



FEBRUARY 2018

Susan Atkins, Editor

www.tmtf.org

## FEBRUARY MEETING

*Agnes Wan - Performance Anxiety - "Why it can be positive and how to use it productively"*

Friday, February 15, 2019

### Music & Arts

1412 Greenbrier Pkwy, #126

Virginia Beach, VA 23320

9:30 Coffee and Shopping

10:00 Business Meeting and Workshop

12:00 Lunch



Dr. Agnes Wan will be discussing how Classical musicians and music students alike often struggle with various degrees of performance anxiety, prior to and/or during a performance. Some former professional musicians even quit performing due to the overwhelming performance anxiety they experienced. But is performance anxiety always bad? In fact, when used effectively, a healthy level of performance anxiety may actually enhance the performance quality. In this presentation, she will discuss how to turn the "negative emotion" of anxiety into a positive experience of musical expression. By understanding the nature of anxiety and other emotions in music performance, the typical developmental process of classical musicians, and how the different personality types may handle performance anxiety differently, she will explore and suggest productive ways to manage performance anxiety in both the short and long runs. The goal of this presentation is to encourage all who attend to not feel discouraged by performance anxiety, but to rather learn to embrace and celebrate it as a "part of the whole package" that comes with the studies of classical music.

Dr. Wan has been praised as a "big pianist, big musician, big potential" with "compelling artistry that draws the listeners in and envelops them with musical joy." Pianist Ho Yan Agnes Wan's most recently completed a performance tour to Paris and the United Kingdom, as well as one to Canada and another one to six cities in Texas. Highlights of other prior engagements included a recital on the "Pianists of the World" series at the prestigious St. Martin-in-the-Fields in London, United Kingdom and the season kick-off on the SPG Live! Concert Series at the Steinway Piano Gallery of Charlotte, where she performed on the legendary Horowitz piano (CD 503) as part of the piano's Piedmont Region Tour.

As a clinician, Agnes Wan has been an active adjudicator at many youth piano competitions, and actively gives master classes to talented young students whenever possible. She has also presented at the state-level Music Teachers Association conferences in Alabama, Indiana, Texas, and North Carolina. Her Book, "Physical and Mental Issues in Piano Performance: The Interrelationships between Physical Tension, Performance Anxiety, and Memorization Strategies," released by VDM-Verlag in 2008, has reportedly been recommended as a reference book for piano pedagogy courses at a few universities. Her articles, "Student Recruitment Ideas for College and Private Music Teachers" and "What Relaxation Means for Musicians," have been published by the peer-reviewed journal, American Music Teacher.

Agnes Wan holds the Doctor of Musical Arts degree in Piano Performance and Pedagogy from the University of Iowa and an Artist Diploma from the University of Cincinnati College-Conservatory of Music. She also obtained her bachelor of music degree and double master's degrees in music therapy and piano performance at the Hong Kong Academy for Performing Arts and Loyola University New Orleans respectively. In September 2013, she was invited to join the roster of Steinway Artist, an honorable designation she has since held. Currently she is an Assistant Professor of Piano at Virginia State University and Adjunct Lecturer of Applied music (Piano) at the College of William and Mary.

Don't miss this wonderful workshop!  
Mun Lee Han, Donna Halleck, Co-President-Elects



## President's Notes

by Lynn Kleisler

Greetings Fellow Music Teachers!

We had a very informative and eye opening meeting on financial matters at our January meeting with Richard

McGrath from Dominion Financial Solutions. He left extra copies of the booklets that we used during the meeting. For those who were not able to attend, the booklets will be set out at the registration desk for you to pick up at our next meeting.

