

News from the Network

Summary of updates provided by YSMN members about new information or changes to service and program delivery.

Cairns Regional Council (Community Development Branch)

- Cairns Regional Council facilitates the regional COVID-19 Human and Social Sub-Committee (HSSC) to assess the impacts and coordinate recovery activities related to human and social systems for the Cairns Local Government Area. To inform this work, Council has partnered with James Cook University to carry out a COVID-19 rapid social needs assessment on behalf of the region. The JCU research team are undertaking targeted engagement with key sector to identify the needs of the community and propose appropriate responses. A final report will outline priority actions for recovery the next 12 months, with findings to be made widely available to inform immediate approaches to improve community responses to abrupt events as well as adapt to a post COVID-19 environment. The work will also inform a more in-depth impact study planned later in the year that will shape longer-term recovery, adaptation and resilience strategies. Further input will be sought from the sector throughout this process.

Cairns Safer Streets (CSS)

- Newly developed project SPAYC Cadets is commencing on the 22/07/2020. 4 Weeks intake process will be undertaken in 4 weeks prior to commencement;
- Information Session will be held at 5pm on Wednesday 26/06/2020; Headspace, Grafton Street;
- SPAYC Youth Activities will return to a *Face to Face* delivery in Term 3;
- June – July holiday program has been developed (*see below*);
- Further updates on our website and FB page:
 - FB: <https://www.facebook.com/CairnsSaferStreets1/>
 - Web: <https://cairnssafestreets.com.au/>

GIVIT

- Relaunched a new site: GIVIT is an online non-profit agency – operating over 10 years;
- GIVIT is free, applications go through a vetting process;
- GIVIT team is working with charities across the country;
- Online process has been updated;
- GIVIT operations is matching generosity with genuine need and works with registered charities and organisations;
- Donations from public can be made via the online warehouse;
- Support organisation can register online – once registered, organisation can request support on behalf of organisation/agency clients;
- Donations can be ways of physical items of cash. Cash can be directed to an appeal;
- Website: www.givit.org.au, please view to peruse *Appeals*;
- Registered charities and organisation are able to view the online warehouse, check out the items online prior to making a request. Items is listed in your area;
- Operations is branching out, people are donating logistical services i.e. accounting, counselling etc.;
- New initiatives, working to secure donation partners – IT hardware/data

Sexual Health

- Resumption of *BAU* – Post COVID-19, seeing people Face to Face, walk in service has resumed;
- Visit FB page for updates, team has commenced outreach and education work with other agencies;

LINK and LAUNCH – DoE

- School base program, currently running at Trinity Bay State High School;
- Designed to assist Yr 12 graduates who haven't managed to link into further training and employment;
- Assist students with what they would like to do i.e. CV, job applications, finding training courses etc;

- Link young people to support i.e. Mental health or sexual health, housing etc.;
- Set up an employment hub for student/young people;

LIVES LIVE WELL

- Returned to work in office, however unable to see clients in office. Team can see clients in a safe place comfortable for clients i.e. Café, park etc.;
- Recommissioned Shanty Creek Rehab, Mareeba. Currently looking for referrals;
- *Good news* Breakthrough for Families program – 12 months extension on the contract
- Webinar Sessions – Breakthrough for Families
See attachment below

RED CROSS

- Staff currently working in the well-being centre during the COVID-19 lockdown;
- Recently re-opened the Manoora Community Centre;
- Mooroolbun Hub currently getting refurbished due to damages, further updates will be sent out;
- Team has undertaken outreach during the lockdown, working with other agencies to support community members;
- Working with other agencies around the *Sorry Business* in Cairns West area. Team will look to connect with support agencies – mental health well being support. Enable agencies to work from the community hubs to access and support community;
- Community engagement with Police to build relationship with community;

Youth Justice

- *BAU* during COVID-19, restricted and limited capacity;
- Jonas: Acting Senior Transition Officer, role continuing the establishment and continuation of the T2S program. Last 12 months has received funding. Further information available on request;
- T2S, Intensive group base education and vocational training pathway;
- External reference group meeting held this Thursday 25/05/2020;

CENTACARE:

