

SQUIRE'S CHALLENGE



Squire's Challenge

_____ of November in the year of the _____
Two Thousand and Twenty-Five

Dear Nobles of the Manor,

Your young squires have now undertaken the path to knighthood. As part of this path, they will be participating in the Squire's Challenge, which involves a commitment to enter into a regimen of self-improvement and discipline. In order to become worthy of knighthood, the squire must demonstrate their prudence, temperance, fortitude, justice, faith, hope and love. I ask that the Squires consider seriously what they may do to practice and display these important qualities on a regular basis for the training period that will begin on November XX and end on February xx. I ask that you, Nobles, help your squire come to an agreement on the tasks that will be most meaningful to accomplish this challenge.

The Seven Virtues

- ❖ **Faith:** Complete trust, confidence, and reliance.
- ❖ **Fortitude:** Strength and mind to bear misfortune.
- ❖ **Hope:** To cherish a desire with expectations of fulfillment.
- ❖ **Justice:** Treating fairly, conformity to truth, to uphold what is right.
- ❖ **Love (charity):** Unselfish, loyal, and benevolent concern for the good of others, mercy.
- ❖ **Prudence:** To discipline oneself with reason in speech, dress, and behavior.
- ❖ **Temperance:** Moderation in all things, including thoughts and actions.

This Challenge is a preparatory step to the challenges the squire will face during the Medieval Games at the beginning of May. Successful completion of this Challenge (a collective score of 80%) will make the squire eligible to attend the Medieval Games in May. I will be keeping track of particularly noteworthy behavior at school as well as to augment these scores. Extra challenges may be assigned the last week before the knighting if some squire's collective scores do not look like they will be met.

In Movement, Dame Heidrun

I, _____, have set before myself for the period of 108 days, challenges in these four areas:

➤ Faith and Hope

➤ Justice and Fortitude

➤ Love

➤ Prudence and Temperance

I hereby dedicate myself to excellence in body and soul as I strive to master these accomplishments.

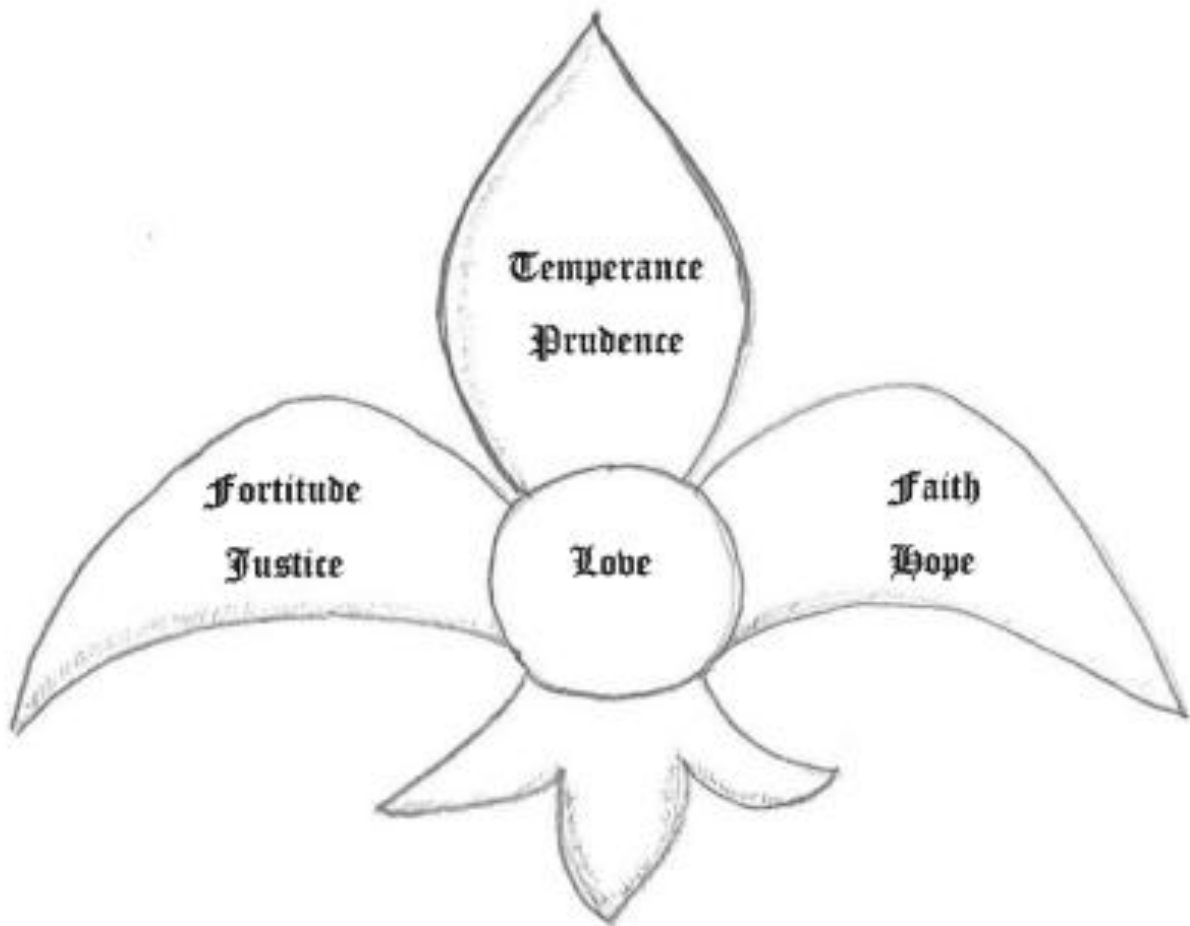
Marked this _____ day of November in the year of _____, Two Thousand Twenty Five.