If you are looking for fresh teaching/studio ideas for the New Year, you might want to check out the MTNA website ([mtna.org](http://mtna.org)). In case you weren't aware, MTNA has at least four years of webinars on their website. You just have to click "Learn" and scroll down to find them. The webinars range in a variety of topics from recital ideas, teaching tips, ornamentation, business planning, rote teaching to summer activities, just to name a few. They are led by leading music teachers and professors in our country. They just had another webinar on January 25th that was titled "Music in Every Child: Strategies for Success". It also had a handout that can be downloaded. I watched it live at my home and found it very useful with many ideas that I could try in my

studio. I found myself taking lots of notes! Some other categories that can be found under the "Learn" section on the website that you might find useful are Teaching Tips, Studio Resources, Wellness Resources, Parent and Student Resources, and Essential Skills.

We have another great meeting coming up on February 15th with Dr. Agnes Wan on "Performance Anxiety". I think this is a topic that we probably could all use a little help with and don't want to miss! As a concert artist, who is on the roster of Steinway Artists, and who is also a teacher, she has quite a perspective on this subject. This topic was also a part of her doctoral thesis. For more information on Dr. Wan and the workshop, please check your TMTF Yearbook.

I hope to see you at our next meeting!

Most Sincerely,  
Lynn Kleisler, NCTM  
TMTF President

"To change ourselves effectively, we first have to change our perceptions."

Stephen R. Covey

**Check out our new and improved website!**

**[www.tmtf.org](http://www.tmtf.org)**

List your teacher profile with our new webmaster  
Mun Lee Han  
[munleehan@gmail.com](mailto:munleehan@gmail.com)

## ARE YOU ON FACEBOOK?

Join the groups:  
Music Teachers National Association

Virginia Music Teachers Association

Tidewater Music Teachers Forum

Post photos, announce your events, make connections

## TMTF CALENDAR

### February

- 8 TMTF Executive Board Meeting, Oak Grove United Methodist Church, Chesapeake, VA @ 10:00 a.m.
- 10 VMTA Keyboard Skills Tests & Sight Reading Tests Old Dominion University, Norfolk, VA
- 11 **DEADLINE – Student Recital – Portsmouth**
- 15 TMTF Meeting/Workshop – TMTF Meeting/Workshop – Dr. Agnes Wan@ 10:00 a.m.
- 17 TMTF Student Recital, Norfolk - Second Presbyterian Church @ 3:00 p.m.
- 17 TMTF Student Recital - Portsmouth - Zion Baptist Church @ 2:30 p.m.
- 21 **DEADLINE – Stafflines News**

### March

- 2 TMTF Levels of Progress - Portsmouth, Virginia Beach
- 3 TMTF Levels of Progress - Virginia Beach
- 8 **DEADLINE - Glover Scholarship Auditions**
- 8 TMTF Meeting - Dr. Kerry Carlin, "Piano Master Class" @10:00 a.m.
- 9 Levels of Progress - Virginia Beach, Suffolk
- 10 Levels of Progress - Virginia Beach, Norfolk
- 15 **DEADLINE - TMTF Honors Recitals Auditions**
- 16-20 MTNA National Conference in Spokane, Washington
- 21 **DEADLINE - Stafflines News**
- 28 **DEADLINE - Glen Mayberry Scholarship Auditions**
- 28 **DEADLINE - VMTA Eastern District Auditions**

### Hurricane Relief for North Carolina Teachers

As I mentioned in an email in January, the teachers who live on the eastern part of North Carolina were hit very hard by the hurricanes this past fall and many are still struggling to recover. I am an acquaintance of the state president (who is our April clinician) and have been in contact with her about this situation over the past three months to find out what is needed. Music books as well as money are still very much needed by these teachers.

We had a good start for the collection of books and money at our meeting, but more is still needed. Thank you to those who donated music and money at the meeting. I would like to give a special thank you to Jeanette Winsor who brought in more than 300 items of music (combination of books and sheets) and also made a monetary donation. Music and Arts also donated 45 packets of music. I am hoping that we will be able to add much more to help these teachers.

We will be taking up a monetary collection for the NC teachers at the next meeting as well as collecting music books to send to them. If you are like me, you probably have extra copies of books or many that will never be used and take up needed real estate in your studio! This could be a good motivation to purge and organize that music! Please consider bringing those you may not need to a meeting and/or giving a donation. Checks should be made out to TMTF with a memo "NCMTA Donation" as we will be sending their state treasurer a check. Donations are tax deductible. If you need the books to be picked up, please let me know and I will make arrangements.

