Unfortunately I don't have any to sneak on a neighbor. Great ideas, especially putting in meatloaf as that is one of my favorite dishes.



Heather

I had no idea about “sneak some zucchini on your neighbor’s porch day”! I haven’t gotten a single zucchini this year as the Oklahoma drought has hit us hard. But I still have some plants growing and am hopeful I’ll have some before our first frost. I love zucchini!!

Marj

My True Leaf zucchini seeds are growing plants now and with some zucchini growing well. I have some growing in pots on my balcony. Also in a small patch in the yard. They are the beautiful Grey zucchini with a nice thin skin and even the ones that grew large the skin is nice and thin no blemishes either. I made a zucchini bread and added 2 apples and some raisins. It turned out to be more like a coffee cake or a cake. Plenty sweet so I topped with slivered almonds no need for a frosting. The rest of the zucchini I had last week I sliced length wise stacked them in my slow cooker and poured in some frozen peas. I put no water in. I just turned on the slow cooker and at dinner the veggies were nicely steamed and zucchini was great with just butter and salt. Both recipes were quickly finished no leftovers and now I have 3 new picked ones and four on the vine. I love the grey zucchini they are perfection. I would have tons more zucchini if some critter a chipmunk or squirrel wasn’t eating the flowers > My heart is broken for those missed greys.....

Angela

My zucchini did great this year. I am a chef, so I welcome the challenge of creating new recipes (like zucchini pizza crust and stuffed squash blossoms); as well as enjoying tried and true recipes (like zucchini bread and sautéed zucchini noodles with sundried tomatoes).

Further Reading



Winter Rye - An Outstanding Cover Crop

Written By Lara Wadsworth Winter Rye is one of the most commonly planted cover crops in many of the northern states. It holds this title for good reason. The numerous benefits of planting Winter Rye undoubtedly outweigh any potential difficulties. This...



Ashleigh Smith Aug 30 5 min read 0



8 Flowers For Fall Planting

Written By Lara Wadsworth We all know about the spring rush to get our gardens planted before too much of the growing season passes. However, did you know that a wide variety of plants, especially wildflowers, will thrive in the coming year if you plant...



Ashleigh Smith Aug 30 3 min read 0

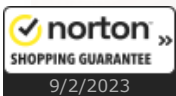


Winter Wellness: Embracing Microgreens and Cool Season Vegetables

Written By Chelsea Hafer As the holiday season approaches and the colder months draw near, it's easy to give in to the temptation of indulgent treats and abandon our health-conscious choices. However, staying true to your health goals doesn't have to mean...



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Perfect Peach Pie

Filling Ingredients Yield: 2 pies Fresh Peaches Sugar 1/4 cup to start, additional to taste Cornstarch 1/2 cup to start (up to a cup for extra large batches or thicker preference) Water 2 Pie Crusts Whipped Cream Instructions 1. Peel and pit enough...



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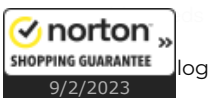
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Meet Taylor the Warehouse Cat!

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