

# January



## GlenOak Baseball Off Season Calendar

# 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>01</b> NO SCHOOL	<b>02</b> NO SCHOOL	<b>03</b>	<b>04</b> 4:45p-6:15p Lifting	<b>05</b> 4:30p-6:00p HOF Fitness	<b>06</b>	<b>07</b>
<b>08</b> 4:45p-6:15p Lifting	<b>09</b> 4:45p-6:15p Lifting  <i>4p-8p McDonald's Dineout</i>	<b>10</b>	<b>11</b> 4:45p-6:15p Lifting	<b>12</b> 4:30p-6:00p HOF Fitness	<b>13</b> 8:00a-10:00am Gentlebrook	<b>14</b>
<b>15</b> NO SCHOOL	<b>16</b> 4:45p-6:15p Lifting	<b>17</b>	<b>18</b> 4:45p-6:15p Lifting	<b>19</b> 4:30p-6:00p HOF Fitness	<b>20</b> 8:00a-10:00am Gentlebrook	<b>21</b>
<b>22</b> 4:45p-6:15p Lifting	<b>23</b> 4:45p-6:15p Lifting	<b>24</b>	<b>25</b> 4:45p-6:15p Lifting	<b>26</b> 4:30p-6:00p HOF Fitness	<b>27</b> 8:00a-10:00am Gentlebrook	<b>28</b>
<b>29</b> 4:45p-6:15p Lifting	<b>30</b> 4:45p-6:15p Lifting	<b>31</b>				
		<b>Notes:</b>				

# February



## GlenOak Baseball Off Season Calendar

# 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			<b>01</b> 4:45p-6:15p Lifting	<b>02</b> 4:30p-6:00p HOF Fitness	<b>03</b> 8:00a-10:00am Gentlebrook	<b>04</b>
<b>05</b> 4:45p-6:15p Lifting  <i>4p-8p Chipotle                      Dineout</i>	<b>06</b> 4:45p-6:15p Lifting	<b>07</b>	<b>08</b> 4:45p-6:15p Lifting	<b>09</b> 4:30p-6:00p HOF Fitness	<b>10</b>	<b>11</b>
<b>12</b> 4:45p-6:15p Lifting	<b>13</b> 4:45p-6:15p Lifting	<b>14</b>	<b>15</b> 4:45p-6:15p Lifting	<b>16</b> 4:30p-6:00p HOF Fitness	<b>17</b> 8:00a-11:00am Gentlebrook	<b>18</b>
<b>19</b> Tryouts	<b>20</b> Tryouts	<b>21</b> Tryouts	<b>22</b> Tryouts	<b>23</b> Tryouts	<b>24</b> 8:00a-11:00am Gentlebrook	<b>25</b>
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>			
		<b>Notes:</b>				