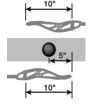


### 2-Person Crew - Pre-Game (NFHS Rules)

### **ADMINISTRATIVE** (Referee leads)

- 20min before game time Be on the field
- Coaches Spend same amount of time w/ each
- Captains Emphasize sportsmanship
- Faceoff Men Check contrasting color on shafts
- Check Goals No balls or nets in them
- Balls 6 on sidelines and end lines.



#### **FACEOFFS** (Top to stop, parallel to line, ball in center, clear neutral zone)

- Mechanic Place ball, Down, [Minimal adjust], "set", whistle
- Faceoff Official Back out to your sideline and toward your goal
- Wing Official Stop sign until field is set, when ready then point
- Violation No play-on! Trail restarts
- Count Either a 10- or 20-count upon possession

#### **CREASE PLAY**

- Lead Has It All Trail may drop into the box to assist if Lead goes to end line
- Dive/Jump Can never score if player leaves his feet and lands in the crease
- Sequences:
  - Dive, illegal push [flag], scores, lands in crease = No goal, foul
  - o Dive, legal push, scores, lands in crease = No goal, crease violation
  - o Grounded, illegal push [flag], scores, lands in crease = goal, wipe foul
  - o Grounded, illegal push [flag], lands in crease, scores = no goal, foul
  - Grounded, touches crease, scores = no goal, crease violation
  - Grounded, scores, touches crease = goal, faceoff

#### **LEAD OFFICIAL**

- Position Step above or below GLE
- Transition Stay one line ahead of the ball
- Coverage One-man game until Trail gets into position
- End Line Be on or near the line for contested plays
- Count Has the initial 10 count on offensive half
- Goals Strong whistle, run closer, stop & signal, eyes on bodies

#### **TRAIL OFFICIAL**

- Position At the top of the box
- Transition Stays behind the ball
- Coverage Shooter, shooter!
- Far Goal You are the Lead on the opposite half
- Offside count offense first, then defense

# **WATCH THE SHOOTER!**

### ADVANCING THE BALL / OVER AND BACK (OAB)

- Trail has the 20-second clearing and the 4-second crease count
- Both must be aware when count is satisfied (one hand in air)
- OAB only when count satisfied and offense was last to touch
- Turnover when ball breaks the plane (immediate whistle, rare play-on)
- Old Trail stops play, runs toward GLE, New Lead restarts play

### **TIME OUTS** (Called by head coach or field player)

- Called When Must be in possession or during a dead ball
- Timer On 1:40 seconds + 20 seconds to restart = 2 min total
- Reassess Confirm score with partner, timeouts remaining, AP
- **Discuss** How is the game going? Any adjustments we need to make?

## TARGETING HEAD/NECK & DEFENSELESS PLAYER

- If it's close it's high! Call from anywhere
- **Do not miss anything after** Keep your eyes on the players
- Shooter, shooter, shooter Stay with him as Trail
- If called early Probably not going to have to worry about these later
- 2min Non-Releasable MINIMUM

### **EQUIPMENT INSPECTIONS** (Minimum of 4)

- Check All required equipment
- Where Midline; Umpire faces in, Referee faces out
- Fix It Tickets Incorrect butt end, hanging strings past 2"





### 2-Person Crew - Pre-Game (NFHS Rules)



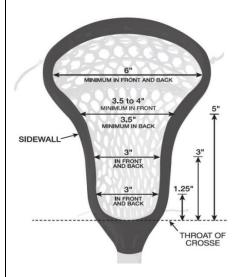
### **GET IT IN/KEEP IT IN** (Outside the Last 2-Minutes of Game)

- Crew agrees to put the stall warning on
- Everyone signals and says:
  - Get it in (if outside the box)
  - Keep it in (if inside the box)

### **Get It In/Keep It In** (Inside the Last 2-Minutes of Game)

- Automatic if:
  - Leading team has possession
  - 4 or less goal differential
- 2<sup>nd</sup> defensive flag thrown stops play immediately unless there is an imminent scoring opportunity

**Shot** = Hits pipe, goalkeeper, or a goal is scored.





#### **GOODIES** (when to end a flag down, slow whistle)

- **G**oal
- Offense commits a foul
- Out of bounds
- Defense gains possession
- Injury in the scrimmage area
- End of the period or the game
- Second defensive foul (not during a scoring opportunity)



#### **2024 NFHS POINTS OF EMPHASIS**

- 1. Crosse Prohibitions
- 2. Player Safety Proper Equip.
- 3. Eveshade
- 4. Checks Head & Neck

#### **GAME MANAGEMENT – ADVANCED**

- Remember the plays a coach may want to talk about later
- Create allies with goalies, captains, and assistant coaches
- Ghosting Imagine you are transparent and negative comments pass through you

#### **GAME MANAGEMENT – HELPFUL PHRASES**

- "Coach, I want to work together."
- "I understand that; I appreciate that, but here is what I saw on that play..."
- "I need you to rein in your assistant before he puts you man down."

#### **FINAL CHECKLIST**

- Whistles, flags, timers, scorecards, coins, measuring tape
- Do our uniforms match?
- Remember we have to call the ROUC!
  - o ROUGH, OBVIOUS, UNNCESSARY, CHEAP

#### WHEN THE BALL IS DEAD WE BECOME ALIVE

#### **REMINDERS**

- Crease Calls Get in and sell the call!
- Big Sub Area Stay aware and count ahead
- Man Down Face Vacated wing, release waits on possession
- End of Quarter Shot is not possession
- Goalkeeper –Gets 5 seconds on any restarts