***Gourmet Meals Delivered by Cooking with Sharon LLC***

***Meals you just have to Reheat & Eat!***

**Order on line now at** [**www.mealswithsharon.com**](http://www.mealswithsharon.com)

**July 6th**

Egg Salad, Ricotta, Herbs & Sprouted Bread (can be GF, V) $7.50 for entrée

Turkey Burger w/Artichoke-Goat Cheese Spread (can be GF)$8.75 for entrée

Sesame Chicken Tacos (GF) $8.75 for entree

Deconstructed Egg Roll Bowl-Sweet & Sour Sauce (GF, DF) $9.25 for entrée

**July 13th**

Summer Berry Chia Pudding (GF, V) $7.50

Coconut-Harissa Meatballs (GF, DF)   $8.50 for entrée

Chicken Club Salad w/bacon, red onion, celery (GF) $8.75 for entrée

Mediterranean Za’atar Salmon over spinach (GF, DF) $9.25 for entrée

**July 20th**

Sunrise Frittata (GF, V) $7.25 for ¼ pie

Mexican Lasagna Casserole (GF) $8.50 for entrée

Buffalo Chicken Bowls with Quinoa & Spinach (GF) $8.75 for entrée

Pork Souvlakia with Pilaf and seasonal veggies (GF, DF) $9.50 for entrée

**July 27th**

Oat Bran Muffins with Ginger Butter (V) $7.50 for 2

Boogaloo Wonderland Sandwiches (can be GF) $8.75 for entrée

Chicken Stir Fry (GF) $8.75 for entrée

Tuscan Tuna Salad with Lemon Dressing (GF) $9.25 for entrée

**Containers are $1.00 each and $18.00 delivery per household.**

95% of the GF menu items are *Naturally* Gluten Free with no extra charge.

**\*prices are subject to change due to market price & season**

**Prices listed above are effective June 30, 2025**

**V=vegetarian GF= Gluten free DF=Dairy Free**

Gluten Free bread/rolls

\* Option for $2 extra per entrée!