Thank you so much for your consideration.  
Lynn Kleisler

TIDEWATER MUSIC TEACHER'S FORUM  
12/21/18 thru 1/20/19

<b>ASSETS</b>	
Savings Account	\$3,003.16
Checking Account	\$9,769.04
<b>TOTAL</b>	<b>\$12,772.20</b>

<b>SAVINGS ACCOUNT</b>	
Opening Balance	\$3,003.08
Interest for Dec	\$0.08
<b>CLOSING BALANCE</b>	<b>\$3,003.16</b>

<b>CHECKING ACCOUNT</b>	
Opening Balance	\$11,094.41
Ex. Executive Board	-\$0.50
Ex. Play-a-thon	-\$603.82
Ex. Yearbook/Activity Book	-\$96.00
Ex. Programs	-\$468.51
Ex. Sacred Music Festival	-\$156.54
Closing Balance	\$9,769.04

### Friendly Reminder from Our Treasurer

All reimbursement requests should be turned in with a copy of the TMTF Reimbursement Request Form found in the back of the activity book.

Thank you, kindly  
Crystal Villanova  
TMTF Treasurer

## Honors Recitals Auditions

Teachers! The TMTF Honors Recitals Auditions are an opportunity for students who enjoy performing to participate in a competitive event. All students (voice and instrumental) Level 4 and higher are welcome. They must have participated in the 2019 Levels of Progress.

Registration deadline for the Honors Recitals Auditions is Friday, March 15, 2019 (postmark). The auditions dates are Saturday, April 27th and Sunday, April 28th at the Marsh School of Music.

### Important Reminders for Honors Recital Auditions

1. Please inform your students of the auditions dates before sending in your registration. We will inform you of the particular days for each level as soon as possible, even if the actual playing schedule is not complete. We cannot determine which level plays on which day until the registrations for each level are received. All special time requests must come with the registration form.

2. Make sure students know the dress requirements and point deductions for not complying with them.

3. Send typewritten or computer printed judging sheets with your registration

All details are in the TMTF Activity Book or contact the chairman, Myrenna Kickasola at (757-420-6938 or joekick@regent.edu.

## TMTF Play-A-Thon

The TMTF Play-A-Thon was a great success this past December with 200 students representing 20 teachers! It was held at Greenbrier Mall in Chesapeake and Pembroke Mall in Virginia Beach. Many thanks to all the teachers and students who participated in this event and helped to make it a great success. A special thank you goes to our Co-Chairman, Elizabeth Smith, for handling the Pembroke location and seeing that everything ran smoothly. We also want to thank Piano Showcase for the use of their piano and their store during this event and Piano Warehouse for the use of their piano at Pembroke Mall.

Please remind your students to turn in their pledges to you as soon as possible. The money (checks only) should be sent with a completed "Teacher's Studio Schedule and Pledge Validation Form" sheet which can be found in the Activity Book. I need this for my records. No little pieces of paper, please! For students to qualify to participate in the Glover Scholarship Auditions, pledges must be turned in by March 1st.

Thanks again to all who helped make this event successful!

Lynn Kleisler  
Chairman

## Student Recital in Portsmouth

### *A chance to play on David Carr Glover's Baldwin grand piano*

Here's an opportunity for your students to play on a Baldwin grand piano which once belonged to David Carr Glover. Especially if you have students who have won a Glover Scholarship or are playing one of his pieces or arrangements, encourage them to play.

