

Archery

Clout Archery Commands:

1. "Archers to the line." (The archers walk from the safety line up to the shooting line.)
2. "Archers Ready." (The Archers may pick up their bows.)
3. "Noek your arrows." (Make sure all arrows are pointed to the ground while being noeked and after being noeked.)
4. "Take Aim." (The Archers raise their bows upward, pointing the arrows toward the targets, while drawing back the bowstrings.)
5. "Fire." (Simultaneously as a group.)
6. "Down Range." (This is called when the archers are to retrieve their own arrows as in practice sessions. this command is given only after all shots are off and it is safe to approach the target area.)

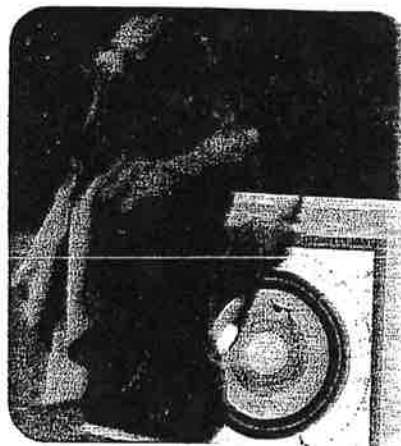
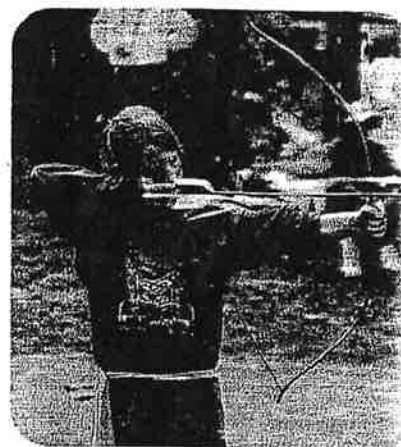
Target Archery Commands:

Follow the first three commands as in Clout.

Then "Fire when ready."

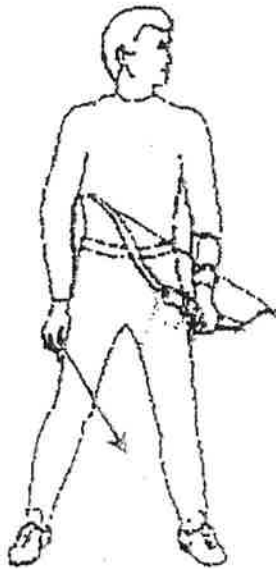
The archers shot individually until all arrows in set are fired. Archer then puts bow down and steps away from the line.

After all archers have stepped away from the line the command "Down Range ." is given.