- Key projects /priorities with the easing next month
 - Youth Wellbeing Engagement Program to be delivered at Trinity Bay High School and Cairns West State Primary School
- This will be small face-to-face group work with CALD students focusing on resilience and growing connections to the broader community. In High School will continue to deliver to gender based groups to deal with topics that are more sensitive.
- Continue to deliver online wellbeing groups (this commenced in COVID -19 lockdown and has proven to grow digital capacity of CALD students)
- Young Adult Wellbeing Drop In
 - Working closely with partners including Harbrow Mentoring and Refugee Health Nurse to create a welcoming wellbeing space for 18 – 25 year old new arrivals.
- CMS will continue to engage CALD young people and support their participation in the Cairns Safer Streets programs specifically FIT program, Our SPACE program and SPAYC CADETS.

ME WELL

- Relatively new to the Cairns area;
- Provide capacity building and support coordination for client within NDIS;
- Looking to provide mental health support for youths;
- Introduction of role

JUTE THEATRE

- JUTE Actors Studio offers quality professional theatre training for young people aged 9 to 18+;
- Term 3 Enrolments are now open at JUTE Actors Studio;
- Enrol here → → <https://bit.ly/2Vm8PIb>
- <https://jute.com.au/in-development/jute-actors-studio/>
- Natalie Taylor returns as our lead facilitator, offering professional theatrical experiences, where every student gets a go;

Child Safety Youth and Women – CREATE Foundation

- This year CREATE Foundation will be celebrating Child Protection Week (6 -12 September 2020) with some exciting online events and competitions.

The first one we would like to reveal to is.... **ART COMP!**

This competition is designed to encourage young artists from across Queensland to submit artwork around the theme of Child Protection. Entries can be submitted in any form you like; dance, painting, photography, drawing, video, sculpture etc.

Please note: Only entries from children and young people with a care experience will be accepted. Participants must be clubCREATE members, between the ages of 0-26 years.

Categories include (\$150 prize for each category):

1. Safety – What makes you feel safe?
2. Participation – What does participation mean to you? Why is it important to include children and young people in decision making?
3. Shine a Light on Children – DIY Lantern Project (see pack above for more details)
4. Regional – Celebrating an awesome young artist in regional Queensland
5. Under 12's – Celebrating artists under the age of 12 years
6. Aboriginal & Torres Strait Islander young people – Celebrating deadly young Queensland artists

RUNNER UP - \$250 prize

OVERALL WINNER - \$500 prize

With dozens of extra prizes up for grabs!

Entries open on the 1st of July and close on the 31st of August with all winners to be announced during Child Protection Week.

Please send a photo/video of the artwork to gld@create.org.au with the Subject title: ART COMP along with young person's NAME, AGE, EMAIL and/or PHONE NUMBER, clubCREATE MEMBERSHIP NUMBER and CATEGORY to go into the draw to win.

For further information please contact amy.jasper@create.org.au / 0432 173 016

See attachment below

New Youth engagement Website

As part of their Youth Engagement initiatives, **Education Queensland** are pleased to share with you two new online resources. These may support staff within your organisation who deal with disengaged young people and their parents:

www.wethedifferents.qld.edu.au (Youth site)
www.sparktheirfuture.qld.edu.au (Parent site)

The aim of the We the Differents site is to empower young people to overcome barriers they might be facing, motivate them and to increase their understanding of options and pathways available to reengage in education. Some of the content themes include; find your different, do education your way, make it possible with education/training and you don't have to do this alone.

The Spark their Future site aims to provide parents with online support and advice for their child who is disengaging. The content is delivered in a non-confronting way and is designed to reach, support and motivate parents of disengaged young people to help them remain engaged in education pathways.

The sites include:

- easy to read articles
- engaging imagery for both young people and their parents
- videos providing key messages
- tips, information and handy hacks
- pathway options and
- support links.

We encourage you to share the websites or particular articles with young people who might be at risk of disengaging from education (and/or their parents). There is a downloadable Spark their Future flyer available [here](#) for parents.