Seal of Noble of the Manor: _____

*Please keep a copy so you know what your squire is working on.

The Squire's Challenge

For the purpose of record keeping, the Nobles will issue a percentage (*taken from the score pages*) in the section designated for each area of challenge: Prudence - Temperance, Justice - Fortitude, Hope - Faith, Love. Knighthood will be granted for collective scores of 80% or more. Your seal is required at the end of the 108 day period. (Parents please turn this page in at the end of the challenge with your signature.)



Examples of Virtues

Faith: trust, confidence. People can trust that you will follow through with what you agree upon. When your parents give you chores, they can have faith that you will complete them in a timely manner.

Fortitude: courage, willpower, determination, nerve. Give a presentation in front of the class even though you are afraid to. Complete your homework even though you really want to do something else. Choose to be quiet in class even when others are talking.

Hope: expectation, believe, count, or rely on or upon. Choose to have a positive outlook on the day even when your morning hasn't gone so well. Be someone others can count on.

Justice: fair play, neutrality, equity. When you are playing a game of tag and you are tagged, do the appropriate thing instead of denying it. Choose to share when you have a lot of something and someone else does not.

Love (charity): friendship, concern, harmony, generosity, unselfishness, and compassion. Say hello to others as you pass them by on the sidewalk. If your parents are bringing in the groceries, help without them asking you to. Take notice when someone could use help and then offer to help. Make a conscious effort to be friends with all your classmates. When you've done your best and you feel like it still isn't good enough, give yourself a break. Do not compare yourself to others.

Prudence: common sense, care, forethought. Carefully planning out the work that you will put into your main lesson book so it will be the best piece of work you can produce. Think about what you say before you say it, especially if you have feelings about what you want to say.

Temperance: self-control, self-discipline. When you are feeling angry with a classmate or parent, choose to refrain from acting on your anger. Choose not to speaking out of turn in class or interrupting someone when they are speaking.

Knight's Oath

Here do I swear by mouth and hand
Fealty and service to the Crowns of the Empire
of Waldorf and the Kingdom of [school's name]

To speak and to be silent,

To do and to let be,

To come and to go,

To serve and to teach,

In such matters that concern this realm;

In need or in plenty,

In peace or in war,

In living or in dying,

Until the King depart his throne,

Death take me,

Or the world end.

So say I, [full name]