

# DEAH BERRY MITCHELL

## BLACK CULTURAL HISTORIAN



Deah Berry Mitchell, Ph.D. student in history, is a teaching fellow at the University of North Texas (American Historical Foodways). She is a 5th generation Texan and founder/CEO of Nostalgia Black, where she works diligently to preserve Black cultural heritage by offering five services: writing, public speaking, tourism (Soul of DFW), research, and technology. Berry Mitchell, a former culinary instructor, is featured as a columnist for the Dallas Morning News where she specializes in highlighting Southern historical foodways, and also contributes to Visit Fort Worth online writing about local African American history. Deah is an engaging lecturer and covers topics ranging from a myriad of subjects centering Black culture:

- Holidays and the Celebratory Occasions of Enslaved Americans. How has it evolved?
- History of Juneteenth
- Dispelling Myths of Juneteenth
- The History of Black Texas Foodways
- Discovering Texas' Successful Black Entrepreneurs: 1875-1975.
- The Story of Black Emancipation in the Americas
- The Evolution of African American Foodways
- How Africa Impacted Caribbean and American Culture
- Hands on instructional learning of foodways – opportunity to cook a selected food item
- Exploring ways to celebrate the day without appropriating cultures or erasing Texas' pivotal role
- Parallels Between African and Southern Black Christianity
- The Great Migration – tracing the routes of Southern families

### LOCAL TOPICS INCLUDE:

- Dallas/Fort Worth Role Igniting Civil Rights Across the USA
- History of Freedmen Communities
- How These Local Black Women Impacted American History

Learn any of these topics, AND MORE!

"Additionally, we can work together to customize the appropriate topics for your group. Don't see it listed here? Let's work together to build a lesson that's exclusive!" – Deah

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