Some links to articles you may find useful are included below:

Youth
[Feeling overwhelmed? You've got this](#)
[Find your different – Amy's story](#)
[When school doesn't feel right](#)

Get qualified in school

Parents

Looking after yourself

Five ways you can support your child's education

How a morning routine can help your child at school

Tips for talking to your teenager

Given your frontline experience communicating with young people and their parents, EQ welcomes your input and feedback to both sites. If you have any recommendations for future articles, content type or has general feedback, please email the Program Manager, Michelle Horn via email at: michelle.horn@qed.qld.gov.au.

Youth Futures Summit

<https://youthfuturesummit.org.au/>



Upcoming Events

HANDS ON ART QUEENSLAND CHILD PROTECTION WEEK

SHINE A LIGHT FOR CHILDREN

CHILD PROTECTION WEEK LANTERN PROJECT



DI.Y. LANTERN MAKING INSTRUCTIONS

MAKE LANTERNS AND SHINE A LIGHT ON QUEENSLAND CHILD PROTECTION WEEK
6 - 12 SEPTEMBER 2020

benevolent parentline opg public guardian

Funded by Queensland Government

HANDS ON ART QUEENSLAND CHILD PROTECTION WEEK

Thank you for your interest in the 'Shine a Light for Children' Lantern Project!

Hands on Art invite you to make special paper lanterns for Queensland Child Protection Week 6-12 September 2020.

Wherever you live in Queensland you can join in the fun!

To get you started, we're distributing Lantern Packs to limited numbers of community groups. Get in touch with handsonart@communify.org.au if you'd like to enquire about receiving one of these.

You can also make beautiful lanterns with easy to find materials using our easy to follow DIY Lantern Making Instructions. There are several lanterns to choose from to suit all ages and abilities.

Why not display your lanterns at your school, your window or in your community space leading up to Child Protection Week? Send us photos of your displays by email or post and tag us on Facebook and Instagram! #qldchildprotectionweek

Would you like an artist facilitator to come to your group and help run a lantern workshop? Get in touch with us to talk about a Hands on Art artist coming to your event!

www.facebook.com/substationgallery/
www.instagram.com/handsonart_substation/
www.handsonart.org.au
www.childprotectionweek.org.au/events/


Protecting children is **EVERYBODY'S BUSINESS**

HANDS ON ART QUEENSLAND CHILD PROTECTION WEEK

DI.Y. #2 PAPER LANTERNS

You'll need

- Recycled & clean plastic bottle (frosted plastic milk bottles are great!)
- Coloured paper
- Scissors or craft knife
- Stapler
- Sticky tape
- White or light coloured tissue paper
- Watered down PVA glue (50 / 50 mix)
- Paint brush for glue
- Hole punch for handle
- Wool, string or ribbon for handle
- Coloured cellophane



- 1) Carefully cut the top off the clean plastic bottle
- 2) Decoupage the bottle including the bottom using light coloured tissue paper (See Decoupage Lantern Instructions)
- 3) Place on plastic or sink to dry to prevent glue sticking
- 4) Cut a rectangle of coloured paper that wraps snugly around the bottle with a little overlap
- 5) Decorate paper with paint or pens
- 6) Fold paper in half length ways & cut slits into the paper (see picture)
- 7) Wrap paper around the bottle & attach with staples or tape
- 8) Cut a thin strip of paper to fit around the top & bottom of the bottle in a contrasting colour
- 9) Attach using sticky tape
- 10) Using a hole punch make 2 holes in the top of the bottle for a handle
- 11) Thread wool through holes to make handle
- 12) Pop a small piece of crumpled cellophane inside to represent your light

ENJOY YOUR BEAUTIFUL LANTERN!

Protecting children is **EVERYBODY'S BUSINESS**

HANDS ON ART QUEENSLAND CHILD PROTECTION WEEK

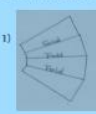


LANTERN PACKS: FOLDED PAPER LANTERNS

Want to receive a FREE lantern pack for your community group? Get in touch with us at handsonart@communify.org.au to enquire!

