



**FREE & FUN  
ACTIVITIES!**

## SEPTEMBER/OCTOBER SCHOOL HOLIDAYS 2020

21 September to 4 October 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10.00-11.00 TOUCH FOOTY SHANG PARK	10.00-11.30 DEADLY FUN GAMES MURRAY ST PARK	10.00-11.00 CULTURAL ACTIVITIES MURRAY ST PARK*	10.00-11.00 DEADLY NINJAS HARALD FALGE PARK	10.00-11.00 HANDBALL COMP SHANG PARK
<i>Like us on Facebook for programs, event and updates</i>				
3.00-4.30 VOLLEYBALL HARALD FALGE PARK	3.00-4.00 FOOTY SKILLS + DRILLS SHANG PARK	4.30-5.30 SKATEBOARDING SHANG PARK	2.00-3.00 NETBALL SKILLS + DRILLS CAIRNS VILLAS	3.00-4.30 YOUTH GYM MURRAY ST PARK
5.00-6.30 YOUTH YARNS (12YRS+) MOOROBOOL HUB	4.00-5.00 STREET SOCCER HARALD FALGE PARK	5.00-6.00 NAYTIVE HIP HOP MURRAY ST PARK*	4.00-5.00 STRONG FAMILIES MOOROBOOL HUB	5.00-6.00 BASKETBALL SHANG PARK

In the event of unforeseen circumstances, program days/times/venues are subject to change or may result in cancellation

\*In the event of wet weather this activity will be moved to Manoora Community Centre

**P: 07 4040 4935 E: [Cairns.SaferStreets@police.qld.gov.au](mailto:Cairns.SaferStreets@police.qld.gov.au)**

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## PROGRAM DESCRIPTIONS

<b>BASKETBALL</b>	Give participants a deeper understanding of the sport and engage young people in a positive way and with positive peer role models	Shang Park
<b>CULTURAL ACTIVITIES</b>	Engaging participants in cultural activities and traditional games	Murray St Park <small>*wet weather option Manoora Centre</small>
<b>FOOTY SKILLS + DRILLS</b>	Learn OzTag and Touch Football skills and drills along with fun game play	Shang Park
<b>DEADLY FUN GAMES</b>	Enjoy fun games in the park including tug-a-war, sack races, red rover, Frisbee tennis and more	Murray St Park
<b>DEADLY NINJAS</b>	Take on the challenge of an obstacle course which will see you jumping, climbing, crawling, dodging, lifting, pulling and pushing you to your limits.	Harald Falge Park
<b>HANDBALL COMP</b>	With handball all the rage participants can enjoy some structured game play	Shang Park
<b>NAYTIVE HIP HOP</b>	Maintain a creative mind and healthy body through songwriting, vocals, dance and performance techniques	Murray St Park <small>*wet weather option Manoora Centre</small>
<b>NETTY SKILLS + DRILLS</b>	Learn the skills to play netball through a range of drills by qualified coaches	Cairns Villas
<b>SKATEBOARDING</b>	Participants are able to express themselves under the coaching and guidance of an Australian Accredited Skateboarding Coach	Shang Park
<b>STREET SOCCER</b>	Engaging participants in basic soccer skills, promoting motivation, team bonding, physical education, fitness, coordination and motor skill activities	Harald Falge Park
<b>TOUCH FOOTY</b>	Participate in touch football and Edor skills and drills followed by game play	Shang Park
<b>STRONG FAMILIES</b>	Learn tips and tricks for families to stay happy and healthy including how to maintain good hygiene, eating healthy, staying active and looking after each other.	Mooroobool Hub
<b>VOLLEYBALL</b>	Participants will learn volleyball skills and drills and enjoy match play in an inclusive environment	Harald Falge Park
<b>YOUTH GYM</b>	Simple fitness routines and techniques using items that you will find in and around your home	Murray St Park
<b>YOUTH YARNS (12YRS+)</b>	Bringing young people together to enjoy each other's company in a safe and comfortable environment. For ages 12-25 years.	Mooroobool Hub

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