Sunday, February 17, 2019

2:30 pm

Zion Baptist Church

225 Hatton Street and Crawford Pkwy

Portsmouth, VA

Free, but you must register by the deadline -  
February 11, 2019

Contact:

Sally Copeland, NCTM

116 Tyler Crescent

Portsmouth, VA 23707

757-398-0690

[SWright@odu.edu](mailto:SWright@odu.edu)

See Activity Booklet for details and registration form

## Need Students? Want to refer students?

Look no further than the TMTF website: [www.tmtf.org](http://www.tmtf.org)

You can submit your contact information and teacher profile  
to our webmaster:

Mun Lee Han

[munleehan@gmail.com](mailto:munleehan@gmail.com)

If you need to refer a student, simply give them the website  
address: [www.tmtf.org](http://www.tmtf.org) - it's that easy!



## MTNA CERTIFICATION

### Becoming a NCTM will change your life!

Perhaps a small exaggeration, but consider this an opportunity to become a better teacher and to put another 4 letters following your name.

We on the TMTF board who have been certified, including our Certification Chair, Jeanette Winsor, would like to invite you to meet with us so we can answer your questions, match you up with a mentor, and motivate you to get started on the road to MTNA certification. Wondering about the cost of certification? VMTA and TMTF are offering a \$100 reimbursement each (total \$200) to offset the cost of certification.

Consider your schedule and when you'd be able to meet with us in February, and email Susan Atkins at [pianolearningcenter@gmail.com](mailto:pianolearningcenter@gmail.com).

Friday morning  
 Saturday morning or afternoon  
 Sunday afternoon or evening

From there, we'll schedule a meeting in a central location and let you know so you can come.

Susan Atkins (757-282-8220 - cell)



### February

- 2 Gail Hinton-Copeland
- 3 Jane Gallatin
- 4 Beverly Manry
- 18 Gracie Wilson
- 19 Jeanette Wallace
- 22 Alisa Bohon

### March

- 1 Laura Cardin
- 4 John Presto
- 11 Elena Schwartz
- 15 Rose Nelson
- 18 Mary Ann Medlin
- 19 Walter Noona
- 21 Emily Hines
- 22 Elizabeth Sjolund
- 24 Geraldine Sawyer
- 30 Cathy Bryan
- 30 Galina Epelman
- 31 Zachary Bridges

### Third Coast Percussion ODU Diehn Concert Series

**Monday, February 11, 7:30p.m.**  
**Chandler Recital Hall, Diehn Center**  
 \$10 for ODU Students, \$15 General  
 Free Parking: [Garage E, 4904 Bluestone Ave.](#)



Third Coast Percussion is a Grammy-winning, artist-run quartet of classically-trained percussionists hailing from the great city of Chicago. For over ten years, the ensemble has forged a unique path in the musical landscape with virtuosic, energetic performances that celebrate the extraordinary depth and breadth of musical possibilities in the world of percussion. The ensemble has been praised for "commandingly elegant" (New York Times) performances. The four members of Third Coast are also accomplished teachers, and since 2012, have served as ensemble-in-residence at the University of Notre Dame's DeBartolo Performing Arts Center.



# PIANO & ORGAN WAREHOUSE

5164 Virginia Beach Blvd., Virginia Beach, VA 23462



## INVENTORY

CLEARANCE SALE

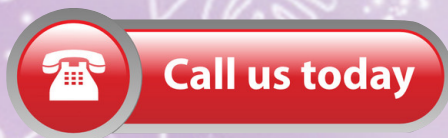
FINANCING AVAILABLE

## BIG SAVINGS

AS 2019 PIANO MODELS ARRIVE!

## CLEARING OUT

ALL IN STOCK PIANOS!



(757)497-8929

(757)869-8513

# Coastal Virginia Chamber Music

Presents

## **The Music of Aaron Dunn**



## **The Saga of Beren and Luthien**

Aaron Dunn's composition *The Silmarillion Symphony*  
is inspired by J.R.R. Tolkien's *Silmarillion*

Featuring the Hardwick Chamber Ensemble  
Jeannette Winsor, Piano | John Winsor, Clarinet  
Natalia Goodloe, Violin | Dionne Wright, Cello

**Thursday February 21, 2019 | 7:00 PM**  
**Great Bridge United Methodist Church**  
**201 Stadium Dr. Chesapeake, VA 23322**