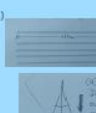


You'll need

- Cardboard base (provided in pack)
- 4 x sticks (provided in pack)
- Tape
- Scissors
- Rubber band
- Coloured cellophane
- Coloured A3/A4 paper with template printed (template provided in pack)

- 1) Cut the solid lines of the template
- 2) Cut small holes and patterns in the paper. Decorate with extra paper, point, pencils, be creative!
- 3) Join the ends of the paper together (tape the inside)

- 4) Wrap a small piece of tape around one end of each stick (these will become the feet)
- 5) Take your base. From underneath, ease the sticks through the small holes until they stop at the feet
- 6) Gather the ends and tape or rubber band together

- 7) Drop the cover over the top of the frame and fit it over the cardboard base
- 8) Place a small piece of crumpled cellophane inside to represent your light

ENJOY YOUR BEAUTIFUL LANTERN!

benevolent parentline opg public guardian

Funded by Queensland Government

20
20

IN CELEBRATION OF CHILD PROTECTION WEEK

create
FOUNDATION

ART COMP

ENTRIES OPEN
1 JULY
& CLOSE
31 AUGUST

**\$500 PRIZE FOR
WINNER & LOADS
MORE PRIZES UP
FOR GRABS!**

ENTRIES ONLY OPEN TO CHILDREN &
YOUNG PEOPLE IN CARE
WINNERS ANNOUNCED DURING CHILD
PROTECTION WEEK, 6-12 SEPTEMBER 2020

FOR MORE INFORMATION CALL 3317 6020
PLEASE SEND ALL ENTRIES WITH SUBJECT LINE 'ART COMP' TO
QLD@CREATE.ORG.AU

ART COMP



create
FOUNDATION

ENTRIES CLOSE 31 AUGUST 2020

This competition is designed to encourage young artists from across Queensland to submit work for Child Protection Week 2020. Only entries from children and young people with a care experience will be accepted. Entries can be in any form you like; dance, painting, photography, drawing, video, sculpture etc. Get creating! :)

CATEGORIES INCLUDE:

- SAFETY - WHAT MAKES YOU FEEL SAFE?
- PARTICIPATION - WHAT DOES PARTICIPATION MEAN TO YOU? WHY IS IT IMPORTANT TO INCLUDE CHILDREN AND YOUNG PEOPLE IN DECISION MAKING?
- SHINE A LIGHT ON CHILDREN - DIY LANTERN PROJECT
- REGIONAL - CELEBRATING AN AWESOME YOUNG ARTIST IN A REGIONAL AREA
- UNDER 12'S - CELEBRATING ARTISTS UNDER THE AGE OF 12
- ABORIGINAL & TORRES STRAIT ISLANDER YOUNG PEOPLE - CELEBRATING DEADLY YOUNG QUEENSLAND ARTISTS.

\$150 GIFT CARD FOR WINNER OF EACH CATEGORY

JUDGES SELECTION:

- OVERALL WINNER - \$500 GIFT CARD
- RUNNER UP - \$250 GIFT CARD

**DOZENS OF 'HIGHLY COMMENDABLE' PRIZES UP FOR GRABS TOO!
ENTER TODAY FOR YOUR CHANCE TO WIN!**

**WINNERS ANNOUNCED DURING CHILD
PROTECTION WEEK, 6-12 SEPTEMBER 2020**

PLEASE SEND ALL ENTRIES WITH SUBJECT LINE 'ART COMP' TO
QLD@CREATE.ORG.AU



SPACE+PLACE

Activities for Youth in Cairns

**FREE & FUN
ACTIVITIES!**

JUNE/JULY SCHOOL HOLIDAYS 2020
29th June to 12th July 2020

Due to social distancing guidelines, our June/July School Holidays 2020 program will be delivered to you at www.facebook.com/CairnsSaferStreets1

Like and follow our Facebook page, then click on Events to join our online events
Share with your friends so that they can join in and stay connected and active too!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10.00-11.00 ASPIRE HOCKEY	#spayc	10.00-11.00 YOUTH GYM	10.00-11.00 READING MATTERS	#spaceandplace		
Join us live on Facebook						
4.00-5.00 SPORTS AT HOME	4.00-5.00 STRONG FAMILIES	Don't have Facebook? Contact us for the link to join using Google Chrome on your phone, iPad, tablet or computer		4.00-5.00 SOCCER SKILLS	2.00-3.00 FOOTY SKILLS	CAIRNS WEST DRIVEWAY PROJECT FUN DRIVEWAY GAMES
5.00-6.00 BASKETBALL SKILLS		6.00-7.00 UNLEASH A STAR	5.00-6.00 ACTIVE CHALLENGE	5.00-6.00 HIP HOP AFRO DANCE PARTY		

