



Psychosocial Rehabilitation Services: PSR Program (Adults 19-49)

Are you looking for services designed to support, restore and maintain community functioning and well-being of adults with a serious and persistent mental illness?

Program Description:

Days and Hours of Operation:

PSR program meets every Monday through Friday 8:00a.m. until 1:00p.m. located at:

HamiltonDavis Mental Health, Inc.
2001 Airport Road, Suite 305
Flowood, MS 39232

HamiltonDavis Mental Health, Inc.
2508 Lakeland Drive
Flowood, MS 39232

For more information or to register please contact **Christina Newell** at: **(601) 932-8991**

Call today space is limited.

All participants are required to have a Recovery Support Plan and must participate in setting goals and assessing their own skills and resources related to goal attainment. Goals are set by exploring strengths, knowledge and needs in the person's living, learning, social, and working environments.

Meals and snacks will be provided each day.

Transportation:

Participants will be picked up from their home and dropped off at home each day.

INSURANCE CARRIERS ACCEPTED

CCO (Coordinated Care Organization)

Magnolia: Plan

- *MS CAN (Medicaid)
- *Ambetter (Affordable Healthcare Act)

United Healthcare: Plan

- *MS CAN (Medicaid)

Molina:

Plan

- *MS CAN (Medicaid)

Adult Guidance for Education and Treatment can help.

Implementation of **TARGET** systematic curriculum based interventions for recovery skills development for participants. Our **TARGET** curriculum based interventions are evidence-based and recognized to be the best-practices in the field of mental health as recognized by Substance Abuse and Mental Health Services Administration (SAMHSA).

The purpose of the service:

- To promote recovery, resiliency, and community integration by maintaining the person's optimal level of functioning and preventing psychiatric decompensation.
- Decreasing the risk of unnecessary hospitalization and the need for higher level intensity services such as Program of Assertive Community Treatment (PACT) and Acute Partial Hospitalization.
- Service activities aim to alleviate current symptomatology and address the person's underlying condition by reducing the negative effects of social isolation, promoting illness education, creating and monitoring wellness action plans, and the development of other coping and independent living skills.

PSR Program Outcomes

Include:

- Increased knowledge about mental illnesses;
- Fewer relapses;
- Fewer re-hospitalizations;
- Reduced distress from symptoms;
- Increased consistent use of medications; and,
- Increased recovery supports to promote community living.

PSR Program Core Components

include:

- Psychoeducation;
- Relapse Prevention;
- Coping Skills Training; and,
- Utilizing Resources and Supports (inclusive of crisis planning).



PSR Program Additional Topics

Include:

- Recovery strategies;
- Facts about mental illnesses;
- Building social supports;
- Using medications effectively;
- Drug and alcohol use;
- Reducing relapse;
- Coping with stress;
- Coping with problems and symptoms of mental illnesses; and,
- Self-advocacy.