

TERM 1, 2021
1 FEBRUARY TO 28 MARCH 2021
MONDAY

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|-----------|--------------------|--------------------|---------------|---------|
| 3.30-4.30 | HIP HOP AFRO DANCE | MANOORA CENTRE | MURRAY ST | MANOORA |
| 4.00-5.00 | STREET SOCCER | HARALD FALGE PARK | LENNON ST | MANUNDA |
| 5.00-6.00 | YOUTH GYM | COMINOS PLACE PARK | COMINOS PLACE | MANUNDA |

TUESDAY

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|-----------|----------------------|--------------------|-------------|-----------|
| 1.15-2.15 | MOVE RE MOVEMENT ART | CAIRNS WEST SCHOOL | MAYERS ST | MANUNDA |
| 2.30-4.00 | STREET SOCCER | CAIRNS WEST SCHOOL | MAYERS ST | MANUNDA |
| 2.45-3.45 | HOCKEY FUN ZONE | BALACLAVA SCHOOL | MULGRAVE RD | MOOROBOOL |
| 4.30-5.30 | DEADLY NINJAS | HARALD FALGE PARK | LENNON ST | MANUNDA |

WEDNESDAY

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|-----------|----------------------|--------------------|-----------|-----------|
| 2.30-4.00 | KARATE KIDS | CAIRNS WEST SCHOOL | MAYERS ST | MANUNDA |
| 3.00-4.00 | ACROKIDS IN THE PARK | MURRAY ST PARK* | MURRAY ST | MANOORA |
| 4.30-5.30 | SKATEBOARDING | SHANG PARK | LONG ST | MOOROBOOL |
| 4.30-6.00 | BASKETBALL | 118 MURRAY ST | MURRAY ST | MANOORA |

THURSDAY

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|-----------|--------------------|--------------------|-----------|-----------|
| 2.30-4.00 | TENNIS | CAIRNS WEST SCHOOL | MAYERS ST | MANUNDA |
| 4.00-5.00 | STRONG FAMILIES | MOOROBOOL HUB | LONG ST | MOOROBOOL |
| 5.00-6.00 | TIKTOC DANCE PARTY | SHANG PARK* | LONG ST | MOOROBOOL |
| 6.00-8.00 | YOUTH YARNS | MOOROBOOL HUB | LONG ST | MOOROBOOL |

FRIDAY

| | | | | |
|-----------|-------------------|-------------------|-------------|-----------|
| 2.45-3.45 | TENNIS HOT SHOTS | BALACLAVA SCHOOL | MULGRAVE RD | MOOROBOOL |
| 4.00-5.00 | VOLLEYBALL | HARALD FALGE PARK | LENNON ST | MANUNDA |
| 5.00-6.00 | BASKETBALL | SHANG PARK | LONG ST | MOOROBOOL |
| 5.00-6.00 | RUNNING + WALKING | MURRAY ST PARK | MURRAY ST | MANOORA |

SATURDAY – NO ACTIVITIES SCHEDULED
SUNDAY

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|-----------|--------------------|------------|---------|-----------|
| 5.30-6.30 | TAGGIN IN THE PARK | SHANG PARK | LONG ST | MOOROBOOL |
|-----------|--------------------|------------|---------|-----------|

*In the event of wet weather this activity will be moved to Manoora Community Centre or Mooroobool Hub

FREE & FUN ACTIVITIES!!

P: 07 4040 4935 / E: Cairns.SaferStreets@police.qld.gov.au

W: www.cairnssafeststreets.com.au / FB: www.facebook.com/CairnsSaferStreets1

In the event of unforeseen circumstances, program days/times/venues are subject to change or may result in cancellation

PROGRAM DESCRIPTIONS

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|----------------------------------|---|--|
| ACROKIDS IN THE PARK | Test your co-ordination and balance with yoga practice through play, basing, flying and poses | MURRAY ST PARK *wet weather option Manooora Centre |
| BASKETBALL | Give participants a deeper understanding of the sport and engage young people in a positive way and with positive peer role models | 118 MURRAY ST / SHANG PARK |
| DEADLY NINJAS | Take on the challenge of an obstacle course which will see you jumping, climbing, crawling, dodging, lifting, pulling and pushing you to your limits. | HARALD FALGE PARK |
| HIP HOP AFRO DANCE | Learn some new dance moves and choreography in an energetic and fun environment | MANOORA CENTRE |
| HOCKEY FUN ZONE | An introduction to hockey, this program is modified for younger children and is designed to teach new skills and increase self-esteem. | BALACLAVA SCHOOL |
| KARATE KIDS (8YRS+) | Encompassing domains of health and wellbeing such as connection to land/country, culture, spirituality, ancestry, family and community, through karate. For ages 8 years and older. | CAIRNS WEST SCHOOL |
| MOVERE MOVEMENT ART | Focusing on body movement, co-ordination and independence, this program is specifically designed for people with special needs. | CAIRNS WEST SCHOOL |
| TIKTOC DANCE PARTY | Maintain a creative mind and healthy body through songwriting, vocals, dance and performance techniques | SHANG PARK *wet weather option Mooroolbool Hub |
| RUNNING + WALKING | Provides motivation and support to help the Cairns West community reach their running, walking, and fitness goals in a fun, safe, social, and encouraging environment | MURRAY ST PARK |
| STREET SOCCER | Engaging participants in basic soccer skills, promoting motivation, team bonding, physical education, fitness, coordination and motor skill activities | HARALD FALGE PARK CAIRNS WEST SCHOOL |
| STRONG FAMILIES | Introduction to health and nutrition, strength and conditioning, fitness workouts and smoothies | MOOROOLBOOL HUB |
| TAGGIN IN THE PARK | Enjoy a relaxed family day in the park with a fun game of Tag | SHANG PARK |
| TENNIS / TENNIS HOT SHOTS | Learn tennis skills, personal and social capability and intercultural understanding | CAIRNS WEST STATE SCHOOL BALACLAVA SCHOOL |
| VOLLEYBALL | Participants will learn volleyball skills and drills and enjoy match play in an inclusive environment | HARALD FALGE PARK |
| YOUTH GYM | Learn techniques of safe handling of gym equipment, strength, conditioning and cross-training session | COMINOS PLACE PARK |
| YOUTH YARNS (12YRS+) | Bringing young people together to enjoy each other's company in a safe and comfortable environment. For ages 12-25 years. | MOOROOLBOOL HUB |

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