In the event of unforeseen circumstances, program days/times/venues are subject to change or may result in cancellation

P: 0472 838 388 E: Cairns.SaferStreets@police.qld.gov.au

W: www.cairnssafestreets.com.au FB: www.facebook.com/CairnsSaferStreets1





TERM 3, 2020

20 JULY TO 13 SEPTEMBER 2020

MONDAY				
2.30-4.00	OZTAG / TOUCH FOOTY	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
4.00-5.00	NAYTIVE HIP HOP	MANOORA CENTRE	MURRAY ST	MANOORA
5.00-6.00	BASKETBALL	SHANG PARK	LONG ST	MOOROOBOOL
TUESDAY				
2.30-4.00	STREET SOCCER	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
2.45-3.45	KARATE KIDS	BALACLAVA SCHOOL	MCCOOMBE ST	MOOROOBOOL
4.00-5.30	ACTIVE SPORTS	JENSEN ST PARK	JENSEN ST	MANOORA
4.00-5.00	STRONG FAMILIES	COMINOS PLACE PARK	COMINOS PL	MANUNDA
WEDNESDAY				
3.00-4.00	READING IN THE PARK	MURRAY ST PARK*	MURRAY ST	MANOORA
4.00-5.00	HULA HOOPS	MURRAY ST PARK*	MURRAY ST	MANOORA
4.30-5.30	SKATEBOARDING	SHANG PARK	LONG ST	MOOROOBOOL
5.00-6.30	BASKETBALL	118 MURRAY ST	MURRAY ST	MANOORA
THURSDAY				
2.30-4.00	BASKETBALL	CAIRNS WEST SCHOOL	MAYERS ST	MANUNDA
2.45-3.45	HOCKEY	BALACLAVA SCHOOL	MULGRAVE RD	MOOROOBOOL
4.00-5.00	STRONG FAMILIES	MOOROOBOOL HUB	LONG ST	MOOROOBOOL
4.00-5.00	EDOR	SHANG PARK	LONG ST	MOOROOBOOL
4.00-5.00	VOLLEYBALL	RAINTREES SHOPS	KOCH ST	MANUNDA
FRIDAY				
2.45-3.45	TENNIS HOT SHOTS	BALACLAVA SCHOOL	MULGRAVE RD	MOOROOBOOL
3.15-4.30	YOUTH GYM	COMINOS PLACE PARK	COMINOS PLACE	MANUNDA
4.00-5.00	STREET SOCCER	SHANG PARK	LONG ST	MOOROOBOOL
5.00-6.00	RUNNING + WALKING	MURRAY ST PARK	MURRAY ST	MANOORA
SATURDAY – NO ACTIVITIES SCHEDULED				
SUNDAY - CAIRNS WEST DRIVEWAY PROJECT				
4.00-6.00	FUN DRIVEWAY GAMES	VARIOUS – for weekly location check www.facebook.com/CairnsSaferStreets		CAIRNS WEST

*In the event of wet weather this activity will be moved to Mancoors Community Centre

FREE & FUN ACTIVITIES!!

P: 07 4040 4935 / E: Cairns.SaferStreets@police.qld.gov.au

W: www.cairnssafeststreets.com.au / FB: www.facebook.com/CairnsSaferStreets1





Breakthrough For Families

ALCOHOL & OTHER DRUG
INFORMATION, EDUCATION & SUPPORT

**Concerned about a family member's drug or alcohol use?
Want to play a more supportive role?**

Families can access **FREE** support through attending information sessions or **individual counselling** (online and phone counselling available).

No referrals required – just call us!

Face to Face counselling will resume in the future.

Lives Lived Well will be delivering free public **Information Webinars** across **Queensland** in the coming weeks.

We will be running two separate sessions to cover the content of our usual Community Family Information Sessions.

