



2025-26 Fall/Indoor Season

The Speed Academy Fall/Indoor season will run from September 2025 to March 2026. Our program is open to Grade 08 athletes (YOB 2012) and older. Tuesday/Thursday/Saturday Fall training will take place outdoors.

Fall Training Schedule

Tuesday/Thursday: 5:00 - 7:00 pm (**St Mary Catholic Secondary School**, 1918 Whites Rd, Pickering)
Saturday: 11:00 am – 1:00 pm (**TBD**)

The Club will move indoors to the **Pickering Soccer Dome** (1975 Clements Rd, Pickering L1W 4C2) and the **Abilities Centre** (1 Jim Flaherty St, Whitby, L1N 0J2) in November.

Indoor Training Schedule (Pickering Soccer Dome & Abilities Centre)

Tuesday (Pickering Soccer Dome): 6:00 – 7:30 pm (Female Athletes)
7:30 – 9:00 pm (Male Athletes)
Wednesday (Pickering Soccer Dome): 8:00 – 9:30 pm (Hurdlers)
Thursday (Abilities Centre): 7:30 – 9:30 pm (All Athletes)
*Saturday: (Abilities Centre): 4:00 – 5:30 pm (All Athletes)
*Saturday: (Pickering Soccer Dome): 12:00 – 1:30 pm (Female Athletes)
1:30 – 3:00 pm (Male athletes)

*The following Saturday practices will be held at the Pickering Soccer Dome: 2025: Nov 08, Nov 22, Dec 13; 2026: Jan 24, Feb 07, Feb 21, Feb 28.

Club Registration Fee

Cost for the Fall/Indoor season is **\$ 715.00**.

The following are **not** included in the Club registration fee: 2026 Athletics Ontario registration; track meet entry fees; Speed Academy uniform.

Indoor Facility Cost:

User fees will apply and are the responsibility of the athlete. The user fee for 2025-26 is \$ 210.00

General Strength Training:

TBD

Registration:

Club registration form and waivers are available for download from Club website:
<https://speedacademy.ca>