



This packing list is meant to help you decide what to bring and how to pack for your trip. You may not use all of the items on this list but you must be prepared for a wide variety of conditions.

It is best to pack your gear in a small duffel bag or soft sided suitcase; pack lightly. Your personal gear will remain in camp on this trip, so you do not need to worry about waterproof bags. A dry bag will be provided to hold the items you wish to bring in the kayak each day. To keep your gear organized, consider using plastic zip lock bags, stuff sacks or pillow cases.

Please note that most gear is available for checkout from Wilderness Inquiry. To reserve, just call the main number (612) 676-9400 at least 2 weeks prior to your trip departure.

CLOTHING, OUTERWEAR AND GEAR:

- ☐ Rain jacket & pants – must be sturdy to withstand a variety of conditions.
- ☐ Pants – 1 pair quick drying nylon or other synthetic is best.
- ☐ Insulating tops – 1 heavy and 1 light, made of fleece or wool.
- ☐ Long sleeve shirt – lightweight for protection from elements.
- ☐ T-shirts – 2-3 quick drying synthetic is best.
- ☐ Base layer – 1 pair of tops and bottoms made of polypropylene or other synthetic. No cotton.
- ☐ Wetsuit Underlayer – WI will provide you with a wetsuit. Bring a swimsuit or shorts and a t-shirt to wear under the wetsuit. This clothing will get wet. Slim fitting, quick drying nylon, or spandex is best.
- ☐ Wetsuit Overshorts – 1 pair of shorts, large enough (athletic material) to fit over your wetsuit to prevent abrasion to the wetsuit. These will get wet.
- ☐ Shorts – 1 pair to wear around camp or on hikes. Synthetic, quick drying is best.
- ☐ Underwear - Enough to keep you happy.
- ☐ Wet-shoes – one pair of durable, closed-toed shoes to be worn while kayaking.
- ☐ Camp shoes – one pair of shoes to be used when off the water around camp.
- ☐ Hats – 1 to protect from rain/sun and 1 warm stocking cap for cool weather.

Provided by WI ☒ Sleeping bag – 3-season synthetic fill sleeping bag with nylon stuff sack. No cotton or flannel bags.

Provided by WI ☒ Sleeping pad – Ensolite ground pad or Therm-a-Rest inflatable type.

- ☐ Water bottle – plastic or metal water bottle or canteen.
- ☐ Flashlight or headlamp – bring extra batteries.

- ☐ Sunglasses – a sports strap to hold them on is helpful.
- ☐ Small day pack or dry bag – to hold items you'll want during the day.
- ☐ Toiletries –toothbrush, toothpaste, soap, etc.
- ☐ Sunscreen & lip balm – at least 15 SPF.
- ☐ Medications – if losing your meds would cause you great discomfort, consider bringing a second set and giving one to your trip leader as a backup.
- ☐ Insect repellent – avoid using aerosol cans.

OPTIONAL CLOTHING AND EQUIPMENT:

- ☐ Towel – small and synthetic is best.
- ☐ Bandanas – 1-2 used for a variety of things including marking your bags, washing up, etc.
- ☐ Multi-tool or small pocket knife – remember to put in your checked luggage if flying.
- ☐ Gloves – one pair of lightweight wool or synthetic.
- ☐ Journal and/or book
- ☐ Wetsuit – if you would like to use your own.
- ☐ Camera
- ☐ Change of clothes – for the ride home (packed separately).
- ☐ Several plastic bags – handy, especially to organize your gear.
- ☐ Pillow
- ☐ Small Bills for town – \$1 and \$5 bills for impromptu field trip for ice-cream or coffee stops.
- ☐ Camp chair – benches are provided.