

TERM 4, 2020

12 OCTOBER TO 6 DECEMBER 2020

MONDAY

1.15-2.15	MOVE RE MOVEMENT ART	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
2.30-4.00	KARATE KIDS (8YRS+)	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
3.30-4.30	YOUTH GYM	MURRAY ST PARK	MURRAY ST	MANOORA
5.00-6.30	YOUTH YARNS (12YRS+)	MOOROPOOL HUB	LONG ST	MOOROPOOL

TUESDAY

2.30-4.00	STREET SOCCER	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
2.45-3.45	HOCKEY	BALACLAVA SCHOOL	MULGRAVE RD	MOOROPOOL
4.30-5.30	DEADLY NINJAS	HARALD FALGE PARK	LENNON ST	MANUNDA

WEDNESDAY

3.00-4.00	READING IN THE PARK	MURRAY ST PARK*	MURRAY ST	MANOORA
4.00-5.00	CULTURAL ACTIVITIES	MURRAY ST PARK*	MURRAY ST	MANOORA
4.30-5.30	SKATEBOARDING	SHANG PARK	LONG ST	MOOROPOOL
4.30-6.00	BASKETBALL	118 MURRAY ST	MURRAY ST	MANOORA

THURSDAY

2.30-4.00	AUSSIE FOOTY SKILLS	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
4.00-5.00	STREET SOCCER	HARALD FALGE PARK	LENNON ST	MANUNDA
4.00-5.00	STRONG FAMILIES	MOOROPOOL HUB	LONG ST	MOOROPOOL
5.00-6.00	NAYTIVE HIP HOP	SHANG PARK*	LONG ST	MOOROPOOL

FRIDAY

2.45-3.45	TENNIS HOT SHOTS	BALACLAVA SCHOOL	MULGRAVE RD	MOOROPOOL
4.00-5.00	VOLLEYBALL	HARALD FALGE PARK	LENNON ST	MANUNDA
5.00-6.00	BASKETBALL	SHANG PARK	LONG ST	MOOROPOOL
5.00-6.00	RUNNING + WALKING	MURRAY ST PARK	MURRAY ST	MANOORA

SATURDAY — NO ACTIVITIES SCHEDULED
SUNDAY

4.00-5.00	TAGGIN IN THE PARK	SHANG PARK	LONG ST	MOOROPOOL
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*In the event of wet weather this activity will be moved to Manooora Community Centre or Moorool Hub

FREE & FUN ACTIVITIES!!

P: 07 4040 4935 / E: Cairns.SaferStreets@police.qld.gov.au

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In the event of unforeseen circumstances, program days/times/venues are subject to change or may result in cancellation

PROGRAM DESCRIPTIONS

AUSSIE FOOTY SKILLS	Enjoy learning Australian Rules football skills, drills and game play	CAIRNS WEST SCHOOL
BASKETBALL	Give participants a deeper understanding of the sport and engage young people in a positive way and with positive peer role models	118 MURRAY ST / SHANG PARK
CULTURAL ACTIVITIES	Engaging participants in cultural activities and traditional games	MURRAY ST PARK *wet weather option Manooora Centre
DEADLY NINJAS	Take on the challenge of an obstacle course which will see you jumping, climbing, crawling, dodging, lifting, pulling and pushing you to your limits.	HARALD FALGE PARK
HOCKEY	An introduction to hockey, this program is modified for younger children and is designed to teach new skills and increase self-esteem.	BALACLAVA SCHOOL
KARATE KIDS (8YRS+)	Encompassing domains of health and wellbeing such as connection to land/country, culture, spirituality, ancestry, family and community, through karate. For ages 8 years and older.	CAIRNS WEST SCHOOL
MOVE RE MOVEMENT ART	Focusing on body movement, co-ordination and independence, this program is specifically designed for people with special needs.	CAIRNS WEST SCHOOL
NAYTIVE HIP HOP	Maintain a creative mind and healthy body through songwriting, vocals, dance and performance techniques	SHANG PARK *wet weather option Mooroolbool Hub
READING IN THE PARK	Enjoy reading in the park one-on-one and small groups whilst engaging in miming and improvisation activities and light physical exercise and games	MURRAY ST PARK *wet weather option Manooora Centre
RUNNING + WALKING	Provides motivation and support to help the Cairns West community reach their running, walking, and fitness goals in a fun, safe, social, and encouraging environment	MURRAY ST PARK
STREET SOCCER	Engaging participants in basic soccer skills, promoting motivation, team bonding, physical education, fitness, coordination and motor skill activities	CAIRNS WEST SCHOOL / HARALD FALGE PARK
STRONG FAMILIES	Introduction to health and nutrition, strength and conditioning, fitness workouts and smoothies	MOOROOLBOOL HUB
TAGGIN IN THE PARK	Enjoy a relaxed family day in the park with a fun game of Tag	SHANG PARK
TENNIS HOT SHOTS	Learn tennis skills, personal and social capability and intercultural understanding	BALACLAVA SCHOOL
VOLLEYBALL	Participants will learn volleyball skills and drills and enjoy match play in an inclusive environment	HARALD FALGE PARK
YOUTH GYM	Learn techniques of safe handling of gym equipment, strength, conditioning and cross-training session	MURRAY ST PARK
YOUTH YARNS (12YRS+)	Bringing young people together to enjoy each other's company in a safe and comfortable environment. For ages 12-25 years.	MOOROOLBOOL HUB

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