Part One - Communication:

- Topics include:
 - Physical and mental effects of substance use
 - Brief history of substance use in society
 - Why people use substances
 - Overview of methamphetamines (ice)

Part Two - Family Strategies

- Topics include:
 - How to set workable boundaries
 - Stages of Change for Families (loss and grief)
 - Where to go for more help
 - What are treatment options?

Please email breakthroughforfamilies@liveslivedwell.org.au with your preferred dates. You will be sent a calendar invite with instructions on how to access the Webinar.

Dates for July are as follows:

Part 1 Dates & Times

Thursday 2 July, 8.30am - 10am
Monday 6 July, 4pm - 5.30pm
Thursday 9 July, 8.30am - 10am
Monday 13 July, 8.30am - 10am
Thursday 16 July, 2.30pm - 4pm
Monday 20 July, 4pm - 5.30pm
Thursday 23 July, 8.30am - 10am
Monday 27 July, 8.30am - 10am
Thursday 30 July, 2.30pm - 4pm

Part 2 Dates & Times

Friday 3 July, 8.30am - 10am
Tuesday 7 July, 4pm - 5.30pm
Friday 10 July, 8.30am - 10am
Tuesday 14 July, 8.30am - 10am
Friday 17 July, 2.30pm - 4pm
Tuesday 21 July, 4pm - 5.30pm
Friday 24 July, 8.30am - 10am
Tuesday 28 July, 8.30am - 10am
Friday 31 July, 2.30pm - 4pm



Help us spread the word

Do you work with families that may benefit from attending this Information Session?

Please forward this email to people in your networks.

All inquiries and RSVPs should be directed to:

- Clare: 0437 693 558 or clare.thompson@livesliveswell.org.au
- Phoebe: 0437 742 832 or phoebe.weier@liveslivedwell.org.au



It is Me and my Wellbeing in Cairns!



Me Well is a mental health specialising NDIS provider. We might be new to Cairns but as a division of Neami National we have over 30 years' experience in mental health and wellbeing.

We are passionate about working with you so that you can make the most of your NDIS plan, hit your goals and live your best life.

The Me Well Cairns team is ready to work with you so give us a call today to find out more.

Contact Dione: 0456650951

1800 258 258

info@me-well.org.au

Support Coordination

Available from 6 January 2020

HAS VACANCIES NOW

- Coordination of supports
- Specialist support coordination

Capacity Building Supports

Available from February 2020

BOOK NOW

- Improved living arrangements, assistance with accommodation and tenancy obligations
- Increased social and community participation
- Improved daily living skills, individual skill development and training including public transport training

 A division of Neami National

2 SPIRITS


PROMOTING HEALTHY ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITIES





<https://xpesports.gg/high-school-league/product/high-school-league-season-2-registration/>

#SALVOS



You are here: Home > Need Help > Financial Assistance

Financial Assistance

Having money troubles?

Financial problems can affect anyone, anywhere, at any time. With debt building up, paying your rent or even buying food for your family can feel overwhelming.

Money troubles may leave people feeling lonely, embarrassed and isolated. If your financial situation gives you more of an icy shiver than a warm sense of safety, help is at hand. There are many services to help you get back on your feet.

Do you need urgent help?

If you find yourself in a sudden crisis, call us. We'll listen and support you with immediate basic needs.

Are you in ACT, NSW or Queensland?

Call our emergency relief team on **1300 371 288**. We'll listen to the issues you're facing and direct you to your nearest SalvosConnect community centre, where you can pick up your pre-approved help package.

The National Youth Commission also hosted the Q+A: Young and Essential session on 25th May, elevating young people's voices and providing a more engaging conversation about young people's experiences during COVID-19.

COVID-19 is on everyone's minds right now. The pandemic is throwing our lives into chaos and our futures. Young people, in particular, have been hard hit by job losses, disruption to education, lack of sufficient government support, increased mental health challenges and more.

So how will young people fair after COVID-19? What do we need to do now to prepare for this future? And how can we create a better world for them to thrive in work and life?

If you missed the live broadcast, you can watch a recording of it here:

<https://www.youtube.com/watch?v=0U6OzhrZY88>

