

LITTLE SADHU



TAROT GUIDE

Learn the basics of tarot cards and how
to read them.



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1. Introduction to Tarot

Welcome to the fascinating world of tarot! Whether you're using tarot for divination, self-reflection, or personal growth, this guide will help you start your journey with clarity and confidence.

Tarot is more than just a tool for fortune-telling—it's a mirror to your subconscious, a powerful guide to understanding your emotions, and a way to tap into universal wisdom. The cards help you reflect on your current situation, uncover hidden insights, and make more informed choices.



2. The Structure of the Tarot Deck

A traditional tarot deck consists of 78 cards, divided into two main categories:

- Major Arcana (22 cards): These cards represent significant life events, spiritual lessons, or major themes. They reflect the journey of the Fool (the protagonist) through the stages of life. Example: The Fool, The Magician, The Lovers, Death.
- Minor Arcana (56 cards): These cards represent day-to-day situations and emotional challenges. They are split into four suits:
 - Cups: Emotions, relationships, intuition
 - Pentacles: Material world, career, physical matters
 - Wands: Creativity, action, inspiration
 - Swords: Thoughts, challenges, communication

Each suit has 14 cards: 10 numbered cards (Ace to 10) and 4 Court cards (Page, Knight, Queen, King).



3. How to Use Tarot Cards

Using tarot can be an empowering and reflective practice. Here's a simple process to get started:

1. **Prepare Your Space:** Set the intention for your reading. Cleanse the space by lighting a candle, burning sage, or using crystals if you like. It's important to create a space where you can focus and be present.
2. **Ask Your Question:** Be clear about the question or area of your life you want insight into. Avoid vague or overly broad questions.
3. **Shuffle the Cards:** While shuffling, think about your question or the intention you set. You can shuffle the cards until it feels right to you.
4. **Choose Your Spread:** For beginners, the 3-Card Spread is a great place to start (more on that in the next section).
5. **Interpret the Cards:** Look at the images and let your intuition guide you. Also, consider the card meanings (see the next section for a brief guide).
6. **Reflect & Journal:** After the reading, take time to reflect on the messages you received. Journaling can help deepen your understanding of the cards and your intuitive process.



4. Your First Tarot Spread: The 3-Card Spread

A simple but powerful spread, the 3-Card Spread gives you insights into past, present, and future influences on a particular situation. Here's how to do it:

Past, Present, Future Spread:

- Card 1 (Past): Represents the influence of past events or situations that have led to your current state.
 - Card 2 (Present): Reflects the current energies surrounding your situation.
 - Card 3 (Future): Offers insight into the potential future outcome based on the current trajectory.
- This spread can help you gain clarity on how past choices or experiences are influencing your present, and how your current actions may shape your future.

Example Spread:

- Card 1: The Tower (Past): A major life change or upheaval that led to growth.
- Card 2: The Lovers (Present): A decision around relationships or partnerships that need careful consideration.
- Card 3: The Star (Future): A message of hope, healing, and inspiration for the future.



5. Tips for Enhancing Your Intuition

Intuition is a key element in tarot reading. Here are a few tips to help you develop and trust your intuitive abilities:

- **Start with the Images:** Focus on the images of the card. What stands out to you? Are there colors, symbols, or objects that catch your eye? These elements may have personal or symbolic meaning.
- **Feel the Energy:** Before interpreting a card, close your eyes and hold it in your hand. Focus on how it feels. Does it feel heavy or light? Warm or cool? Trust your sensations.
- **Ask Open-Ended Questions:** Ask questions that invite exploration rather than just a simple "yes" or "no" answer. For example, "What do I need to know about my career?" rather than "Will I get the job?"
- **Practice Daily:** The more you practice, the stronger your intuition will become. Try a daily 1-3 card pull to reflect on your day or gain guidance.



6. Common Tarot Card Meanings

Here's a quick reference for some of the most common tarot cards and their meanings. Feel free to refer to this as you start practicing:

- The Fool (0): New beginnings, spontaneity, taking a leap of faith.
- The Magician (I): Manifestation, skill, and resourcefulness. You have everything you need to succeed.
- The Lovers (VI): Relationships, choices, love, harmony, alignment.
- The Chariot (VII): Victory, willpower, determination, control over emotions.
- Death (XIII): Transformation, endings, letting go of the past for a new beginning.
- The Star (XVII): Hope, inspiration, spiritual guidance, healing.
- The Moon (XVIII): Illusion, subconscious, intuition, things hidden beneath the surface.
- The Sun (XIX): Joy, vitality, success, optimism.
- The Tower (XVI): Sudden change, disruption, awakening, breakdown of false structures.

Minor Arcana:

- Ace of Cups: New emotional beginnings, creativity, intuition.
- Two of Pentacles: Balancing priorities, juggling responsibilities.
- Three of Swords: Heartbreak, emotional pain, a time of healing.
- Ten of Wands: Burden, responsibility, feeling overwhelmed.
- Page of Swords: Curiosity, learning, communication, quick thinking.



7. Conclusion & Next Steps

Congratulations on completing the tarot guide!
You now have the basics to begin your tarot practice and start reading the cards with confidence.

Here are some next steps to continue your journey:

1. **Start a Tarot Journal:** Record your readings, insights, and experiences. This will help you track your progress and deepen your connection with the cards.
2. **Practice Regularly:** The more you read, the more you'll tune into your intuition and refine your skills.
3. **Explore Deeper Meanings:** Dive into more complex spreads and learn about the relationships between cards.
4. **Join the Tarot Community:** Whether online or in person, connecting with other tarot enthusiasts will help you grow and learn.

If you're ready to dive deeper, explore my other offerings on tarot readings, workshops, or personalized courses. Keep trusting your intuition, and enjoy the magic that tarot brings!



Thank you for downloading "The Tarot Guide"! If you found this guide helpful, be sure to check out my other resources:

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- Personal Tarot Readings
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