Don't miss our pre-concert performance at 6:30 featuring the Tiger Quartet  
Delaney Conter, Violin | Kiera Glass, Violin | Charlotte Goeb, Viola | Steven Pearson, Cello

Tickets available at the door: Adults \$15 | Students & Seniors (60+) \$10  
For more information call (757) 410 - 3593



# Piano Master Class Registration



Dr. Kerry Carlin – Master Class Application  
 Friday, March 8, 2019 Meeting 10:00AM  
 Newton Piano (Birchwood Shopping Center)  
 3750 Virginia Beach Blvd., #35  
 Virginia Beach, VA 23452

## Deadline: February 22, 2019 (Friday)

Student's Name \_\_\_\_\_ Age \_\_\_\_\_  
 Teacher's Name \_\_\_\_\_ Phone Number \_\_\_\_\_  
 Teacher's Email \_\_\_\_\_  
 Composition \_\_\_\_\_  
 Composer \_\_\_\_\_  
 Level Intermediate / Advance (Select one) Performance time \_\_\_\_\_

Please note that space is limited. We have room for only 4 students and 1 alternate. Applications will be accepted first come, first served and there will be a limit of 1 student per teacher. Dr. Kerry Carlin, will be working with each student for 15-20 minutes; maximum playing time is 5 minutes. Please choose the piece accordingly.

**The Master Class fee is \$12.00 per student and should be made payable to TMTF.**

**The registration form and check should be mailed to:**

**Mun Lee Han  
 3969 Wyckoff Dr.  
 Virginia Beach, VA 23452**

## Local Events

**Wednesday, February 6, 2019, 1 pm**

### Kevin Kwan, Organ

The Trinity Organ Concert Series will feature Mr. Kevin Kwan, Organist and Director of Music at Christ and St. Luke's Episcopal Church in Norfolk, Virginia. He will perform music by Bach, Stanford, Hancock, and others. Mr. Kwan received degrees from the University of California, San Diego, and the Cleveland Institute of Music. He was appointed Assistant Organist at St. Thomas Church in New York City where he worked daily with the renowned Choir of Men and Boys. He currently serves as Dean of the American Guild of Organists Tidewater Chapter. A reception will follow the free concert. For more information, please call (757) 229-3631, or visit [www.bede.va.org/](http://www.bede.va.org/)

concerts. Saint Bede Catholic Church, 3686 Ironbound Road, Williamsburg

### For Kids: PB&J Family Concerts - Virginia Symphony

**Sunday, March 31, 2019** | Sandler Center for the Performing Arts, Virginia Beach | 3PM

The School of Richmond Ballet joins the VSO for a dazzling display of dance! We'll take a musical promenade through 1920's Paris with a unique interpretation of one of George Gershwin's favorite compositions, An American in Paris! You will be mesmerized by the stunning combination of music and dance.

Preconcert activities start at 2 p.m.

Gonzalo Farias, conductor

The School of Richmond Ballet

## Stafflines Deadline

The deadline for submitting articles for *Stafflines* is the 21st of each month. The editor must receive the articles no later than this date.

Please submit all articles via email to:

Susan Atkins

pianolearningcenter@gmail.com

Alternatively, you may submit a printed article via U.S. Postal Service.

## Stafflines Advertising Rates

The following advertising rates are for *Stafflines* news that is not related directly to TMTF activities.

Two to three line announcement such as a recital or job opening	No Fee
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One half page (8.5" x 5.5")	\$10.00
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Full page (8.5" x 11")	\$20.00
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Make check payable to TMTF and send along with your ad to:

Susan Atkins, Editor  
4537 Biscayne Drive  
Virginia Beach, VA 23434



Tidewater Music Teachers Forum  
Local Chapter of the Virginia Music Teachers Association  
Affiliated with the Music Teachers National Association

Susan Atkins, Editor  
4537 Biscayne Drive  
Virginia Beach, VA 23455

**February 2019**

*TMTF is the 2008 MTNA Local Association of the Year*