

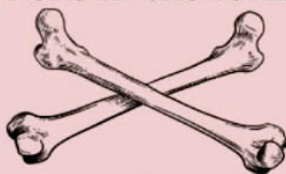
BLOOD & BONES



A Three Part Series
**Herbal Medicine with
Dr. Christina Pabers**

**“Our ancestors understood
that our blood was one of the
most precious substances in
our bodies. The liquid
highway of life, the**

**nourisher of our tissues, the healer of wounds, messenger of oxygen,
bringer of beauty and the carrier of family lineage. Poetry, art, music
and even faiths have featured blood for these reasons. In this class
we will discuss herbal medicine’s long history successfully caring for
the health of our blood. In this first class we will cover formulations
that enrich the blood. Workshop includes tasting and experiencing
each herb in the formula!”**



**Tuesday, October 28th
6:00pm \$20 per person
Call or DM us to RSVP
(805)702-4052**