

DEAH BERRY MITCHELL

FOUNDER/CEO

NOSTALGIA BLACK GROUP

Deah Berry Mitchell is the founder and C.E.O. of Nostalgia Black Group, a multimedia company whose core business is preserving Black cultural history through writing, public speaking, tourism and technology. Hailing from Sherman, Texas, and like many Southern natives, she was raised in a family of traditionalists eating sumptuous soul food classics.

After moving to Houston, Texas and gaining influences from various cultures, including her Japanese ancestry, she began to incorporate those cooking styles into her recipes. Berry Mitchell is also a freelance writer and has a column published in the Dallas Morning News in which she writes about Black historical foodways, contributes Black history articles to Visit Fort Worth, and many more outlets. Berry Mitchell also serves on the Fort Worth Black Travel & Tourism advisory committee. She is currently pursuing her Ph.D. in History and is a graduate of Southern Methodist University. Deah is passionate about history, traveling and immersing herself into other cultures.

SOUL OF DFW TOURS

While vacationing in 2017 Berry Mitchell had the idea to produce a bus tour that would combine her two passions: foodways and local cultural history. In February 2018 Soul of DFW Tours officially launched and have been producing the sold-out tours consistently since then. Soul of DFW Tours has been featured in several media outlets. Pick up a copy of Mitchell's book published in early 2019, "Cornbread & Collard Greens: How West African Cuisine and Slavery Influenced Soul Food"!



NOSTALGIA: BLACK

