



TERM 3, 2020

20 JULY TO 13 SEPTEMBER 2020

MONDAY				
2.30-4.00	OZTAG / TOUCH FOOTY	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
4.00-5.00	NAYTIVE HIP HOP	MANOORA CENTRE	MURRAY ST	MANOORA
5.00-6.00	BASKETBALL	SHANG PARK	LONG ST	MOOROBOOL
TUESDAY				
2.30-4.00	STREET SOCCER	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
2.45-3.45	KARATE KIDS	BALACLAVA SCHOOL	MCCOOMBE ST	MOOROBOOL
4.00-5.30	ACTIVE SPORTS	JENSEN ST PARK	JENSEN ST	MANOORA
4.00-5.00	STRONG FAMILIES	COMINOS PLACE PARK	COMINOS PL	MANUNDA
WEDNESDAY				
3.00-4.00	READING IN THE PARK	MURRAY ST PARK*	MURRAY ST	MANOORA
4.00-5.00	HULA HOOPS	MURRAY ST PARK*	MURRAY ST	MANOORA
4.30-5.30	SKATEBOARDING	SHANG PARK	LONG ST	MOOROBOOL
5.00-6.30	BASKETBALL	118 MURRAY ST	MURRAY ST	MANOORA
THURSDAY				
2.30-4.00	BASKETBALL	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
2.45-3.45	HOCKEY	BALACLAVA SCHOOL	MULGRAVE RD	MOOROBOOL
4.00-5.00	STRONG FAMILIES	MOOROBOOL HUB	LONG ST	MOOROBOOL
4.00-5.00	EDOR	SHANG PARK	LONG ST	MOOROBOOL
4.00-5.00	VOLLEYBALL	RAINTREES SHOPS	KOCH ST	MANUNDA
FRIDAY				
2.45-3.45	TENNIS HOT SHOTS	BALACLAVA SCHOOL	MULGRAVE RD	MOOROBOOL
3.15-4.30	YOUTH GYM	COMINOS PLACE PARK	COMINOS PLACE	MANUNDA
4.00-5.00	STREET SOCCER	SHANG PARK	LONG ST	MOOROBOOL
5.00-6.00	RUNNING + WALKING	MURRAY ST PARK	MURRAY ST	MANOORA
SATURDAY – NO ACTIVITIES SCHEDULED				
SUNDAY - CAIRNS WEST DRIVEWAY PROJECT				
4.00-6.00	FUN DRIVEWAY GAMES	VARIOUS – for weekly location check www.facebook.com/CairnsSaferStreets		CAIRNS WEST

*In the event of wet weather this activity will be moved to Manoora Community Centre

FREE & FUN ACTIVITIES!!

P: 07 4040 4935 / E: Cairns.SaferStreets@police.qld.gov.au

W: www.cairnssaferstreets.com.au / FB: www.facebook.com/CairnsSaferStreets1



PROGRAM DESCRIPTIONS

ACTIVE SPORTS	Multi sports sessions including Traditional Indigenous Games, Touch Football, AFL, Volleyball and water slides	JENSEN ST PARK
AFL	Enjoy learning AFL skills, drills and game play	SHANG PARK
BASKETBALL	Give participants a deeper understanding of the sport and engage young people in a positive way and with positive peer role models	118 MURRAY ST / SHANG PARK / CAIRNS WEST SCHOOL
DEADLY RUNNING + WALKING GROUP	Provides motivation and support to help the Cairns West community reach their running, walking, and fitness goals in a fun, safe, social, and encouraging environment	MURRAY ST PARK
EDOR	A crowd favourite, the Traditional Indigenous Game of Edor requires speed and agility to capture your opponents tag and cross the line	SHANG PARK
HOCKEY	An introduction to hockey, this program is modified for younger children and is designed to teach new skills and increase self esteem	BALACLAVA SCHOOL
HULA HOOPS	Learn the art of using a hula hoop using different techniques	MURRAY ST PARK *wet weather option Manooora Centre
KARATE KIDS	Encompassing domains of health and wellbeing such as connection to land/country, culture, spirituality, ancestry, family and community, through karate	BALACLAVA SCHOOL
NAYTIVE HIP HOP	Maintain a creative mind and healthy body through songwriting, vocals, dance and performance techniques	MANOORA CENTRE
OZ TAG / TOUCH FOOTY	Learn OzTag and Touch Football skills and drills along with fun game play	CAIRNS WEST SCHOOL
READING MATTERS	Enjoy reading in the park one-on-one and small groups whilst engaging in miming and improvisation activities and light physical exercise and games	MURRAY ST PARK *wet weather option Manooora Centre
STREET SOCCER	Engaging participants in basic soccer skills, promoting motivation, team bonding, physical education, fitness, coordination and motor skill activities	CAIRNS WEST SCHOOL SHANG PARK
STRONG FAMILIES	Introduction to health and nutrition, strength and conditioning, fitness workouts and smoothies	MOOROBOOL HUB
SKATEBOARDING	Participants are able to express themselves under the coaching and guidance of an Australian Accredited Skateboarding Coach	SHANG PARK
TENNIS HOT SHOTS	Learn tennis skills, personal and social capability and intercultural understanding	BALACLAVA SCHOOL
VOLLEYBALL	Participants will learn volleyball skills and drills and enjoy match play in an inclusive environment	BEHIND RAINTREES SHOPPING CENTRE
YOUTH GYM	Learn techniques of safe handling of gym equipment, strength, conditioning and cross-training session	COMINOS PLACE PARK

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In the event of unforeseen circumstances, program days/times/venues are subject to change or may result in cancellation