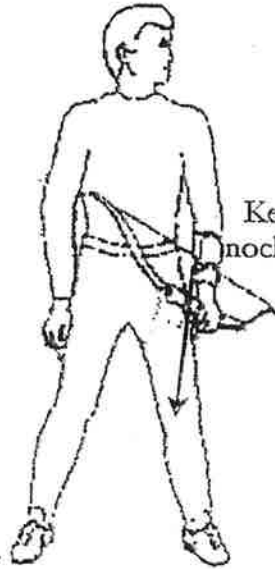


Archery



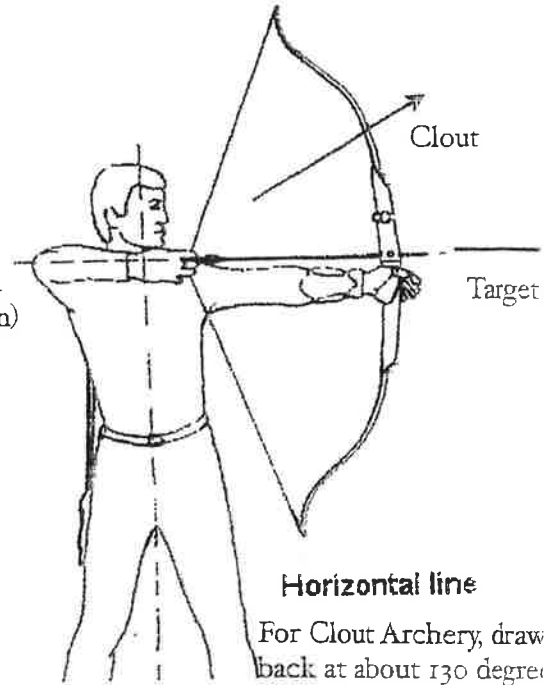
Shoulder width

Stand

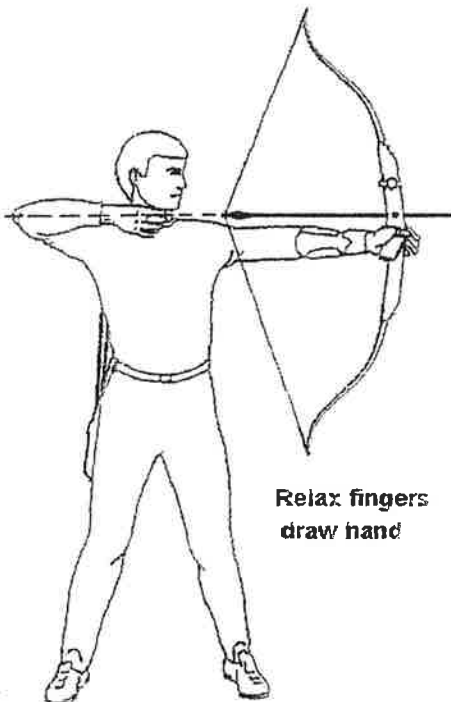


Shoulder width

Nock your arrows

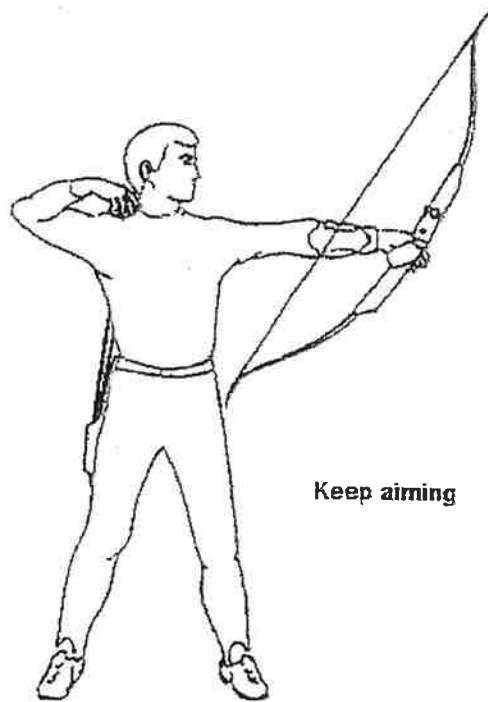


Draw back



Release

Fire



Follow through

Archery

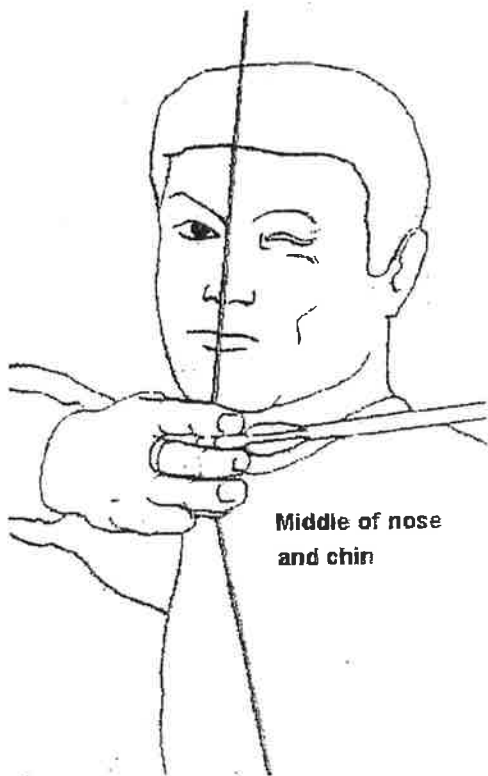
In the Medieval Games we will perform Target and Clout Archery.

Target Archery.

Individuals shooting arrows 15-20yds

Clout Archery (test of trajectory skill)

The Shire shooting FluFlu arrows at a ground target 50-75yds



Middle of nose
and chin

Anchoring

- The string should touch the middle of the chin
- The index finger is placed under the chin



The scoring in Target Archery.

Inner gold circle = 10 pts

Outer gold = 7 pts

Red = 4 pts

Blue = 3 pts

Black = 2 pts

White = 1 pts

The purpose of Clout Archery is to place an arrow in the ground close to, or in, the "clout". The clout is most often represented by a post or flag. Score is determined by the distance of the arrow from the flag:

3 feet = 5 points,

6 feet = 4 points,

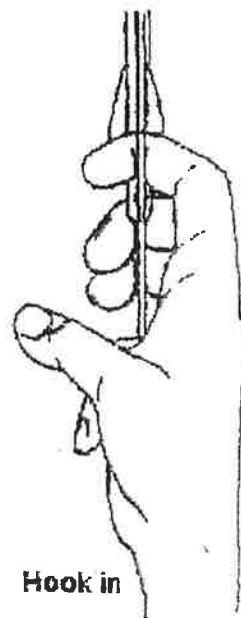
9 feet = 3 points,

12 feet = 2 points,

15 feet = 1 point.

Finger placement

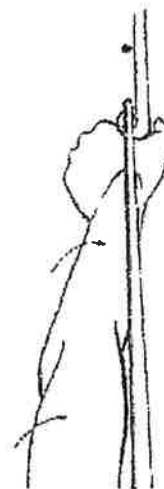
- Place your fingers in such a way, that you hold the string with your index finger above the nock and middle and ring finger under the nock
- Hook the string between first and second joint. Make sure to maintain a deep hook.



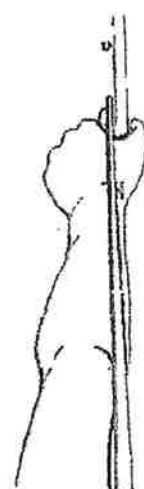
Hook in

Extending the bow arm

- Bring the bow arm to shoulder height
- The elbow of the bow arm is turned away from the string



Right:
Turned away



Wrong