



Sign up Today!

Summer 2026

Toro Strength and Athletic Performance Camp

Toro Strength and Performance Camp is designed to introduce athletes to proven training techniques and nutrition guidelines to help them develop successful habits. The 5 week camp is focused on exercises that promote movement quality, strength, agility and speed. Workouts are conducted by Mountain View's certified and highly qualified strength and conditioning specialists.

Sessions:	FOOTBALL	GENERAL MVT ATHLETES
Grades:	9 th -12 th Grade Boys	7 th -12 th Grade Boys & Girls
Dates:	May 26 th -June 25 th , July 6 th -16 th	May 26 th -June 25 th , July 6 th -16 th OPEN Weight Room 8-11 AM
Days:	Monday-Thursday	Monday-Thursday
Location:	MVHS Annex Weight Room and Fields	MVHS Annex Weight Room
Cost includes T Shirt:	\$230 EARLY BIRD before May 5 th \$250 online registration after May 5 th \$260 mail in / bookstore after May 5 th	\$130 EARLY BIRD before May 5 th \$150 online registration after May 5 th \$160 mail in / bookstore after May 5 th
Times:	<input type="checkbox"/> Freshmen, 6-8 AM on the Field, 8-9 AM in the Weight Room <input type="checkbox"/> 10 th -12 th Graders, 4-6 PM Wt Room, 6-8 PM on the Field	<input type="checkbox"/> MV Boys Basketball & MV Athletes 9-10 AM <input type="checkbox"/> MV Girls Basketball & General Session 10-11 AM
Contact:	Andy Litten, jalitten@mpsaz.org	Rusty Pagano, rapagano@mpsaz.org

SAVE \$10, REGISTER ONLINE@ <https://mpswebpay.mpsaz.org> or submit registration below to:

MVHS Bookstore 2700 E Brown Rd. Mesa, AZ 85213

NO REFUNDS unless Strength Camp is canceled

Student Name:	Grade: _____ Age: _____
Parent/Guardian:	School: _____
Phone: (H) _____ (C) _____	Student ID#: _____
Email: _____	
Emergency Contact Name:	Shirt Size: Adult sizes only
Phone: (H) _____ (C) _____	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL <input type="checkbox"/> XXL
I give permission for my child to participate in the sports program listed. I/we understand all risks and hazards incidental to such participation and do hereby waive, release, absolve, indemnify and hold harmless Mesa Public Schools and the school from any claim arising out of any injury to my child.	
Parent Signature: _____	
I give permission to photograph my child during camp participation for publicity use and/or news release. <input type="checkbox"/> YES <input type="checkbox"/> NO	
Does your child have health conditions/concerns of which staff should be aware? If so, please explain:	

*Make checks payable to Mesa Public Schools.

PAYMENT:
To pay by debit card or credit card and receive a discount, register online at https://mpswebpay.mpsaz.org . For online payment questions call (480) 472-0118. For camp related questions, contact the coach listed above.
Check # _____ Check amount \$ _____
Make checks payable to Mesa Public Schools.
For office use only: Item # D1340a Q5 2026 and D1340b Q5 2026