

3-Person Crew - Pre-Game (NCAA Rules)

ADMINISTRATIVE (Referee leads)

- 30min before game time Be on the field
- Coaches Spend same amount of time w/ each
- Captains Emphasize sportsmanship
- Faceoff Men Check contrasting color on shafts
- Check Goals No balls or nets in them
- Balls 6 on sidelines and end lines

LEAD OFFICIAL

- Position Step above or below GLE
- Transition Stay one line ahead of the ball
- Coverage Two-man game until Trail gets in
- End Line On or near line for contested plays
- Goals Check with Single, watch bodies

10"

FACEOFFS (Top to stop, parallel to line, ball in center, clear neutral zone)

- Mechanic Place ball, down, adjust players, "set", back out, whistle
 - Faceoff Official Back out to single side, be aware of the wings; stay safe!
 - **Lead Left (Helper)** Be aware of the wings, call violations if you see them
 - Wing Official Stop sign until field is set, when ready then point
 - Violations No play-on! Single restarts; violating player can not take the the next FO. Announce # and verbalize to bench area

TRAIL OFFICIAL

- Position Bottom of the wing line (40yl)
- Transition Stays behind the ball
- On Shots Shooter, shooter!
- Far Goal You are the Lead
- Offside Count offense, then defense

SINGLE-SIDE OFFICIAL

- Position At the top of the crease
- **Transition** Gets to the far cone
- On Shots Shooter, shooter!
- **GLE** Cover goal if Lead drops below
- Offside Count offense, then defense

CREASE PLAY

- Lead/Single Confirm before signaling goal
- Ball Toward You Watch feet
- Ball Away from You Watch body
- **Dive/Jump** Player may dive if he dives away from the goal mouth.
- Sequences:

HIGH/LATE HITS

- O Dive away, no contact, scores, lands in crease = goal
- Dive away, legal/illegal push, scores, lands in crease = goal
- O Dive away, illegal push, scores, lands in crease = goal
- o Dive toward, score, contact with goalie = no goal, flag, USC (releasable)
- o Dive toward, no contact, touch crease before score = no goal

Clear, demonstrative signal that shows conviction and certainty, Hustles to new position during the dead ball to be ready for the quick restart.

ADVANCING THE BALL / OVER AND BACK (OAB)

- Offense must cross the ball over the midline by :60
- OAB only when offense was last to touch
- Turnover when ball breaks the plane (immediate whistle, rare play-on)
- Single restarts, New Lead hustles to GLE

Please see shot clock rules on next page

- If it's close it's high! Call from anywhere
- **Do not miss anything after** 2 partners talk, 1 watches players
- Shooter, shooter, shooter Stay with him as Trail and Single
- If called early Probably not going to have to worry about these later

ILLEGAL OFFENSIVE SCREEN

- Player's feet hips width apart
- Not moving prior to contact
- Crosse held within vertical plane of body
- Contact required!

RESTARTS (Quick; not rushed)

- No running from out of bounds, tell player to slow down
- Defense must maintain 5 yards of separation before defending
- Teammates cannot be within 5 yards
- Turnover in field of play (new defensive team cannot call timeout)



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SHOT CLOCK / Event

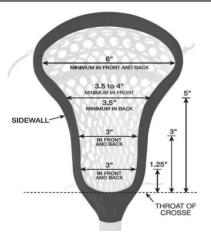
- Possession on Faceoff Starts at 80
- Change of Possession Resets to 80
- Valid Shot Retained by A in Off Zone Reset 60
- Valid Shot Retained by A in Def Zone Reset 80

SHOT CLOCK / Event

- Ball Batted by B into Def End No Reset
- Loose Ball Tech retained by A >61-80 / <60-60
- FDSW/TO/IAFW/Loss of Equip No Reset
- Def Injury Stopping Play >61-80 / <60-60
- Period Ends uneven/team retains poss No Reset

Clock does not start, stop play when no imminent scoring opportunity

Shot = Hits pipe, goalkeeper, or a goal is scored. Must be above GLE.





GOODIE (when to end a flag down, slow whistle)

- Goal is scored
- Offense commits a penalty
- Out of bounds
- Defense gains possession
- Injury in the scrimmage area
- End of the period or the game

EQUIPMENT INSPECTIONS (Minimum of 2)

- Where Midline; two officials face in, Ref faces out
- When Timeouts and quarter breaks (adjust as needed)
- Who Grab the bench you are closest to; Single gets ball
- Penalties 1min DP (Release) 3 min all others (NR)

'24 Points of Emphasis

- Head Coach Pregame & Equipment Certification (Helmets)
- 2. Team Conduct/Decorum
- 3. Uniforms
- 4. Goal Nets

GAME MANAGEMENT – ADVANCED

- Remember the plays a coach may want to talk about later
- Create allies with goalies, captains, and assistant coaches
- Ghosting Imagine you are transparent and negative comments pass through you

GAME MANAGEMENT – HELPFUL PHRASES

- "Coach, I want to work together."
- "I understand that; I appreciate that, but here is what I saw on that play..."
- "I need you to rein in your assistant before he puts you man down."

FINAL CHECKLIST

- Whistles, flags, timers, scorecards, coins, measuring tape
- Do our uniforms match?
- Remember we have to call the ROUC!
 - o ROUGH, OBVIOUS, UNNCESSARY, CHEAP

REMINDERS

- Crease Calls Come in and communicate
- Big Sub Area Stay aware and count ahead
- Man Down Face Vacated wing, release waits on possession
- End of Quarter Shot is not possession
- Goalkeeper –DOES NOT get 5 seconds on restarts

WHEN THE BALL IS DEAD WE BECOME ALIVE!