

Program Description:

Days and Hours of Operation:

Services will be offered year around including spring break, summer, and national holidays, Monday through Friday 2:00p.m. until 6:00p.m.

Offers practical behavioral health advice and support for both caregivers and children.

Works with children ages 13-18 who need help thinking about their lives, processing information, and resolving feelings.

Meals and snacks will be provided each day.

Transportation:

Children will be picked up from their school or home and dropped off at home each day.

INSURANCE CARRIERS ACCEPTED

CCO (Coordinated Care Organization)

Magnolia:

Plan

*MS CAN (Medicaid) *Ambetter (Affordable Healthcare Act)

United Healthcare:

Plan

*MS CAN (Medicaid)

Molina:

<u>Plan</u>

*MS CAN (Medicaid)



Day Treatment Services: SPARK Teen Mentoring Program

Are you looking for support for your 13-18 year old? Does your child need help thinking about

their lives, processing information, and resolving feelings?

Teen Guidance can help.

The Speaking to the Potential, Ability, and Resilience inside every Kid (SPARK) Curricula is a mentoring curriculum designed to reduce risk factors, build resiliency, promote emotional well-being, and facilitate school success in elementary, middle, and high school students.

SPARK Teen Mentoring Program:

- help youth better understanding themselves and others;
- develop vital social and emotional skills;
- and access their leadership and creativity to foster academic achievement and healthy community functioning.

SPARK Teen Mentoring Program include:

- Overview and Introduction
- The Principles Behind Your LIFE and Finding Your SPARK!
- The Power of Thought
- Your Personal Guide to Decision Making
- Community Engagement
- How State of Mind Influences Judgment and Reasoning
- Surviving Mood Swings
- Finding Success in the Midst of Stress
- Feeling Fear and Insecurity Without Fear and Insecurity
- The Inside-Out Nature of Self-Esteem
- Separate Realities

- Self Confidence
- Habits
- Cultivating Meaningful Relationships
- Dating and Healthy Relationships
- Using your SPARK to Make Decisions
- Mentoring and Leading From the Inside-Out
- Bully Prevention from the Inside-Out
- Academic Success
- College and Career Readiness
- Financial Stability
- Parenting from the Inside-Out
- Creating the Life Designed for You
- Graduation

The SPARK Pre-Teen Mentoring Program meets every Monday through Friday from :00 m- :00pm located at two convenient locations:

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